Standard of Practice:

The nurse implements nursing interventions designed to promote an optimal level of functioning under PSRB commitment.

Measurement Criteria:

1. The nurse collects objective and subjective data to assess the patient’s:

   - Understanding of the purpose and functions of the PSRB.
   - Understanding of the Forensic Treatment Team role and responsibilities.
   - Understanding of personal rights and responsibilities.
   - Understanding of behavior as perceived by others.
   - Recognition of symptoms and maladaptive behaviors which may lead to dangerous actions.
   - Understanding of personal mental illness and/or character disorder.
   - Level of functional impairment.
   - Mental/emotional/physical/spiritual health.
   - Understanding of discharge criteria.

2. The nurse notes actual or probable alterations in the patient’s bio/psycho/social status which may have contributed to his/her psychiatric/legal status.

3. The nurse collaborates with the patient to identify needs and establish realistic goals such as to:

   - Understand the purpose and function of the PSRB.
   - Understand the role and responsibilities of the Forensic Treatment Team.
   - Understand requirements and expectations of the PSRB.
- Recognize symptoms and maladaptive behaviors which may lead to dangerous actions.
- Cultivate appropriate support systems.
- Understand the importance of treatment compliance.
- Develop effective coping skills.
- Identify appropriate discharge plans.

4. The nurse designs and implements interventions which help the patient to:

- Adjust to long-term confinement.
- Accept the losses incurred by PSRB commitment.
- Identify and minimize behaviors which pose a danger to self or others.
- Accept responsibility for personal actions.
- Recognize the importance of treatment compliance.
- Develop and utilize effective coping skills.
- Adjust to the stigma of being an insanity acquittee.
- Utilize and improve upon existing social and vocational skills.
- Prepare for discharge to a less secure setting.

5. The nurse regularly evaluates the patient’s response to interventions and reviews goal attainment with the patient.

**Standard of Care:**

The patient is provided nursing care designed to promote an optimal level of functioning under PSRB commitment in a secure setting.

**Measurement Criteria** - The patient:

- Understands the purpose and functions of the PSRB.
- Understands the role and responsibilities of the Forensic Treatment Team.
- Understands his/her rights and responsibilities.
- Understands the consequences and ramifications of the behavior that resulted in PSRB commitment.
- Can identify behaviors which impede transfer to a less secure setting.
- Adjusts to communal living in a secure setting.
- Acquires and/or maintains social skills.
- Identifies vocational interests and strengths.
- Utilizes appropriate coping skills.
- Prepares for transfer to a less secure setting.