

Adam Lanza's Motive: Did Fear Of Being Committed Lead To Sandy Hook Elementary Shooting? (UPDATE)

On the computer adaptive test mental health (CAT-MH) interview details below, co-morbid depressed, suicidal and homicidal individuals can be diagnosed in the most remote and underserved Navajo or Apache community in Arizona , anytime, 24/7/365 in Arizona for clinical depression or mania-depression directly over the internet with 96.9% confidence in 25.35 seconds or precisely measure and score with 95% confidence for the severity of depression and the associated risk of suicide in 79 seconds

Compared to the current AZ and Indian Health Services standard of care the PHQ-9 which can take weeks to complete a scheduled appointment with manually administered interview and scoring , the CAT-MH dramatically increased sensitivity while maintaining similar specificity. As such, the CAT MH will identify more true positives (lower false negative rate) than the PHQ-9 using half the number of items in under two minutes rather than days, weeks, or in the case of Native Americans, Offenders, or Apache County Veterans/Seniors not at all.

Interview Details

Unique ID: 1

Suicide Warning Reviewed

Start Time: 1/22/2013 5:49:34 PM

End Time: 1/22/2013 5:54:23 PM

Created by: Dave Patterson at 1/22/2013 4:24:36 PM

Demographic Information

Age: 47

Gender: Male

White	High blood pressure or hypertension
Other	Arthritis or rheumatism (joint pain)

Tests

	Severity	Precision	Prob of MDD	%tile Rank among MDD	Duration
Depression	66.1	4.9	0.976	54.1	1 minute, 19.78 seconds
Anxiety	66.5	5.2			1 minute, 14.39 seconds
Bipolar	71.7	7.2			54.42 seconds
MDD	Diagnosis - Positive - with confidence 96.9%				25.35 seconds

001 - Apache County		
Northern Arizona Mental Health Catchment Area	7049990403	Geographical Area
Apache		Single County
Chinle Comprehensive Health Center	7049990436	Indian Health Service Facility
Fort Defiance PHS Indian Hospital	7049990437	Indian Health Service Facility
Tsalle Indian Health Center	7049990447	Indian Health Service Facility
Navajo Division of Emergency Medical Services	7049990477	Native American Tribal Population
Navajo Division of Health	7049990478	Native American Tribal Population
Navajo Division of Social Services	7049990479	Native American Tribal Population
Navajo Health Foundation Dba Sage Memorial Hospita	704999047R	Native American Tribal Population

Mr Longwell,

Thank you for the chance to engage in a public dialog on evidence based assessments and treatments that can help prevent another Tucson and Newtown.

You wrote in the email below that in the Newtown case, “depression has not been considered a determining factor contributing to their occurrence.”

There are recent studies that indicate several links between teen depression and violence. As depression rates in teens continue to climb, so do links to violence behaviors and violence-related attacks among teens. Teen depression and violence is a serious problem that requires attention. According to the National Institute of Health many teens with depression issues will turn to violence toward themselves first as an outlet of dealing with their pain. Cases of cutting, burning and other forms of self-mutilation are not uncommon unfortunately among teens. This violence always risks of running even worse in terms of the teens taking it to the extreme of suicide or even to the point where they take their anger and sadness out on others. Over the past few decades the number of school shootings in high schools throughout the United States has increased. **These links between teen depression and violence are clearly evident and more efforts need to be taken to prevent these devastating and dangerous situations in the future.**

With all due respect, according to the attachment from the American Association of Suicidology, major depression is the psychiatric diagnosis most commonly associated with suicide and suicide murder Lifetime risk of suicide among patients with untreated depressive disorder is nearly 20% . **About 2/3 of people who complete suicide are depressed at the time of their deaths. The same empirical evidence on depression being the most common mental disorders for perpetrators of murder suicide was presented by Dr Cohen in the murder suicide report I sent in an earlier email , so please don't disregard these informed and peer reviewed sources. (See attached Depression and Suicide)**

