



STATE OF CONNECTICUT
DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
A Healthcare Service Agency

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GOVERNOR

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DMHAS Mental Health and Substance Abuse Clinical and Non-Clinical Services

Inpatient Services

- * **Medically Managed Detoxification (generally 3 to 7 days)**
- * **Acute Psychiatric Inpatient (generally 1 to 15 days)**
- Long-Term Psychiatric Inpatient (15 days to however long is necessary)

Residential Services

- * **Medically Monitored Detoxification (detoxification in a non-hospital setting; generally 3 to 7 days)**
- Intensive Substance Abuse Residential Treatment (post-detox and up to 21 days)
- Intensive Mental Health Residential Rehabilitation (generally 1-2 years)
- Intermediate Substance Abuse Residential Treatment (30-90 days)
- Mental Health Group Home (minimum of 1 year)
- Long Term Care for Substance Abuse (minimum of 6 months)
- Substance Abuse Halfway House (generally 3-4 months)
- Recovery House (up to 90 days)
- Supervised Mental Health Housing (as long as necessary)
- Supervised Recovery Housing

Community Based Clinical Services

- * **Outpatient** (both mental health and substance abuse (indefinite length of stay)
- * Medication Assisted Chemical Maintenance for Opiate Dependence (Methadone, Suboxone, Naltrexone; indefinite length of stay)
- * **Intensive Outpatient** (both mental health and substance abuse; generally 3 weeks)
- Partial Hospitalization ((both mental health and substance abuse; generally 1-3 weeks)
- * **Gambling Outpatient** (indefinite length of stay)
- * **Ambulatory Detoxification** (generally up to 90 days)

Forensics Community-Based Services

- Pre-Trial Intervention Programs (screenings and classes for individuals that have been arrested for driving under the influence; 12 weeks)
- Court Liaison Jail Diversion (screenings and referrals for individuals that have been arrested and have mental illness)

Case Management

- Mental Health Community Support Program /Recovery Pathways (skill-building and outreach for individuals with mental illness)
- Working for Integration, Support and Empowerment (WISE): (Includes assisting people with entitlements such as DSSI, SSDI, Medicare, Medicaid, food stamps, heating assistance, housing assistance)
- Outreach & Engagement (reaching out to individuals with mental illness that have been unwilling to engage in services)

- Mental Health Supportive Housing – Case management services for individuals living in federally subsidized housing.

Crisis Services

- * Mobile Crisis (serves anyone with or without insurance; clinicians go to where the individual in crisis is or is in a hospital emergency room to assess for risk, engage in services)
- Respite Bed (a short-term residential service for individuals that need a break from their living situation)

Social Rehabilitation – (club houses, and drop in centers intended for people with mental illness that offer structured and unstructured recreational and pre-vocational activities as well as peer support)

Young Adult Services (case management, vocational and housing services designed specifically for young adults with a behavioral health disorder who are transitioning from the DCF system of care)

Employment Services (an evidence practice whereby individuals with serious mental illness are provided with employment opportunities that include on-site assistance and other supports)

MH Assertive Community Treatment (an evidence practice whereby an inter-disciplinary team coordinates services in the community for individuals who are at risk for hospitalization or who have recently been hospitalized and need intensive clinical supports and frequent interventions)

*** - Denotes those behavioral health services that are also typically offered by private insurance companies.**