

SNAP Enrollment by Town

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Issue

This report describes enrollment by town for Connecticut's Supplemental Nutrition Assistance Program (SNAP, i.e., food stamp program). It updates, in part, OLR Report [2016-R-0107](#).

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Table 1 shows (1) the number of SNAP recipients in each town as of January 2022 according to the Department of Social Services (DSS) and (2) each town's population as of July 1, 2020 (based estimates from the Department of Public Health (DPH)). It also shows the estimated percentage of each town's population receiving SNAP benefits, but please note that these percentages were calculated using data from different points in time (i.e., January 2022 for SNAP recipients and July 2020 for population) and thus do not reflect any subsequent population changes that may have occurred. Table 1 is arranged by the estimated percentage receiving SNAP benefits, from greatest to least. Connecticut's population as of July 1, 2020, was 3,603,448, and 369,218 people received SNAP benefits in January 2022.

Table 1: SNAP Enrollment by Town

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Hartford	41,114	121,026	33.97%
Waterbury	32,859	114,426	28.72%
New Britain	19,454	74,125	26.24%
New Haven	32,950	134,052	24.58%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
New London	6,168	27,376	22.53%
Windham	5,314	24,426	21.76%
Bridgeport	31,794	148,698	21.38%
Meriden	12,010	60,794	19.76%
East Hartford	10,062	51,016	19.72%
Norwich	7,841	40,152	19.53%
Canaan	211	1,081	19.52%
Ansonia	3,380	18,902	17.88%
Derby	1,846	12,326	14.98%
Torrington	5,262	35,422	14.86%
West Haven	8,185	55,536	14.74%
Putnam	1,325	9,219	14.37%
Manchester	8,466	59,693	14.18%
Bristol	8,278	60,786	13.62%
Killingly	2,219	17,738	12.51%
Vernon	3,745	30,218	12.39%
Plainfield	1,837	14,984	12.26%
Winchester	1,243	10,226	12.16%
Sprague	355	2,973	11.94%
Naugatuck	3,729	31,517	11.83%
Middletown	5,460	47,676	11.45%
Griswold	1,274	11,411	11.16%
East Haven	2,954	27,874	10.60%
Chaplin	211	2,141	9.86%
Bloomfield	2,105	21,460	9.81%
East Windsor	1,066	11,167	9.55%
Hamden	5,714	61,065	9.36%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Windsor Locks	1,123	12,592	8.92%
Groton	3,273	38,445	8.51%
Stratford	4,407	52,265	8.43%
Brooklyn	698	8,451	8.26%
Windsor	2,428	29,413	8.25%
Enfield	3,416	42,128	8.11%
Stafford	901	11,460	7.86%
Plymouth	899	11,668	7.70%
Plainville	1,328	17,516	7.58%
Thompson	695	9,185	7.57%
Sterling	267	3,581	7.46%
Danbury	6,181	86,570	7.14%
Norwalk	6,434	91,194	7.06%
Lebanon	503	7,142	7.04%
Montville	1,291	18,377	7.03%
Seymour	1,172	16,707	7.02%
Hampton	116	1,729	6.71%
Thomaston	498	7,426	6.71%
Wethersfield	1,818	27,272	6.67%
Stamford	9,020	135,511	6.66%
Ashford	269	4,185	6.43%
Stonington	1,163	18,288	6.36%
Bozrah	143	2,422	5.90%
Portland	549	9,371	5.86%
Newington	1,777	30,464	5.83%
Lisbon	240	4,191	5.73%
West Hartford	3,519	64,019	5.50%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Norfolk	87	1,585	5.49%
Canterbury	276	5,041	5.48%
Wilmington	301	5,568	5.41%
Wallingford	2,334	44,317	5.27%
Wolcott	846	16,117	5.25%
Watertown	1,156	22,083	5.23%
Branford	1,471	28,220	5.21%
Preston	245	4,784	5.12%
Colchester	791	15,548	5.09%
New Milford	1,411	28,106	5.02%
Milford	2,526	51,954	4.86%