There are many published reports that 20-year-old Adam Lanza's was depressed over his Mother and Father separated. In the weeks that immediate preceding Newtown there are many eyewitness reports that Adam Lanza was aware of his Mother petitioning the court for conservatorship and (her) plans to have him committed. This might have increased the severity of Lanza's depression

With all due respect I don't believe you can rule out undiagnosed or unmonitored levels of depression or mania as a contributing factor in the Newtown. murder suicides

If the State of Arizona and Connecticut is truly interested in preventing scenarios such as "Tucson" and "Newtown", not only does it need to consider making internet direct computer adaptive psychiatric assessment easily accessible to compensate for its current lack of adequate mental health screening but it also urgently requires evidence based treatments that are proven effective specifically for individual with both co-morbid psychiatric disorders and chemical dependency.

I attached the Modified Therapeutic Community Model which demonstrates the success that our team members, Drs. Deitch and De Leon have had reducing the risk of gun violence from serious mentally ill individuals with substance abuse problems. The MTC is not in use in America's prisons, jails, juvenile justice facilities, or parole programs for the highest risk for violence mentally impaired chemically dependent violent offenders.

Please let me know if we can do a presentation for the State of AZ with evidenced based assessments and treatments that can prevent another "Tucson" and "Newtown"?

**Steve Trubow
Olympic Labs
360-928-1139**

07. NREPP — Modified Therapeutic Community for Persons With Co-Occurring Disorders

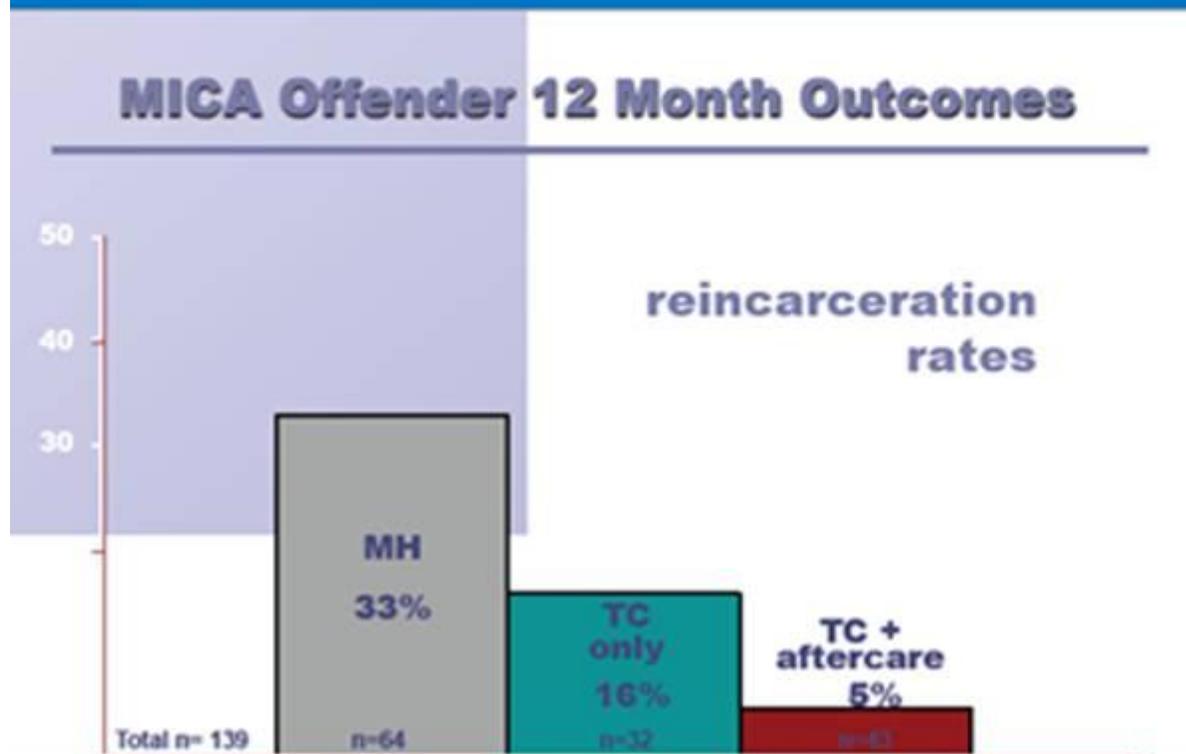


<http://nrepp.samhsa.gov>

Modified Therapeutic Community for Co-occurring Substance Use & Mental Disorders

Trauma-Specific

The Modified Therapeutic Community (MTC) for Persons With Trauma-Induced Co-Occurring Disorders & Substance Abuse adapts the traditional TC to address psychiatric trauma and related pathologies. Comprehensive trauma specific treatment model, MTC encompasses four stages (admission, primary treatment, live-in reentry, and live-out reentry) that correspond to stages within the recovery process.



At left are... from rand... inmates w... mental illn... (MICA) dis... modified t... (MTC) or n... MTC with... effective f... than tradit... programs.

From: steve trubow [<mailto:trubow1@gmail.com>]
Sent: Friday, February 01, 2013 6:28 PM
To: 'Charles F. Longwell'

Cc: 'Lisa Shumaker'; 'April Miles'; 'Markay Adams'; 'Robert John Zagar'

