Directions to the Connecticut State Capitol Complex

MULTIMODAL TRANSPORTATION OPTIONS:
- Walking
- On a Bike
- Driving
- Bus Transit
- Commuter Rail

WALKING:

The State Capitol is located within ½ a mile of Downtown Hartford and Hartford’s Transportation Hub at Union Station.

ON A BIKE:

Hartford is working to become more bicycle friendly. Staged around the City are dock less bicycles from Lime Bike which can be borrowed to speed you to your destination. You can use the LimeBike app to locate an available bike, ride it to your destination and leave it for the next rider. Go to: LimeBike for more information
DRIVING DIRECTIONS TO THE CAPITOL:

The State Capitol building is located at 210 Capitol Avenue, Hartford.

Traveling on I-84 East
- Take Exit 48, Capitol Avenue, get into the left lane of the exit ramp and follow the signs for Asylum Street.
- At the end of the exit ramp turn right onto Asylum Street, continue bearing right until you come to Pulaski Circle and take another right onto Elm Street.
- Follow Elm Street to the traffic light, at the traffic light proceed across Trinity Street directly onto the Capitol grounds.

Traveling on I-84 West
- Take Exit 48, Asylum Street, at the end of the exit ramp turn left at the light onto Asylum Street.
- Get into the right lane and go under the railroad bridge.
- Continue bearing right until you come to Pulaski Circle and take another right onto Elm Street.
- Follow Elm Street to the traffic light, at the traffic light proceed across Trinity Street directly onto the Capitol grounds.

Traveling on I-91 North or South
- Take Exit 29A, Capitol Avenue, follow the highway along to Pulaski Circle, go half way around the circle and exit to the right onto Elm Street.
- Follow Elm Street to the traffic light, at the traffic light proceed across Trinity Street directly onto the Capitol grounds.

Parking
- Limited public parking is available in the spaces immediately upon entering the grounds.

DRIVING TO THE LEGISLATIVE OFFICE BUILDING:

The Legislative Office Building is located at 300 Capitol Avenue, Hartford.

Traveling on I-84 East
- Take Exit 48, Capitol Avenue, get into the right lane of the exit ramp.
- At the end of the exit ramp turn right onto Capitol Avenue.
- Take the first right past the Legislative Office Building, proceed to the back of the garage and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

Traveling on I-84 West
- Take Exit 48, Asylum Street, at the end of the exit ramp turn right at the light onto Asylum Street.
- At the YWCA turn left onto Broad Street, proceed through two stop lights, immediately after the Armory building take the first left and then another left at the end of the short access road.
• Follow this road around the garage to the back and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

**Traveling on I-91 North or South**

• Take Exit 29A, Capitol Avenue, proceed through the Pulaski Circle at the end of the long exit road.
• Take a right on Elm Street and turn left at Trinity Street.
• Go past the Capitol building and the I-84 entrance ramp, all on your right.
• Take the first right past the Legislative Office Building, proceed to the back of the garage and take a right to enter the garage using the left hand lane (employees) or the right hand lane (visitors).

**Parking**

• Limited public parking is available on the first floor of the parking garage. Exit the first floor of the parking garage and proceed to the west entrance (facing Broad Street) to the Legislative Office Building.

**BUS TRANSIT:**

[CT Transit](http://www.cttransit.com) provides local bus service throughout Hartford with local bus routes making frequent stops, typically every 2 to 3 blocks, linking neighborhoods with urban centers and providing connections within and between communities. Several bus stops are within a short walk to the Capitol and Legislative Office Building. Go to: [www.cttransit.com](http://www.cttransit.com) for more information on routes and stops.

[CTfastrak](http://www.cttransit.com/services/ctfastrak) provides direct bus service to and from Waterbury, Cheshire, Southington, Bristol, Plainville, New Britain, Newington, West Hartford, Hartford and Manchester with routes that take advantage of the bus-only CTfastrak roadway. Go to: [https://www.cttransit.com/services/ctfastrak](https://www.cttransit.com/services/ctfastrak) for more information on routes and stops.

**COMMUTER RAIL:**

CT Rail's new Hartford Line provides 17 trains a day between New Haven and Hartford (Union Station) with stops in Wallingford, Meriden and Berlin. 12 of those trains continuing to Springfield stopping in Windsor and Windsor Locks. The Hartford Line quickly and easily connects you to New Haven Line service to New York City, Amtrak Northeast Corridor rail services, and Shore Line East service, as well as CTfastrak bus rapid transit service in the Hartford/New Britain area. Go to: [http://www.hartfordline.com/fares-schedules/](http://www.hartfordline.com/fares-schedules/) for more information on routes and stops.