February Session, 2026

Proposed Substitute Bill No. 222

LCO No. **3310**

AN ACT PERMITTING INTERSCHOLASTIC ATHLETICS TO BE USED AS CREDIT TOWARD THE PHYSICAL EDUCATION REQUIREMENT FOR PURPOSES OF HIGH SCHOOL GRADUATION.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

Section 1. Subsection (f) of section 10-221a of the general statutes is repealed and the following is substituted in lieu thereof (*Effective July 1, 2026*):

(f) (1) Any student who presents a certificate from a physician, physician assistant or advanced practice registered nurse stating that, in the opinion of the physician, physician assistant or advanced practice registered nurse, participation in physical education is medically contraindicated because of the physical condition of such student, shall be excused from the physical education requirement, provided the credit for physical education may be fulfilled by an elective.

(2) Any student who participates in interscholastic athletics may be exempt from the physical education and wellness requirement under subdivision (3) of subsection (d) of this section, provided such exemption is permitted pursuant to a policy adopted by the local or regional board of education of the school district in which such student is enrolled. Any student who receives such exemption shall still be responsible for completing a minimum of twenty-five credits in order to graduate from high school or be granted a diploma under this section.

This act shall take effect as follows and shall amend the following sections:		
Section 1	*July 1, 2026*	10-221a(f)