

**Analysis and Summary of Governor's
FFY 25 Federal Block Grant Allocation Plans**

Joint Hearing of Committees on Appropriations, Human Services,
Public Health

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OFFICE OF FISCAL ANALYSIS

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INTRODUCTION

Pursuant to CGS Section 4-28b, the Governor has submitted for consideration proposed block grant allocation plans for the Community Mental Health Services Block Grant (CMHSBG), the Maternal and Child Health Services Block Grant (MCHBG), the Preventive Health and Health Services Block Grant (PHHSBG), the Social Services Block Grant (SSBG), and the Substance Use Prevention, Treatment and Recovery Services Block Grant (SUPTRSBG). The allocation plans are effective beginning October 1, 2024.

OVERVIEW

The proposed allocation plans are based on assumed federal grant awards (and estimated carry forward funding) as Congress has yet to finalize the FFY 25 appropriations for these programs. The allocation plans assume level base grant awards with the exception of PHHSBG. A comparison of the proposed funding levels to the FFY 24 amounts is presented in the following table:

FFY 25 Percentage Change from FFY 24

Block Grant	Assumed Block Grant Award	Estimated Funds Carried Forward	Total Funds Available
MCHBG	-	-	-
PHHSBG	-13.3%	-	-13.3%
SUPTRBG	-	26.2%	2.8%
CMHSBG	-	17.0%	3.7%
SSBG	-	-8.2%	-2.9%

FEDERAL BUDGET ACTION

Final Congressional action has yet to be taken on FFY 25 appropriations for these grants.

CONTINGENCY PLAN

If funding is more or less than the amount assumed in each proposal, program funding and services may be adjusted. Per CGS Section 4-28b, any proposed transfer over \$50,000 to or from any specific allocation or any transfer amount that is 10% of any specific allocation (whichever is less), must be submitted to the speaker and president pro tempore to be approved, modified or rejected by relevant committees.

MAJOR RECOMMENDED CHANGES

Major recommended changes are described for each block grant below, followed by historical expenditures and the proposed allocation for each program category. A table summarizing block grant objectives and allocation processes can be found on page 10.

Maternal and Child Health Services Block Grant

The MCHSBG is administered by the Department of Public Health (DPH).

Perinatal Case Management – Increased FFY 24 expenditures reflect support for consumers transitioning out of the Family Wellness Health Start program. The FFY 25 allocation aligns with historical funding levels.

Administrative Expenditures – The proposed allocation supports increased administrative costs.

Maternal and Child Health Services Block Grant FFY 25 Allocation Plan

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
Maternal & Child Health					
Perinatal Case Management	212,287	267,636	212,287	(55,349)	-26.1%
Reproductive Health Services	16,092	16,092	16,092	-	0.0%
Information and Referral	201,690	201,690	201,690	-	0.0%
School Based Health Services	273,691	273,691	273,691	-	0.0%
Genetics	36,000	36,000	36,000	-	0.0%
Other	37,403	-	-	-	0.0%
Program Subtotal	777,163	795,109	739,760	(55,349)	-7.5%
Administrative Expenditures	2,037,490	2,030,963	2,049,790	18,827	0.9%
MCH Total	2,814,653	2,826,072	2,789,550	(36,522)	-1.3%
Children & Youth with Special Health Care Needs					
Medical Home Community Based Care Coordination Services	863,011	863,011	863,011	-	0.0%
Reproductive Health Services	2,404	2,404	2,403	(1)	0.0%
Genetics	4,000	4,000	4,000	-	0.0%
Information and Referral	41,310	41,310	41,310	-	0.0%
School Based Health Services	14,405	14,405	14,405	-	0.0%
Other	16,030	-	-	-	0.0%
Program Subtotal	941,160	925,130	925,129	(1)	0.0%
Administrative Expenditures	1,069,886	1,074,500	1,111,021	36,521	3.4%
CYSHCN Total	2,011,046	1,999,630	2,036,150	36,520	1.8%
TOTAL EXPENDITURES	4,825,699	4,825,702	4,825,700	(2)	0.0%
SOURCE OF FUNDS					
Block Grant ⁱ	4,825,703	4,825,703	4,825,703	-	0.0%
TOTAL FUNDS AVAILABLE	4,825,703	4,825,703	4,825,703	-	0.0%

ⁱ Block grant amount reflects federal funding after \$144,058 is directly allocated to fund the CDC Assignee designated for Connecticut. Block grant funds are available for expenditure over a two-year period. There are no carryover funds in the MCHSBG program.