Subject: RE: After Tucson and Newtown,...Arizona's inadequate mental health systems creates barriers for screening, assessment and behavioral treatment that raise the risk of gun violence for suicide and murder

Mr. Longwell,

The CAT-MH is just one part of the internet based psychiatric assessments battery that the team uses

The role of the CAT is for anywhere, anytime screening and real time 24x7x365 for under three minute precise measurement of depression which is an acute precipitant for suicide and gun violence.

If we get a hit we can also use a battery of other internet assessments that include the Zagar Safety Scales which were endorsed by President Clinton and he recommended them to ATG Holder.

These scales are 97% accurate to predict homicide, rape, etc.

Dr Zagar is copied on this email and would be happy to participate in a non-commercial webinar when we can have an informative conversation.

We have not touched on the most important part of the solution which are the evidence based SAMHSA national registry interventions which are required to help young violent offenders with co-morbid psychiatric disorders with chemical dependency recover sufficiently to desist from gun violence.

I have attached Dr De Leon's and Dr Deitch bio/vitas and I on the bottom is some empirical of the positive outcomes for violent adolescent offenders from one of our TC behavior models. Arizona's has one of the nation's most successful private adolescent therapeutic community models but there are no modified therapeutic communities with violent juvenile or adult offenders with psychiatric disorders and chemical dependency. That is what our teams

specializes in. These include both in prison and during reentry and parole.

Steve Trubow
Olympic Labs
360-928-1139

From: Charles F. Longwell [<mailto:Charles.Longwell@azdhs.gov>]
Sent: Friday, February 01, 2013 3:47 PM
To: steve trubow
Cc: Lisa Shumaker; April Miles; Markay Adams
Subject: RE: After Tucson and Newtown,..Arizona's inadequate mental health systems creates barriers for screening, assessment and behavioral treatment that raise the risk of gun violence for suicide and murder

Mr. Trubow,

Please tell me how the CAT-MH would have been used to prevent scenarios such as “Tucson” and “Newtown”.

As you know there was *no* suicide component in the Tucson shootings; and the suicide event in the Newtown mass-murder is not being viewed as a planned act, but rather a reaction to impending incarceration.

In either case, depression has not been considered a determining factor contributing to their occurrence.

I would also like to clarify that there has been no refusal from our state.

As I mentioned in previous correspondence, I am not authorized to approve or refuse any form of non-commercial presentation.

