

Fritz, Wendy

From: velandy manohar <velandy_manohar_md@comcast.net>
Sent: Saturday, January 26, 2013 11:49 AM
To: Senator Williams; Senator Looney; Sen. McKinney, John; Rep. Sharkey, J. Brendan; larry.cafero@housegop.ct.gov; zRepresentative Dan Carter; zRepresentative Craig Miner
Subject: FW: Management of maladaptive Aggressive Behavior and underreported co-factor influencing incidence of violent behavior- impact of Lead on Brain, Mind and Behavior.
Attachments: Violence- Relationship with environmental Pb exposure..docx; TREATING MALADAPTIVE AGGRESSION-Summary.docx
Importance: High

Dear Leaders of the Bi-Partisan Legislative Task Force on Gun Violence Prevention and Children's Safety,

I want to share these two documents to provide you with specific actionable information as you move forward in your deliberative process which lead to enlightened and effective, legislatable and enactable, affordable and sustainable strategies to repair and rebuild communities devastated by gun violence, advocate for primary prevention of the individual and societal pathologies and identify effective Evidence Based Treatment that will support essential secondary prevention of individual and family who are affected by diagnosed MH disorders that contribute to calamitous trauma ,promote the development of a " Beloved Community" which was espoused by our revered and martyred brother Dr. Martin Luther King Jr but sadly he could spend only a very short time in that frame of mind as he witnessed the passage of the VRA and CRA and the immense support his ideas generated as he delivered his inspirational I have a dream Speech. Perhaps with God's Grace we may be able to as the legatees of cherished dream create the conditions that would help us experience what our martyred brother Dr. King would agree is what he would consider a "Beloved Community."*

1, Violence- relationship with environmental Pb Exposure.

I offer this excerpt from a comprehensive document:

“There's a flip side to this too. At the same time that we should reassess the low level of attention we pay to the remaining hazards from lead, we should probably also reassess the *high* level of attention we're giving to other policies. Chief among these is the prison-building boom that started in the mid-'70s. As crime scholar William Spelman wrote a few years ago, states have "doubled their prison populations, then doubled them again, increasing their costs by more than \$20 billion per year"—money that could have been usefully spent on a lot of other things. And while some scholars conclude that the prison boom had an effect on crime, recent research suggests that rising incarceration rates suffer from diminishing returns: **Putting more criminals behind bars is useful up to a point, but beyond that we're just locking up more people without having any real impact on crime. What's more, if it's true that lead exposure accounts for a big part of the crime decline that we formerly credited to prison expansion and other policies, those diminishing returns might be even more dramatic than we believe.** We probably overshot on prison construction years ago; one doubling might have been enough. Not only should we stop adding prison capacity, but we might be better off returning to the incarceration rates we reached in the mid-'80s.

So this is the choice before us: We can either attack crime at its root by getting rid of the remaining lead in our environment, or we can continue our current policy of waiting 20 years and then locking up all the lead-poisoned kids who have turned into criminals.”

2. Treating Maladaptive Aggression.

Treatment of Maladaptive Aggression in Youth (T-MAY) will soon be published in the journal *Pediatrics*. T-MAY also includes a publicly available, user-friendly toolkit.

Published :*Pediatrics* 129(6),Part I, pp. e1562-e157: [T-MAY] CERT guidelines: engagement, assessment and management. *Pediatrics*129 (6), Part II, pp. e1577-e1586. T-May CERT guidelines: Treatment and Management.

This guideline was developed to help mental health specialists and primary care clinicians work closely together in the optimal management of the all too common, but very difficult problem of aggression in children and youth. The guideline was

developed through an extensive process of evidence-based literature reviews, a survey of experts, a consensus conference with over 60 participants (including primary care clinicians, child psychiatrists and psychologists, policy makers, and aggression researchers), a lengthy writing process that entailed repeated iteration and progressive refinement to produce a final version, guideline and toolkit endorsement by 15 leading US professional and advocacy organizations (including the American Academy of Pediatrics and the American Academy of Child & Adolescent Psychiatry), the creation of a free, user-friendly "toolkit" for use by clinicians in assessing and managing child/youth aggression, and publication in the journal Pediatrics. The two-part guideline is in press in the journal Pediatrics (Knapp P, Chait A, Pappadopulos E, Crystal S, Jensen PS, & the T-MAY Steering Group. **Treatment of Maladaptive Aggression in Youth (T-MAY)**. CERT Guidelines I. Family Engagement, Assessment & Diagnosis, and Initial Management. Pediatrics, in press; and Scotto Rosato N, Correll CU, Pappadopulos E, Chait A, Crystal S, Jensen PS, & the T-MAY Steering Group. Treatment of Maladaptive Aggression in Youth (T-MAY). CERT Guidelines II. Psychosocial Interventions, Medication Treatments, and Side Effects Management. Pediatrics, in press).

