

**Bipartisan Subcommittee on Gun Violence Prevention and Children's Safety  
Mental Health Working Group  
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Outline

Patients should not be forced to take outpatient therapy

-Many of the people who have trouble and make poor decisions often do so because they haven't accepted they need help.

-Making them attend outpatient therapy isn't going to change that

-They will be more disruptive and make it less affective for those who have accepted they need help.

Example

When I was a teenager and was in the hospital there were plenty of people who were forced to be there. In outpatient therapy everyone is sharing personal and painful experiences. For there to be a secure environment everyone has to be onboard. When people refuse to participate or act negatively because they don't want to be there it harms the secure environment and the recovery process.