Regards,

Chaz Longwell, BA Sc.
Community Liaison

ADHS/DBHS-OIFA

From: steve trubow [<mailto:trubow1@gmail.com>]

Sent: Friday, February 01, 2013 12:32 PM

To: Charles F. Longwell

Cc: Lisa Shumaker; Will Humble; jmetzinger@az.gov; 'Chaney, Karen C.'; Markay Adams; 'Herb Yazzie'; 'Peterson, Cheryl (IHS/HQ)';

Lillian.Sparks@ACF.hhs.gov; 'Laird, Kathleen (HELP Committee)';

'Yoon, Hayne (Judiciary-Dem)'; josh_pitre@indian.senate.gov;

'Villanueva, Josie (Durbin)'

Subject: After Tucson and Newtown,..Arizona's inadequate mental health systems creates barriers for screening, assessment and behavioral treatment that raise the risk of gun violence for suicide and murder

From: Charles F. Longwell [<mailto:Charles.Longwell@azdhs.gov>]

Sent: Friday, February 01, 2013 6:45 AM

To: steve trubow

Cc: Markay Adams; Lisa Shumaker

Subject: RE: anytime anywhere internet direct mental health screening reduces the risk for suicide for Seniors, Veterans, Native American and Offenders even in rural Arizona and Indian Reservations

Mr. Trubow,

Do you happen to have any information on the effectiveness of the CAT-MH for predicting/preventing violent acts in youth and adult populations?

Thank you for your concern.

Regards,

Chaz Longwell, BA Sc.
Community Liaison
ADHS/DBHS-OIFA

Advocates warn of 'broken' state mental health system

By SARA BURNETT The Associated Press January 27, 2013 11:23PM



Updated: January 28, 2013 1:14PM

SPRINGFIELD — As lawmakers debate ways to prevent another mass shooting, Illinois mental health advocates say more attention — and money — must be directed to a system they describe as overwhelmed and ill-equipped to identify or care for the mentally ill, including someone intent on carrying out a violent act.

Proactive internet psychiatric screening and assessment can identify, diagnose and precisely measure in under 2 minutes clinical depression and the severity of depression among Arizona's underserved sub-populations, geographical areas and facilities. The CAT MH can greatly expand mental health assessments and treatments necessary to reduce the risk for suicide and related gun violence.

On the anywhere (clinics, hospitals, homes, farms, residences, Indian Reservations, jails, small towns) and anytime (24x7x365) the computer adaptive test mental health (CAT-MH) interview details below, individual can be diagnosed for clinical depression directly over the internet with 96.9% confidence in 25.35 seconds or precisely measure and score with 95% confidence for the severity of depression and the associated risk of suicide/violence in 79 seconds compared to the AZ current standard of care which can take up to 30

days for a mental health assessment for depression with just 70% confidence levels.

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Bipolar	71.7	7.2			54.42 seconds
MDD	Diagnosis - Positive - with confidence 96.9%				25.35 seconds

Thank you for the chance to share non-commercial evidence based gun violence solutions with Arizona suicide and homicide prevention stakeholders.

One of the tragic lesson learned at Newtown is that murder- suicide goes far beyond the individual. Young children, family, co-workers, and absolute strangers were among those who were killed or maimed at Newtown as a result of these acts of desperation.

Dr Donna Cohen, the national expert on murder-suicide from the University of South Florida said the most common mental illness involved in murder suicides is depression.

<http://www.webmd.com/depression/features/murder-suicides-in-elderly-rise>

Depression has been cited by experts as a significant contributing factor to murder-suicide (See attached murder suicide)

In Dr Cohen's attached murder suicide study Arizona was of eleven states that had 10 or more murder-suicides in the six-month period of the study.

State	Number of Murder-Suicide Events in the First Half of 2011	Number of People Dead from Murder-Suicide Events in the First Half of 2011
Alabama	11	22
Alaska	1	2
Arizona	10	25

Would Arizona consider proactive, HIPAA and FERPA compliant anywhere, anytime internet psychiatric screening for clinical depression, the acute precipitant of murder-suicide?

