

# HUSKY/CT Medicaid BH Autism Services

# Key Takeaways

- Medicaid Funded Services and Data Review
- Carelon Behavioral Health Care Coordination and Peer Support Services
- Successes
- Challenges
- Recommendations

Chapter

# 01

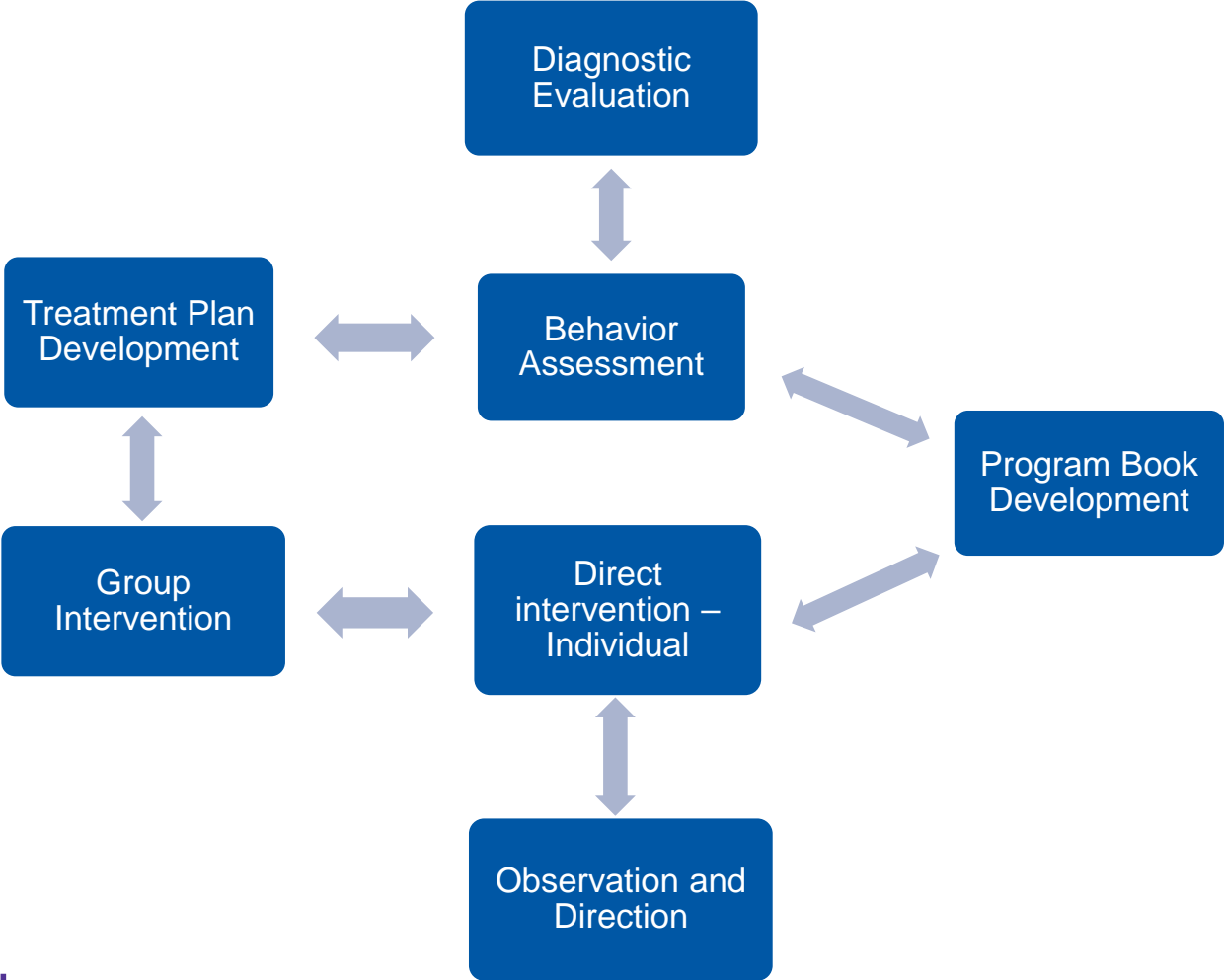
# Medicaid Funded Services for Individuals with an Autism Spectrum Diagnosis

# Medicaid Autism Spectrum Disorder (ASD) Authorized by Carelon Behavioral Health

- Available to Medicaid-eligible individuals under the age of 21 with HUSKY A, C or D
- May not duplicate services through the school



