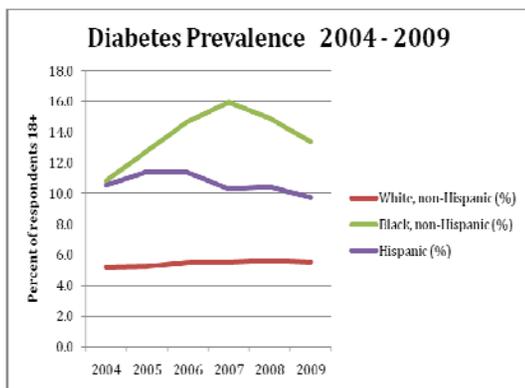


Latino & Puerto Rican Affairs Commission Report on the Status of Latinos.

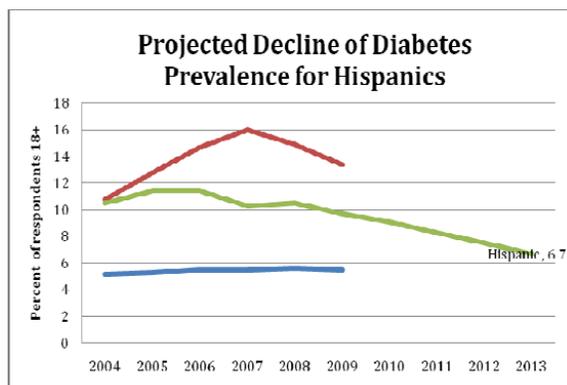
Result 2: All Connecticut Latinos are Healthy

Partners: Hartford Hospital, Windham Internal Medicine, Connecticut Children's Medical Center, Department of Public Health, St. Francis Hospital, Generations Family Center, University of Connecticut's Health Center, Hispanic Health Council, Community Health Center-Norwich-New London, Hospital for Special Care, Commission on Health Equity, Hartford Health and Human Services.



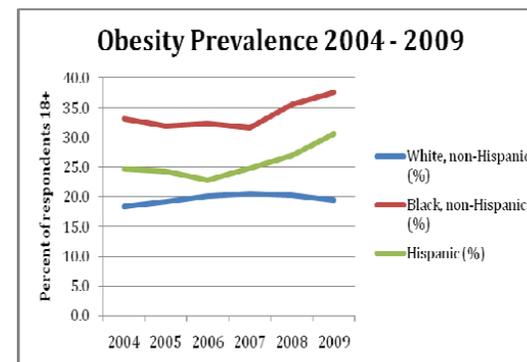
Story behind the baseline:

The agency identified a series of factors that are driving an increase in diabetes prevalence within the Hispanic community. Factors such as lack of proper nutrition, financial status, lack of exercise, lack of proper medical care, to name a few instances of prevalence.



Story behind the baseline:

The agency and its partners have identified a number of ways to get the level of Diabetes incidence to decline by at least 2.7% by 2013. If some of the strategies outlined in the discussion are implemented, we may well realize this goal within the next 2 years.



Story behind the baseline:

The group felt that similar factors such as Language barriers, stress, depression, lack Of proper nutrition, lack of success stories All identified for Diabetes are also true of incidence of Diabetes.



Proposed Actions to Turn the Curve:

The Latino and Puerto Rican Affairs Commission (LPRAC) will provide the outcomes report prepared by the facilitator to all participants for validation of the data gathered. In addition, the Agency will work to prioritize the following tasks leading to achieving the goal of a reduction in the incidence of Diabetes and Obesity in the Hispanic community. The following are some of tasks we feel need to be worked on and prioritized: Public/community education, 2. Public awareness campaigns, 3. Culturally appropriate education, 4. Promote patient/provider partnerships/relationships, 5. Use of evidence-based programs, 6. Messaging – Empowerment, 7. Awareness about local programs, 8. Better food intake, 9. Promote exercise, 10. No labeling patients, 11. Start where the patient is and work towards goals. The LPRAC will work to create 3 task forces that can work to reduce some of the barriers below to reduce the prevalence of diabetes & obesity. These are:

- Breaking the language barrier;
- Dispelling client perceptions about diabetes and obesity;
- Creation of a nutritional education campaign;
- Emphasizing, developing and providing access to a variety of exercise programs;
- Identifying and disseminating success stories to name a few.