The CAT MH can proactively indentify major depressive disorders and measure the severity of depression for underserved populations and underserved geographical areas to reduce re-hospitalization, mortality, and suicide rates.

Relative to the currently used AZ standard of care for identifying and measuring the severity of depression the PHQ-9, the CAT-MH can dramatically increase sensitivity while maintaining similar specificity.

The CAT will identify more true positives (lower false negative rate) than the PHQ-9 using half the number of items, and it can be administered directly over the internet anytime (24x7x365) and anywhere, clinics, senior centers, homes, ranches, jails or even in a

residence, chapter house, school or trading post in the smallest Navajo Nation or Apache Indian Reservation.

The CAT was created under a National Institute of Health grant by Dr Gibbons (University of Chicago), who was named the 2012 recipient of the Rema Lapouse Award given annually to an outstanding scientist for excellence in psychiatric epidemiology by the American Public Health Association.

Dr. David Kupfer MD the Chairman of the Diagnostic and Statistical Manual of Mental Disorders Task Force (DSM-5) and former Chairman of the Dept. of Psychiatry at the University of Pittsburgh led a rigorous scientific investigation, testing and validation of the CAT

Please re-consider your refusal to participate in a convenient non-commercial gotomeeting live demonstration of the computer adaptive tests for mental health (CAT MH) that will show how AZ Violence and Suicide Prevention Stakeholders can increase access for screening, assessment and treatment for clinical depression, one of the most common precipitants for suicide and gun violence.

We will also present our national team of expert SAMHSA and OJJDP trauma informed and trauma specific treatments and empirical peer reviewed evidence that these trauma specific interventions have prevented gun violence for both youth and adult population . With the underserved for mental health Native American, Veteran, Offender, Senior, and Youth populations below one would think that you would be happy to have a non-commercial discussion on evidence based solutions.

-

Steve Trubow
Olympic Labs
Port Angeles WA
360-928-1139

After Newtown CT, A Call for Trauma Informed
Behavior Interventions

**We Can Do
Better**

**Psychiatric
Trauma & related
pathologies**

Trauma-Informed Care

Trauma-Specific Treatment



Public safety from violent individuals with
and chemical abuse is best served by shifting
approach to one that focuses on trauma i
treatments from psychopathologies.

Inadequate Mental Health For AZ Elevates



U.S. Department of Health and Human Services
Health Resources and Services Administration

Criteria:

State: Arizona

County: All C

ID: All

Date of Last U

HPSA Score (

Results: 117

001 - Apache County

Northern Arizona Mental Health Catchment Area	7049990403	
Apache		
Chinle Comprehensive Health Center	7049990436	
Fort Defiance PHS Indian Hospital	7049990437	
Tsaile Indian Health Center	7049990447	
Navajo Division of Emergency Medical Services	7049990477	
Navajo Division of Health	7049990478	
Navajo Division of Social Services	7049990479	
Navajo Health Foundation Db a Sage Memorial Hospita	704999047R	
Sage Memorial Hospital	704999047X	

003 - Cochise County

Arizona State Prison - Douglas	7049990417	
Chiricahua Community Health Center	7049990428	
Southeast Arizona Catchment Area	7049990452	
Cochise		
Copper Queen Medical Associates-Douglas	704999047T	
Copper Queen Medical Associates-Bisbee	704999047U	
Palominas/Hereford Rural Health Clinics	704999047V	

005 - Coconino County

Northern Arizona Mental Health Catchment Area	7049990403	
Coconino		
Canyonlands Community Health Center	7049990426	
North Country Community Health Center	7049990429	
Tuba City Regional Health Care Corporation	7049990445	
Naca Family Health Center	7049990472	
San Juan Southern Paiute Tribe	704999047A	
Inscription House Health Center	704999047I	
Kaibab-Paiute Tribe	704999047K	
Native Americans for Community Action	704999047W	
Sacred Peaks Health Center	7049990482	