# Medicaid Covered Services



# ASD Provider Enrollment as of 04/02/2024

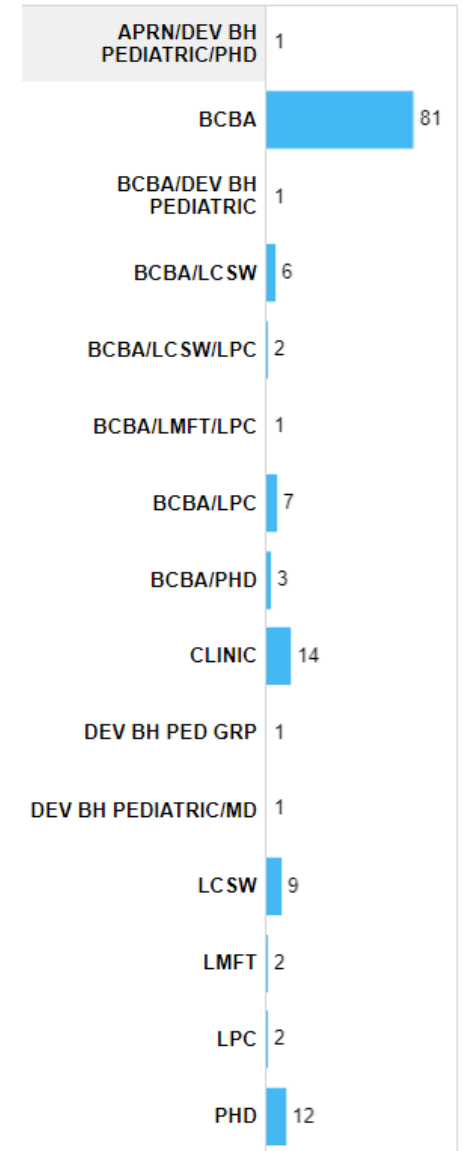
**Provider Contact List can be found here:**  
[UPDATE-Provider-LIST-11.2023.xlsx \(live.com\)](#)