Preventive Health and Health Services Block Grant

The PHHSBG is administered by the Department of Public Health (DPH). FFY 24 PHHSBG funding was increased by \$342,783 late in the fiscal year. The proposed allocation plan does not assume this funding continues in FFY 25 and therefore reflects associated reductions. The proposed decrease reflects the use of one-time funds in FFY 24 to support the following:

Cancer Prevention –pilot program to increase the availability of psycho-social support services to Early Onset Breast Cancer Survivors.

Surveillance and Evaluation –subscription costs for the “Get With The Guidelines® Stroke Registry” to access Connecticut-specific data and serve as the statewide Stroke Registry as required by statute.

Nutrition and Weight Status – access to the Go NAPSACC website and resources, which allows childcare programs to register for and use evidence-based tools to enhance nutrition and physical activity standards.

Policy Office – consultant to update the State Health Assessment plan and ensure that data is current and accessible to the public.

The allocation plan also establishes a new Asthma program category and is supported by a shift in funding for asthma related services from Local Health Departments.

**Preventive Health and Health Services Block Grant
FFY 25 Allocation Plan**

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
Administrative Support	149,930	176,408	160,625	(15,783)	-8.9%
Asthma	-	-	97,356	97,356	100.0%
Cancer Prevention	42,727	181,727	42,727	(139,000)	-76.5%
Cardiovascular Disease Prevention	20,000	20,000	20,000	-	0.0%
Local Health Departments	1,083,322	1,118,705	1,021,349	(97,355)	-8.7%
Rape Crisis Services	75,278	75,278	75,278	-	0.0%
Surveillance and Evaluation	316,227	330,227	316,227	(14,000)	-4.2%
Youth Suicide Prevention	99,198	99,198	99,198	-	0.0%
Nutrition and Weight Status	14,587	63,587	14,587	(49,000)	-77.1%
Policy Office (Public Health Infrastructure)	439,776	518,698	393,698	(125,000)	-24.1%
TOTAL EXPENDITURES	2,241,045	2,583,828	2,241,045	(342,782)	-13.3%
SOURCE OF FUNDS					
Block Grant ⁱⁱ	2,241,045	2,583,828	2,241,045	(342,783)	-13.3%
TOTAL FUNDS AVAILABLE	2,241,045	2,583,828	2,241,045	(342,783)	-13.3%

ⁱⁱ Block grant funds are available for expenditure over a two-year period. There are no carryover funds.

Substance Abuse Prevention and Treatment Block Grant

The SAPTBG is administered by the Department of Mental Health and Addiction Services (DMHAS).

Residential Treatment Services – The proposed reduction reflects a change in funding source for Residential Care for Substance Use Disorder services.

Recovery Support Services – The proposed increase supports expansions to the Access Line and increased capacity for employment services programs.

Prevention & Health Promotion – The proposed decrease reflects higher FFY 24 expenditures due to delayed contract implementation.

