

# Steven Prasinios, Ph.D.

## *Psychologist*

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March 13, 2021

RE: Bills HB 5596 and SB 1022

To whom it may concern:

I am a licensed psychologist practicing in CT for over 35 years. Due to the pandemic I have had to provide telehealth services (Zoom, FaceTime or audio only) over the last year. The state and various insurance companies were kind and wise enough to cover these services at rates equivalent to in-person rates. This has been a great boon to my patients. I have surprisingly found telehealth to be as effective and healing as in person work. Additionally it has enabled more persons to receive therapy and receive it consistently as issues such as weather, commutes, physical handicaps, and child care are much less troublesome.

I strongly support continued funding for the telehealth option.

Thank you for your consideration.

Steven Prasinios, Ph.D.  
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