**1,000**  
 Individual providers able to oversee Autism treatment services.

**143**  
 Total number of agencies enrolled

**1,064**  
 Providers are able to provide any ASD services.

Total ASD Practice Enrollment by Type



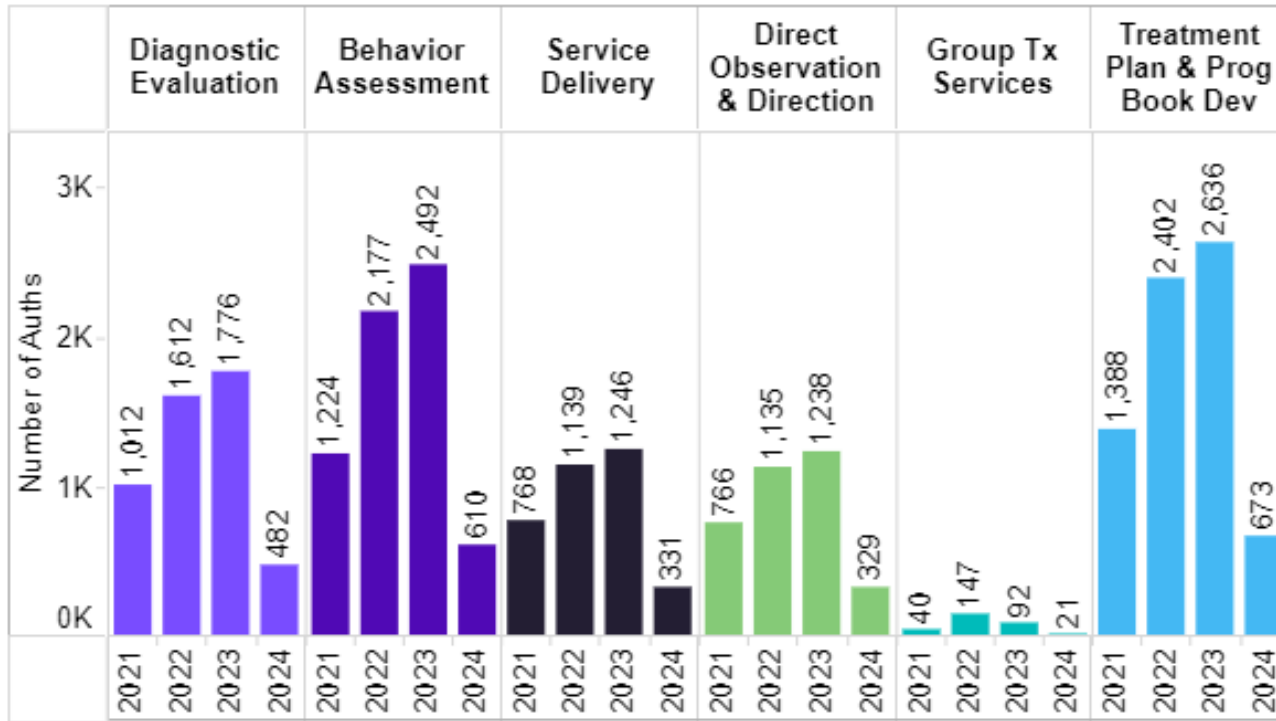
Chapter

# 02

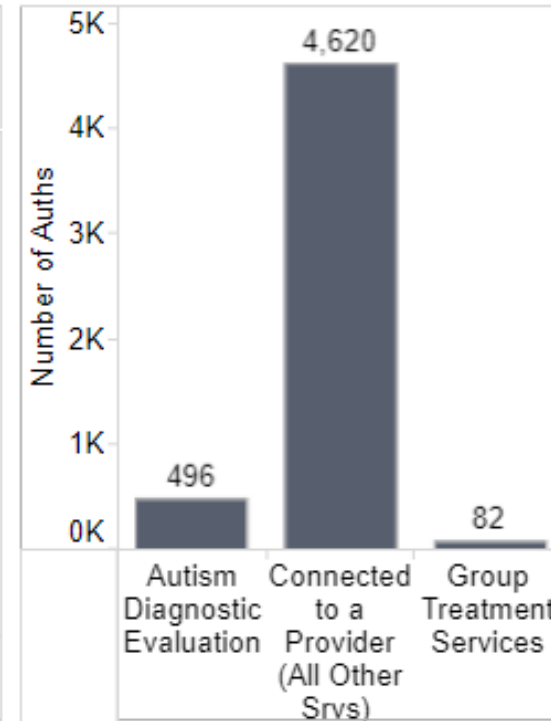
## March 2024 Data Review and Trends for Medicaid Funded ASD Services

# ASD HUSKY Health Authorizations for Unique Youth

Annual (YTD) Authorizations for ASD Services by Service Class  
All



Open ASD Authorization by Service  
As of 04/01/2024



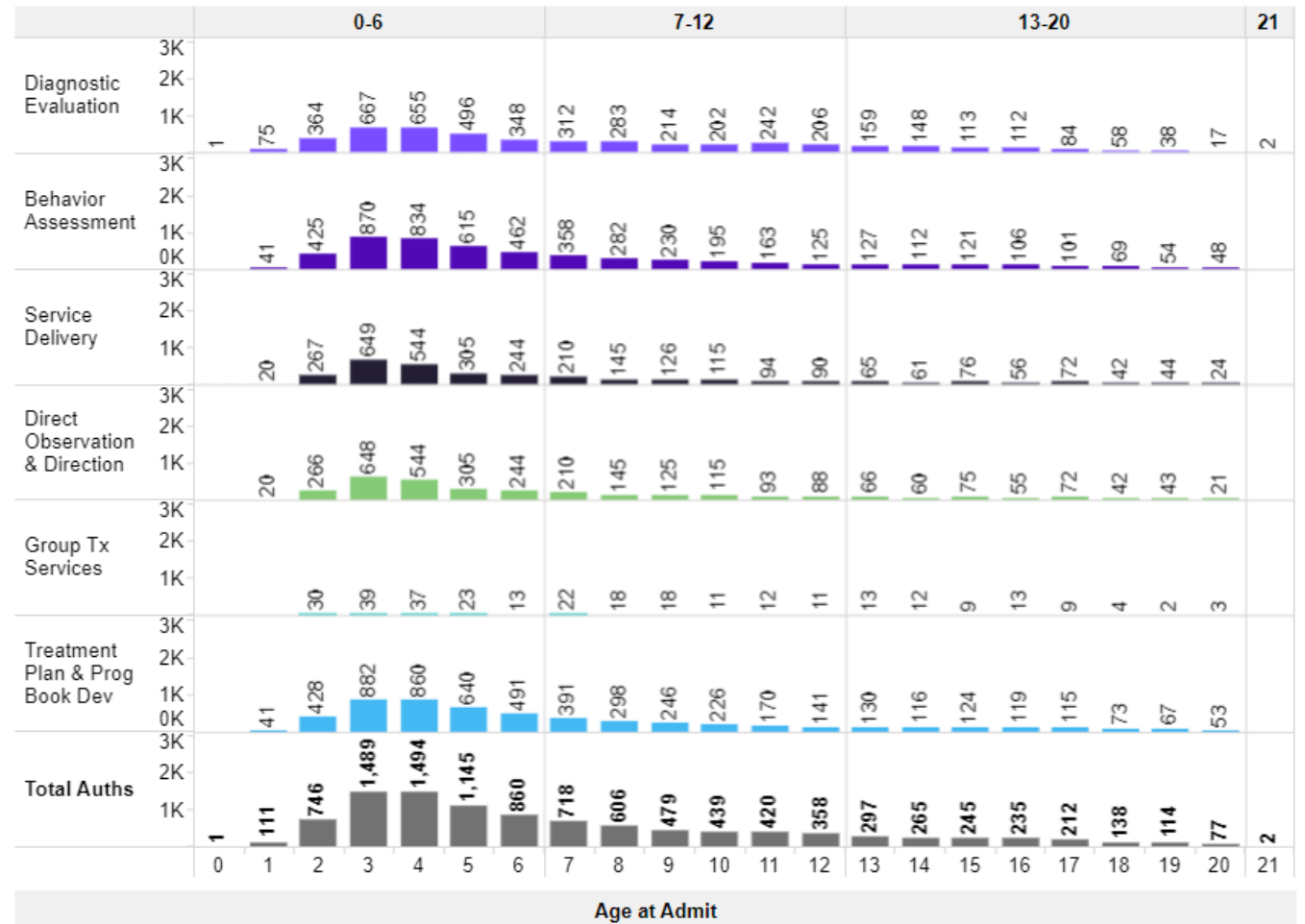
- 496 individuals currently authorized to receive Diagnostic Evaluations
- 4,620 individuals currently authorized to receive direct individual treatment services
- 82 individuals currently authorized to receive group treatment services