**Substance Use Prevention, Treatment and Recovery Services Block Grant
FFY 24 Allocation Plan**

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
Community Treatment Services	2,534,528	2,462,528	2,462,528	-	0.0%
Outpatient	2,036,118	2,036,118	2,036,118	-	0.0%
Methadone Maintenance	298,410	426,410	426,410	-	0.0%
Crisis Hotline	200,000	-	-	-	0.0%
Residential Treatment	2,446,162	2,418,128	2,343,229	(74,899)	-3.1%
Residential Detox	341,805	341,805	341,805	-	0.0%
Residential Care for Substance Use Disorder	2,104,357	2,076,323	2,001,424	(74,899)	-3.6%
Recovery Support Services	8,369,127	9,373,085	9,830,965	457,880	4.9%
Case Management and Outreach	3,790,417	4,296,399	4,296,399	0	0.0%
Employment Services	289,196	531,109	583,609	52,500	9.9%
Ancillary Services/ Transportation	2,723,476	2,979,541	3,384,921	405,380	13.6%
Shelter	1,566,038	1,566,036	1,566,036	-	0.0%
Prevention & Health Promotion	4,855,348	5,574,334	5,243,961	(330,373)	-5.9%
Primary Prevention	4,855,348	5,574,334	5,243,961	(330,373)	-5.9%
TOTAL EXPENDITURES	18,205,164	19,828,075	19,880,683	52,608	0.3%
SOURCE OF FUNDS					
Block Grant	20,463,616	20,459,377	20,459,377	-	0.0%
Balance Forward From Previous Year	154,638	2,413,089	3,044,390	631,301	26.2%
TOTAL FUNDS AVAILABLE	20,618,254	22,872,466	23,503,767	631,301	2.8%

Community Mental Health Services Block Grant

The CMHSBG is administered by the Department of Mental Health and Addiction Services (DMHAS) and the Department of Children and Families (DCF).

ADULT SERVICES: Services for adults are maintained and include several adjustments noted below. Carryforward funds may be used to support unanticipated block grant funding modifications.

Emergency Crisis - The proposed decrease is due to a one-time training series and does not reflect a reduction in funding for services.

Residential Services - The proposed increase reflects the anticipated funding level currently required to support individuals receiving residential services.

Case Management - The proposed increase is intended to expand support services for individuals who are chronically homeless through access to federal assistance.

Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) - The proposed increase reflects changes to the timing of contract payments.

CHILDREN'S SERVICES:

Funding for most program categories is proposed at the FFY 24 allocation level with differences due to changes to the timing of certain contract payments. Other adjustments are described below:

CT Community KidCare - The proposed increase primarily reflects the reallocation of funding previously allocated under Workforce Development.

Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) - The proposed increase reflects the reallocation of funding previously allocated under Quality of Care (\$50,000) as well as changes to the timing of certain contract payments.

Behavioral Health Outcomes - The proposed increase reflects lower than anticipated data system enhancements in FFY 24.

Other Connecticut Community KidCare - The proposed increase reflects fewer trainings than originally anticipated in FFY 24.

Community Mental Health Services Block Grant FFY 25 Allocation Plan

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
PROGRAM: ADULT SERVICES					
Emergency Crisis	2,130,528	2,268,247	2,146,887	(121,360)	-5.4%
Outpatient Services/Intensive Outpatient	427,315	559,478	559,478	-	0.0%
Residential Services/Supportive Housing	833,998	845,838	1,245,840	400,002	47.3%
Social Rehabilitation	151,359	145,044	145,044	-	0.0%
Supported Employment/ Vocational Rehab	506,062	499,206	499,206	-	0.0%
Case Management	246,908	244,105	402,413	158,308	64.9%
Family Education/ Training	133,824	129,618	129,618	-	0.0%
Consumer Peer Support in Community Mental Health Provider Setting	109,309	104,648	104,648	-	0.0%
Parenting Support/Parental Rights	51,717	49,708	49,708	-	0.0%
Peer to Peer Support - Vocational Rehab.	53,598	52,852	52,852	-	0.0%
Admin- Regional Behavioral Health Action Organizations	206,953	199,454	199,454	-	0.0%
Early Serious Mental Illness (ESMI)/ First Episode Psychosis (FEP) 10% Set-Aside	753,760	1,011,214	1,018,857	7,643	0.8%
SUBTOTAL ADULT EXPENDITURES	5,605,331	6,109,412	6,554,005	444,593	7.3%
PROGRAM: CHILDREN'S SERVICES					
Respite Care for Families	451,500	360,000	360,000	-	0.0%
FAVOR Family Peer Support Specialist	719,450	955,700	945,000	(10,700)	-1.1%
Youth Suicide Prevention/Mental Health Promotion	121,558	225,000	225,000	-	0.0%
CT Community KidCare: Workforce Development/Training and Culturally Competent Care	82,899	97,012	130,000	32,988	34.0%
Extended Day Treatment	25,344	41,400	40,000	(1,400)	-3.4%
Early Serious Mental Illness (ESMI)/ First Episode Psychosis (FEP) 10% Set-Aside	307,061	348,836	473,453	124,617	35.7%
Outpatient Services/Intensive Outpatient	213,087	266,500	333,333	66,833	25.1%
Quality of Care: Best Practices Promotion and Program Evaluation	4,688	252,500	325,000	72,500	28.7%
Behavioral Health Outcomes: Performance Improvement and Data Dashboard Development	-	-	50,000	50,000	0.0%
Workforce Development	-	-	-	-	0.0%
Other Connecticut Community KidCare	5,323	5,000	45,000	40,000	800.0%
Emergency Crisis	500,000	875,000	800,000	(75,000)	-8.6%
SUBTOTAL CHILDREN EXPENDITURES	2,430,910	3,426,948	3,726,786	299,838	8.7%
TOTAL EXPENDITURES	8,036,241	9,536,360	10,280,791	744,431	7.8%
SOURCE OF FUNDS					
Block Grant	9,786,104	10,016,048	10,016,048	-	0%
Balance Forward From Previous Year	1,066,861	2,816,723	3,296,411	479,688	17.0%
TOTAL FUNDS AVAILABLE	10,852,965	12,832,771	13,312,459	479,688	3.7%