007 - Gila County

Pinal/Gila Catchment Area	7049990401	
Gila		
Bylas Health Center	7049990463	
Tonto Apache Tribe	704999047C	
Pleasant Valley Community Medical Center	704999047Y	



U.S. Department of Health and Human Services

Health Resources and Services Administration

011 - Greenlee County	
Southeast Arizona Catchment Area	7049990452
Greenlee	
012 - La Paz County	
Southwest Arizona Catchment Area	7049990408
La Paz	
Parker PHS Indian Hospital	7049990441
Colorado River Indian Community	704999047F
013 - Maricopa County	
Maricopa County	704013
Arizona State Prison - Lewis	7049990409
Arizona State Prison - Phoenix	7049990411
Arizona State Prison - Perryville	7049990419
Maricopa County Community Health Center	7049990425
Clinica Adelante, Inc.	7049990430
Mountain Park Health Center	7049990431
Phoenix Indian Medical Center	7049990444
Maricopa Integrated Health Systems	7049990453
Gila River Health Care Corporation	7049990456
Native American Community Health Center, I	7049990458
Wesley Community Center Inc.	7049990459
Salt River Clinic	7049990462
Fort McDowell Yavapai Nation	7049990470
Native American Community Health Center - Dunlap	7049990474
015 - Mohave County	
Northern Arizona Mental Health Catchment Area	7049990403
Mohave	
Peach Springs PHS Indian Health Center	7049990461
Hualapai Tribe	704999047H
017 - Navajo County	
Northern Arizona Mental Health Catchment Area	7049990403
Navajo	
Arizona State Prison - Winslow	7049990414
Winslow Indian Health Care Center	7049990435
Whiteriver Indian Health Services Hospital	7049990439
Hopi Health Care Center	7049990440
Kayenta PHS Indian Health Center	7049990443
Cibecue PHS Indian Health Center	7049990464
Health and Social Services Committee	704999047E
White Mountain Apache Tribe	704999047L
019 - Pima County	
Arizona State Prison - Tucson	7049990412
Marana Health Center	7049990421
El Rio Health Center	7049990424
Ajo Community Health Center	7049990427
United Community Health Center	7049990433
Pascua Yaqui Tribe Health Programs	7049990450

Inadequate Mental Health For AZ Elevates



U.S. Department of Health and Human Services
Health Resources and Services Administration

Criteria:

State: Arizona
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ID: All
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Results: 117

Tucson Indian Center	7049990473	
San Xavier PHS Indian Health Center	704999047B	
Sells PHS Indian Hospital-Santa Rosa Clinic	704999047D	
021 - Pinal County		
Pinal/Gila Catchment Area	7049990401	
Pinal		
Arizona State Prison - Eyman	7049990413	
Sun Life Family Health Center	7049990420	
Arizona State Prison - Florence	7049990434	
Immigration and Customs Enforcement - Eloy	7049990454	
Immigration and Customs Enforcement - Florence	7049990455	
Desert Visions Wellness Center	704999047G	
Ak-Chin Indian Community	704999047M	
Immigration and Customs Enforcement - Pinal County	704999047P	
Rightway Healthcare LLC	704999047Q	
Kearny Clinic	704999047Z	
Hu Hu Kam Memorial Hospital	7049990481	
023 - Santa Cruz County		
Mariposa Community Health Center	7049990422	
Southeast Arizona Catchment Area	7049990452	
Santa Cruz		
025 - Yavapai County		
Northern Arizona Mental Health Catchment Area	7049990403	
Yavapai County Health Department	7049990449	
Yavapai-Prescott Tribe	7049990466	
Yavapai-Apache Nation	7049990467	
027 - Yuma County		
Southwest Arizona Catchment Area	7049990408	
Yuma		
Arizona State Prison - Yuma	7049990418	
Sunset Community Health	7049990423	
Cocopah Tribe	704999047O	

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