# ASD HUSKY Health Youth Monthly Admissions as of 04/02/2024 Report

- “Admissions” defined as first authorization for ASD services
- Three-year-olds make up the largest group of individuals starting services with a total of 1,489

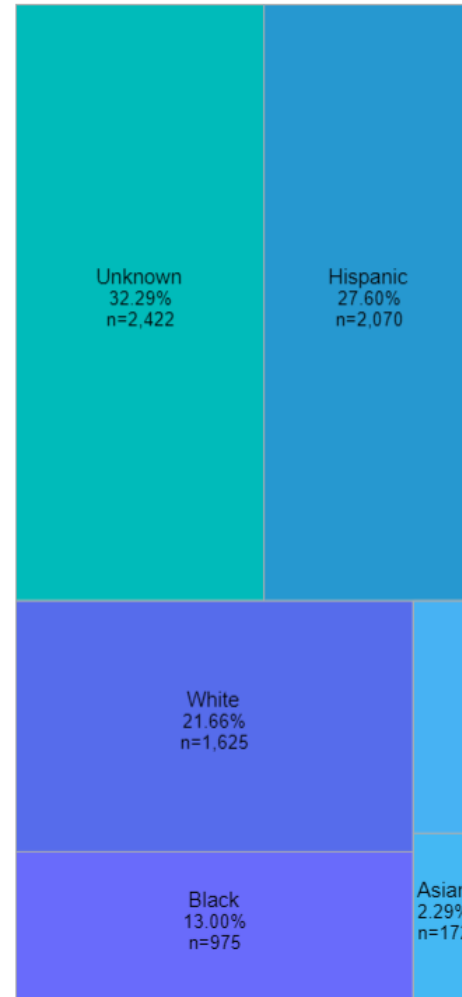
Total Unique Youth Admitted to ASD Service Type by Age at Admit All



# ASD HUSKY Health Youth Demographics as of 04/02/2024

“Unknown” defined as individuals who do not identify their race/ethnicity at time of Medicaid application.

