

**Testimony before the Mental Health Subcommittee  
January 29, 2013  
Theodus Davis**

Hello, my name is Theodus Davis and I live in Waterbury, CT. I'm concerned about the mental health issues.

I became ill when I was 16 years old and I have been in recovery for 34 years. It has been 20 years since I have been in the hospital.

I work with the Mental Health Association of CT's (MHAC) Choices Work Services, MHAC's Independence Center, and MHAC's residential program. I am currently unemployed but I have worked for nine years. I worked several years at Easter Seals in Watertown doing piece work and I worked at Burger King in Watertown for eight years cooking burgers and fries before I was laid off. I have had my own apartment since 1992 and I completed my high school .2000.

Thank you very much for not cutting the mental health programs. It really means a lot to me. Without these programs I would not be where I am today.