

**Testimony in support of:  
SB-1057:AN ACT CONCERNING NURSING HOMES.**

**Submitted by:  
Nicole Antaya  
March 25, 2021**

Dear Honorable Chairpersons Abercrombie and Moore, Ranking Members Berthel and Case, Vice Chairs Lesser and Garibay, and all other Members of the Human Services Committee,

My name is **Nicole Antaya** and I live in **Orange, Connecticut**. I am writing to express my strong support for *SB-1056: An Act Concerning Nursing Homes*. I believe **that a higher level of care is paramount, in order to grow our relationships and create a cohesive community for our older adult population and future generations.**

Establishing minimum staffing levels for social workers is crucially important! Social workers are the backbone to making our country and communities ensure that social justice and awareness is present in every corner of our towns. A ratio of 1 to 15 for short term rehabilitation services is the recommended allotment for social workers in nursing homes. 1 to 20 for long term care would be the recommended allotment to allow the needed level of care that is necessary. Burnout, compassion fatigue and secondary trauma, are all known hazards that social workers encounter in their pursuit of their duty to their communities and country. The intersectionalities between education and compassion cannot be overstated. We need both compassion for our older adults and education on their behalf to ensure that proper treatment is being evenly distributed in nursing homes. Help to ensure that each patient can get the high level of care that they deserve. Only in this way, can we continue to cultivate a nurturing and progressive level of care for our older adult population. By creating progressive policies, we truly show that we are the people and we are change.

I strongly support the *SB-1056: An Act Concerning Nursing Homes* and urge you to favorably vote the bill out of the Human Services Committee.

With respect and gratitude for your service and consideration,

**Nicole Antaya  
Orange, CT**