Total Unique Youth Authorized for ASD Services  
by Race/Ethnicity



# Emergency Department (ED) Stuck & Average Length of Stay (ALOS) for HUSKY Health Youth with ASD and/or IDD

- Intensive Care Managers (ICM) outreach daily to high volume pediatric emergency departments (EDs) to gather information on youth stuck in the ED.
- “ED Stuck” defined as 8 hours post medical clearance and next available treatment isn’t readily available or they have been denied access.
- Based on the ED report, youth with an ASD and/or ID diagnosis are connected to an ASD Care Coordinator and/or Peer

ED Stuck Volume & ALOS by ASD/ID Barriers  
Cases by Admission Quarter

		Quarter				Grand Total
		Q1 '23	Q2 '23	Q3 '23	Q4 '23	
ASD Only	ED Stuck Volume	8	15	15	8	46
	ALOS	5.5	5.0	7.7	11.1	7.0
	Unique Members	8	15	15	7	41
No ASD/ID Barrier	ED Stuck Volume	817	517	383	548	2,265
	ALOS	2.9	3.1	2.7	3.7	3.1
	Unique Members	677	428	316	469	1,543

Chapter

# 03

## Carelon Behavioral Health - Autism Care Coordination and Peer Support Services

# Carelon BH ASD Care Coordinator & Peer Specialist

- Available to Medicaid-eligible individuals regardless of HUSKY benefit package or age
- May be utilized to guide families through the process of accessing Medicaid funded ASD services and other community-based services
- Care Coordinators and Peer Specialists are regionally assigned
- Two staff dedicated to supporting individuals presenting to the emergency department

Chapter

# 04

# Successes, Challenges and Recommendations

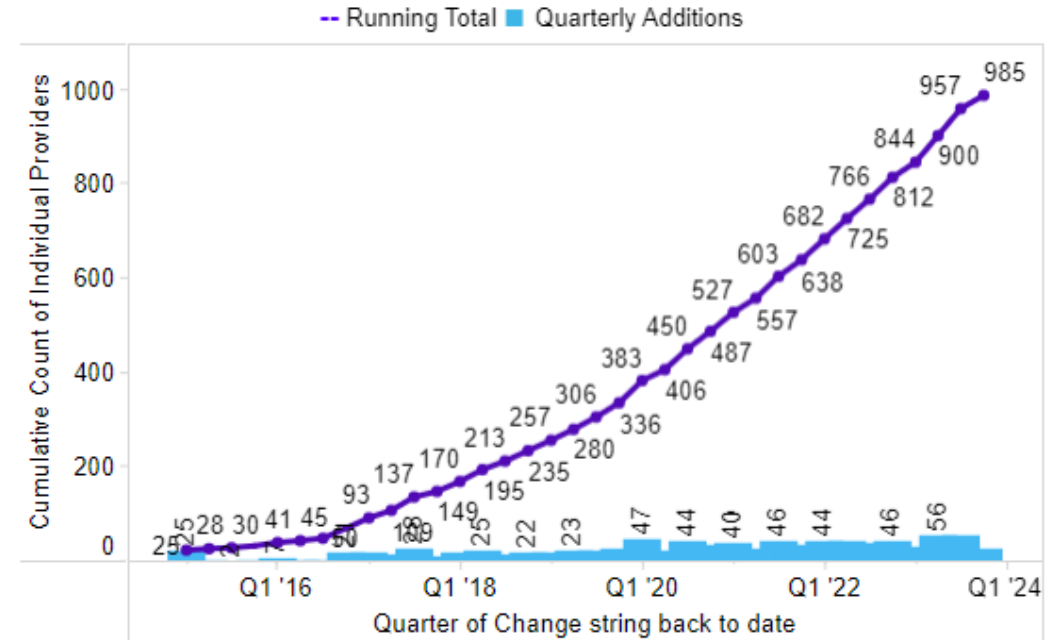
# Successes

## Clinic-based services

- Increased attendance to services
- Better staff retention

## Continuous Medicaid Provider Network Growth

Cumulative ASD Individual Provider Enrollment  
Note: Providers may be a part of the same practice. If no individual is identified then the practice is counted as the individual.



# Challenges for ASD Youth Connecting to Services

- Staffing
  - Shortage of bilingual staff
- Wait lists managed by providers are lengthy

# Recommendations for Continued System Development

- Behavior Technician qualifications that align with other State agencies requiring high school diploma instead of an Associate's Degree
- Incentivize Registered Behavior Technician training



# Thank You

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## How to Access Services or Supports

### CT Behavioral Health Partnership:

- Phone: 1-877-552-8247 Fax: 1-855-901-2493

### Websites:

- CT Behavioral Health Partnership: <http://www.ctbhp.com>
- Department of Developmental Services: <http://www.ct.gov/dds>
- Department of Social Services: <http://www.ct.gov/dss>
- Department of Children & Families: <http://www.ct.gov/dcf>
- Department of Mental Health & Addiction Services:  
<http://www.ct.gov/dmhas>