I wondering in the interest of gaining a better understanding of particular factors that may help explicate the underlying tangled web of predisposing factors to the six minute human equivalent of the Chernobyl catastrophe if there is any way to get Pb(Lead) testing of the tissues of the young man with significant mental disequilibrium since childhood who in 6 minutes caused unimaginable and unbearable trauma. It would be very helpful to have Pb texting of the surviving members of the family and the soil in neighborhood and the tissues of his mom to determine the effect of duration of exposure and levels on cognitive capacities, emotional regulation and social behavior. We have to, failure is not an option. The whole world is frozen in time on Dec 14 2012 and are putting great stock on what we accomplish in CT to respond to this devastating human tragedy which has global impact much like a nuclear melt-down with its fallout spreading its toxic energies(particles) all over the world.

We are all frozen in time on Dec14th. But the effects are being felt globally and most of all at its epicenter the beautiful community of Sandy Hook. The findings and recommendations to repair and rebuild the community, to mitigate trauma and restore capacity for resilience, to prevent the incidence and prevalence of

serious mental disorders and effectively meet the needs of individuals and family members affected by severe and persistent mental disorders.

Please feel free to share with your colleagues.

I welcome your responses

Sincerely,

Velandy Manohar, MD

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I offer this message for your consideration.

***Pilgrimage to the Promised Land* [An excerpt from Smith and Zepp Jar's understanding of our revered and martyred brother Dr. Kings' vision of a Beloved Community.**

In speaking about the possibility of actualizing the Beloved community in history, King attempted to avoid what he called "a superficial optimism" upon the one hand, and "a crippling pessimism" on the other. He knew that the solution of social problems is a slow process. At the same time, he was confident that, through God's help and human effort, social progress could be made. He said in a definitive passage:

Although man's moral pilgrimage may never reach a destination point on earth, his never-ceasing strivings may bring him ever closer to the city of righteousness. And though the Kingdom of god may remain not yet as universal reality in history, in the present it may exist in such isolated forms as in judgment, in personal devotion, and in some group life. . . . Above all, we must be reminded anew that God is at work in his universe. He is not outside the world looking on within a son of cold indifference. . . . As we struggle to defeat the forces of evil, the God of the universe struggles with us. Evil dies on the seashore, not merely because of man's endless struggle against it, but because of God's power to defeat it [*Struggle to Love* (Harper & Row, 1961). p. 64].

Thus, though acutely aware that the Beloved Community is "not yet," but in the future -- perhaps even the distant future -- Martin Luther King believed that it

would eventually be actualized, and already lie saw approximations of it. That is why he worked unceasingly for the realization of his dream and never lost hope that "there will be a great camp meeting in the promised land' His hope was rooted in his faith in the power of God to achieve his purpose among humankind within history.

Martin Luther King's Vision of the Beloved Community

by Kenneth L. Smith and Ira G. Zepp, Jr.

Dr. Smith is on the faculty at Colgate Rochester/Bexley Hall/Crozer in Rochester, New York. Dr. Zepp Jr. is Dean of the chapel and Assistant Professor of religion at Western Maryland College. This article is adapted from their **book Search for the Beloved community: The Thinking of Martin Luther King. Jr.** (Copyright © 1974 by Judson Press, Valley forge, Pennsylvania.) This article appeared in the *Christian Century*, April 3, 1974, pp. 361-363. Copyright by The Christian Century Foundation; used by permission. Current articles and subscription information can be found at www.christiancentury.org. This material was prepared for Religion Online by Ted and Winnie Brock.

P.S. I recommend watching the video of the interview of Rev. Lillian Daniel on Religion and Ethics Weekly by Bob Abernathy. She is author of "When 'Spiritual But Not Religious' Is Not Enough" her message resonates in harmony with the message of building the "Beloved Community". I offer this excerpt from her book.

"When you witness suffering and declare yourself to have achieved salvation in the religion of gratitude, you have fallen way short of what God would have you do, no matter what religion you are called to.

As the scripture today tells us, "In accordance with his promise, we wait for new heavens and a new earth, where righteousness is at home." We can't sit back and simply feel gratitude, or feel lucky. No, as Christians we expect more, way more, like a new heaven and a new earth, and because we follow Jesus, we better expect to be involved in making it happen, alongside other people.

Gratitude is a biblically commended attitude. Feeling lucky is another religion altogether, one that says the gods pick one teenager to live in the suburbs of the richest nation on earth and another teenager to starve. In a worldview of luck, righteousness is really not a home." Rev. Lillian Daniel VM