Social Services Block Grant

The SSBG is administered by the Department of Social Services (DSS) in conjunction with the Departments of Housing (DOH), Labor (DOL), Aging and Disability Services (ADS), and DMHAS.

Case Management – The proposed increase reflects funding cost-of-living adjustments (COLAs) under the allocation plan.

Home Based Services – The proposed plan adjusts funding for Home Based Services to a level below the FFY 24 allocation plan but above actual FFY 24 estimated expenditures.

Home Delivered Meals – The allocation removes the temporary increase (\$150,000) previously allocated and instead provides one-time support of \$185,000 to help offset lower federal funding levels under the Nutrition Services Incentive Program under the Older Americans Act.

Independent and Transitional Living Service – The proposed allocation plan increases DOH's base allocation to support a one-time funding increase in FFY 25.

Protective Services for Adults – The proposed plan adjusts funding for Protective Services for Adults to a level below the FFY 24 allocation plan but above actual FFY 24 estimated expenditures.

Other Services – The proposed allocation plan provides a one-time funding increase and reflects COLAs FFY 25.

**Social Services Block Grant
FFY 25 Allocation Plan**

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
Case Management Services	2,458,120	2,784,907	2,840,494	55,587	2.0%
DSS	1,993,643	2,357,853	2,413,440	55,587	2.4%
DMHAS	264,477	227,054	227,054	-	0.0%
DOH	200,000	200,000	200,000	-	0.0%
Counseling Services	122,727	83,051	83,051	-	0.0%
DMHAS	122,727	83,051	83,051	-	0.0%
Employment Services	127,490	308,433	308,433	-	0.0%
DSS	-	308,433	308,433	-	0.0%
DOL	127,490	-	-	-	-
Family Planning Services	1,251,007	924,718	924,718	-	0.0%
DSS	1,251,007	924,718	924,718	-	0.0%
Home-Based Services	1,518,549	1,484,260	1,679,800	195,540	13.2%
DSS	1,518,549	1,484,260	1,679,800	195,540	13.2%
Home Delivered Meals	571,039	801,400	1,017,601	216,201	27.0%
ADS	571,039	801,400	1,017,601	216,201	27.0%
Independent & Transitional Living Services	6,523,845	7,537,168	7,711,056	173,888	2.3%
DSS	67,500	75,000	75,000	-	0.0%
DOH	6,261,605	7,304,696	7,478,584	173,888	2.4%
DMHAS	194,740	157,472	157,472	-	0.0%
Legal Services	762,387	710,990	710,990	-	0.0%
DSS	762,387	710,990	710,990	-	0.0%
Protective Services for Adults	889,633	726,267	1,055,019	328,752	45.3%
DSS	684,392	530,895	859,647	328,752	61.9%
ADS	205,241	195,372	195,372	-	0.0%
Substance Abuse Services	1,606,750	1,332,365	1,332,365	-	0.0%
DMHAS	1,606,750	1,332,365	1,332,365	-	0.0%