Voluntown	124	2,564	4.84%
Waterford	941	19,516	4.82%
Sharon	128	2,675	4.79%
Ledyard	735	15,420	4.77%
Westbrook	321	6,757	4.75%
Clinton	623	13,174	4.73%
Shelton	1,906	40,756	4.68%
Franklin	87	1,863	4.67%
Eastford	76	1,650	4.61%
Cromwell	643	14,203	4.53%
Coventry	550	12,238	4.49%
Bethel	910	20,331	4.48%
Beacon Falls	259	5,993	4.32%
Southington	1,869	43,447	4.30%
North Haven	1,023	24,237	4.22%
Cornwall	66	1,566	4.21%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Rocky Hill	855	20,780	4.11%
Andover	127	3,149	4.03%
Union	31	784	3.95%
Bolton	189	4,868	3.88%
Salem	163	4,214	3.87%
Middlefield	162	4,217	3.84%
Berlin	761	20,154	3.78%
East Hampton	473	12,709	3.72%
East Haddam	326	8,872	3.67%
Kent	110	3,014	3.65%
Deep River	158	4,412	3.58%
Pomfret	151	4,270	3.54%
East Lyme	653	18,645	3.50%
North Branford	472	13,535	3.49%
Farmington	925	26,673	3.47%
Somers	345	10,254	3.36%
North Stonington	170	5,152	3.30%
Columbia	172	5,263	3.27%
South Windsor	842	26,903	3.13%
Morris	70	2,250	3.11%
Prospect	291	9,403	3.09%
Ellington	496	16,428	3.02%
Glastonbury	1,046	35,108	2.98%
Litchfield	243	8,165	2.98%
Woodstock	242	8,228	2.94%
Old Saybrook	297	10,442	2.84%
East Granby	147	5,218	2.82%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Haddam	238	8,449	2.82%
Bethlehem	94	3,380	2.78%
Hebron	253	9,102	2.78%
Brookfield	476	17,517	2.72%
Canton	273	10,125	2.70%
Middlebury	202	7,577	2.67%
Woodbury	254	9,711	2.62%
Chester	96	3,744	2.56%
Tolland	373	14,552	2.56%
Barkhamsted	93	3,650	2.55%
Scotland	40	1,576	2.54%
Guilford	559	22,045	2.54%
Old Lyme	190	7,615	2.50%
Essex	164	6,713	2.44%
Suffield	383	15,725	2.44%
New Hartford	161	6,652	2.42%
Marlborough	148	6,127	2.42%
Simsbury	587	24,516	2.39%
Mansfield	612	25,883	2.36%
Oxford	300	12,702	2.36%
Trumbull	860	36,742	2.34%
Southbury	459	19,786	2.32%
Cheshire	621	28,728	2.16%
Hartland	41	1,900	2.16%
Fairfield	1,316	61,472	2.14%
Washington	78	3,644	2.14%
Harwinton	117	5,470	2.14%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Greenwich	1,279	63,502	2.01%
Monroe	369	18,808	1.96%
Bethany	102	5,294	1.93%
Orange	270	14,255	1.89%
Granby	204	10,891	1.87%
New Fairfield	250	13,570	1.84%
Goshen	57	3,148	1.81%
Burlington	172	9,520	1.81%
Avon	338	18,918	1.79%
Woodbridge	161	9,074	1.77%
Durham	126	7,151	1.76%
Newtown	458	27,154	1.69%
Roxbury	38	2,260	1.68%
Sherman	59	3,521	1.68%
Killingworth	102	6,173	1.65%
Bridgewater	27	1,659	1.63%
Lyme	37	2,352	1.57%
Warren	21	1,348	1.56%
Colebrook	21	1,360	1.54%
Madison	250	17,658	1.42%
Salisbury	57	4,191	1.36%
Westport	358	27,128	1.32%
North Canaan	37	3,198	1.16%
Redding	91	8,742	1.04%
Ridgefield	251	25,009	1.00%
New Canaan	201	20,605	0.98%
Wilton	145	18,465	0.79%

Town	SNAP Recipients (January 2022)	Town Population (July 2020*)	Estimated Percentage Receiving SNAP**
Weston	79	10,360	0.76%
Darien	157	21,527	0.73%
Easton	52	7,603	0.68%
TOTAL	368,938	3,603,448	10.24%

Sources: DSS and [DPH](#)

*DPH derived these estimates by adjusting the population totals from the 2020 census, which were measured as of April 1, 2020, to account for estimated changes that occurred between April 1 and July 1, 2020

**These percentages were calculated by dividing the January 2022 SNAP data by the July 2020 population data, which are the most recently available data in these categories

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