ACOG Guidelines for Maternity Care during COVID-19

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COVID-19

Find resources to help cope with challenges brought about by COVID-19. Wellness in the Time of COVID-19

Novel Coronavirus 2019

Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19.

Read More  Assessment Algorithm
COVID-19

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Read More Assessment Algorithm
Obstetric Guidance During COVID-19

• **Clinical Information**
  • COVID-19 Practice Advisory
  • Committee Opinions – Telehealth & Hospital Disaster Preparedness

• **Patient & Resources**
  • Patient FAQ – COVID-19, Pregnancy, and Breastfeeding

• **Practice Management**
  • Postpartum Medicaid Coverage Extended
  • Managing patients remotely (digital and telehealth services)

• **Advocacy**
  • Access to contraception, Racial Inequities, Immigrant Health

• **External Resources**
  • Editor curated COVID-19 Resources, CDC
Obstetric Guidance During COVID-19

• Practice Advisory
  • Testing
  • Joint ACOG/SMFM Patient Assessment Algorithm
  • Community mitigation efforts and risk of negative impact on obstetric care
    • Maximize use of telehealth across maternity care
  • Addressing inequities in Racial and Ethnic Minority Populations
  • Infection Prevention and Control in Inpatient Obstetric Care Settings
  • Personal Protective Equipment
  • Breastfeeding
Obstetric Guidance During COVID-19

**Physician FAQ – Prenatal Care**
- Pregnant patients and work
- Modified prenatal care
- Use of telehealth
- Routine screening prior to appointment
- Essential antenatal fetal surveillance and ultrasounds
- Use of aspirin as recommended for preeclampsia risk reduction
- Corticosteroids
- Mental health, IPV and anticipatory delivery admission guidance
- Immunizations
Obstetric Guidance During COVID-19

• **Physician FAQ – Intrapartum Care**
  • Timing of delivery
  • Mode of Delivery per OB indication
  • Scheduled deliveries to continue as indicated with guidance at local facility/system level
  • Delayed cord clamping not contraindicated
  • Umbilical cord banking not contraindicated
  • Doula support encouraged as desired by patient; adhere to visitor policy
  • Nitrous oxide use suspended
  • Oxygen indicated for maternal hypoxia, but not to treat abnormal fetal testing
  • Intrapartum fever – use clinical judgement
Obstetric Guidance During COVID-19

• **Physician FAQ – Postpartum Care**
  • Expedited discharge should be considered
  • Mental health support services
  • Modified postpartum counseling (changes, communication, infant feeding, contraception)
  • Modified postpartum visit schedule
  • Circumcision timing need not be altered (defer to local resources)

• **Special consideration for incarcerated pregnant people**
  • Access to prenatal care, abortion, postpartum care, breastfeeding expression, timely assessment of pregnancy-related or COVID-19 symptoms