DMHAS Women’s REACH Program

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DMHAS Director of Women’s Services
Women’s REACH Program

- Recovery
  - Multi pathways to support healthy lives

- Engagement
  - Meeting women in their community, no wrong door

- Access
  - Making connections for community based resources and facilitating warm handoffs to treatment

- Coaching
  - Using shared experiences to encourage, support, advocate & provide a listening ear

- Healing
  - Modeling that recovery is possible and accessible
Implemented March 1, 2019

Services delivered by 5 DMHAS contracted agencies. Each program provides the following:

- 3 full time Recovery Navigators
- Community based outreach and engagement to women with priority access to those who are pregnant & parenting
- Case Management & Recovery Coaching
- Development of collaborative relationships within their communities with medical and behavioral health providers, hospitals, DCF, police, recovery resources, etc.
- Participation in community meetings and taskforces
All 15 Women’s Recovery Navigators:
- Are women in personal recovery who are open to sharing their story to support others
- Have completed Recovery Coach Training
- Receive weekly supervision from their respective agency
- Participate in a monthly DMHAS facilitated learning collaborative
  - Topics to include reproductive health, One Key Question, Circle of Security, Motivational Interviewing, Narcan & Risk Reduction Strategies, Housing/ Homeless Services, etc.
- Open to and knowledgeable about diverse pathways to recovery, community resources, and women’s health issues
- Embrace the notion that one size does not fit all
In line with the Child Abuse Prevention and Treatment Act (CAPTA) the Women’s Recovery Navigator will support pregnant women and their health care providers in the development of a Plan of Safe Care.

- Through their relationship with the woman, education on CAPTA is provided to dispel myths
- Mom is empowered to identify who she wants to support her plan
- A Plan of Safe Care is meant to be a community safety net for families affected by substance use. Ideally, the plan is established early in pregnancy, prior to child welfare involvement.
- Plan evolves over time and is shared in advance of delivery

Comprehensive plans address

- Physical Health
- Behavioral Health
- Infant Health & Development
- Parenting/Family Support
Providers

CASA Inc.
   Region 1 – Serving greater Bridgeport, Norwalk, & Stamford

The Connection Inc.
   Region 2 – Serving greater Meriden, Middletown, & New Haven

Advanced Behavioral Health
   Region 3 – Serving greater New London, Norwich, & Windham

The Village for Families & Children
   Region 4 – Servings Bristol, Hartford, Manchester, & New Britain

McCall Center for Behavioral Health
   Region 5 – Serving Danbury, Torrington & Waterbury
Early Numbers

Since March 1\textsuperscript{st}

- 53 women have been enrolled in the program
- 3 Plans of Safe Care have been developed with pregnant women
- Extensive outreach has been done statewide including to
  - 26 Hospitals
  - 9 DCF Offices
  - 12 Police Departments
For Additional Information

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