SSBG FFY 25 Allocation Plan
(continued)

Program Category	FFY 2023 Actual Expenditures \$	FFY 2024 Estimated Expenditures \$	FFY 2025 Proposed Expenditures \$	\$ Change 25 v. 24	% Change 25 v. 24
Other Services	619,047	1,278,932	1,445,011	166,079	13.0%
DSS	580,365	1,143,032	1,170,243	27,211	2.4%
DSS- Personal Services	38,682	135,900	274,768	138,868	102.2%
TOTAL EXPENDITURES	16,450,594	17,972,491	19,108,538	1,136,047	6.3%
SOURCE OF FUNDS					
Block Grant	17,344,439	17,217,186	17,217,186	-	0.0%
Balance Forward From Previous Year	8,295,707	9,189,552	8,431,436	(758,116)	-8.2%
TOTAL FUNDS AVAILABLE	25,640,146	26,406,738	25,648,622	(758,116)	-2.9%

FEDERAL BLOCK GRANTS DESCRIPTIVE SUMMARY

Block Grant	Lead Agency	Program Objective	Federal Allotment Process	State Allotment Process
Community Mental Health Services Block Grant (CMHSBG)	DMHAS/ DCF	Provide grants to support community mental health services for adults with a serious mental illness and for children with a serious emotional disturbance.	Based on the Population at Risk (relative risk of mental health problems in the state), Cost of Services Index (cost of providing related treatment services in the state), and the Fiscal Capacity Index (ability of state to pay for related services).	Adult Services - Based on a statewide advisory structure that includes the Regional Behavioral Health Action Organizations, and the Behavioral Health Planning Council. Children's Services - Based on input from the Children's Behavioral Health Advisory Committee, which serves as the Children's Mental Health Planning Council.
Maternal and Child Health Services Block Grant (MCHBG)	DPH	Provide grants to support programs related to maternal and child health. Funds address reducing adverse perinatal outcomes, providing and ensuring access to care, reducing health disparities and health inequities, and other areas identified in the statewide needs assessment.	Based on the proportion of funds allocated to states that existed when the original eight categorical grants were consolidated in 1981. Amounts appropriated above the level of fiscal year 1983 funding are allocated to states in proportion to the number of low-income children in the state.	Based on various performance measures, with focus provided by the MCH Statewide Needs Assessment conducted every five years. The application must reflect that three dollars of state matching funds are provided for each four dollars in federal funding. The FFY 25 state match is estimated at \$4,054,451 and the maintenance of effort requirement is \$7,047,965.
Preventive Health and Health Services Block Grant (PHHSBG)	DPH	Provide grants to support the reduction of preventable morbidity and mortality, and the improvement of the health status of targeted populations.	Based on the amount of 1981 funds provided to the state for the original categorical health grants that were combined into the block grant. Additionally, a sex offense set-aside based on a state's population is required.	Based on the recommendations of the Preventive Health and Health Services Block Grant Advisory Committee. Supported programs include cancer, cardiovascular disease, diabetes, tobacco cessation, policy and environmental change strategies, emergency medical services, data surveillance, and other related services. The state's FFY 25 maintenance of effort requirement is estimated at \$2,353,850.
Social Services Block Grant (SSBG)	DSS	Provide grants to encourage self-sufficiency and prevent and reduce dependency on public assistance for individuals with incomes at and below 150% FPL.	Based on state population data (Department of Commerce census data).	Based on the state's focus within the 29 federal service categories. FFY 25 funding will support 11 categories, including case management, home based services, independent & transitional living, and substance abuse services.
Substance Abuse Prevention and Treatment Block Grant (SAPTBG)	DMHAS	Provide grants for alcohol and other drug abuse services, which include community treatment, residential and recovery support services, and prevention and health promotion services.	Based on the Population at Risk (relative risk of substance abuse problems in the state), Cost of Services Index (cost of providing related prevention and treatment services in the state), and the Fiscal Capacity Index (ability of state to pay for related services).	Based on surveys, needs assessments, analysis of DMHAS service data, and input from Connecticut-based advisory boards.