

<http://www.thekingcenter.org/king-philosophy>

Dr. King's Beloved Community was not devoid of interpersonal, group or international conflict. Instead he recognized that conflict was an inevitable part of human experience. But he believed that conflicts could be resolved peacefully, and adversaries could be reconciled through a mutual, determined commitment to nonviolence.

No conflict, he believed, need erupt in violence. And all conflicts in The Beloved Community should end with reconciliation of adversaries cooperating in a spirit of friendship and goodwill. [*This is our goal in therapy when we address the perpetrators and the helpless victims. VM*]

The core value of the quest for Dr. King's Beloved Community was **Agape love**. Dr. King distinguished between three kinds of love: **eros**, "a sort of aesthetic or romantic love"; **philia**, "affection between friends" and **Agape**, which he described as "understanding, redeeming goodwill for all," an "overflowing love which is purely spontaneous, unmotivated, groundless and creative" ..." the love of God operating in the human heart." He said that "Agape does not begin by discriminating between worthy and unworthy people...It begins by loving others for their sakes" and "makes no distinction between a friend and enemy; it is directed toward both...Agape is love seeking to preserve and create community."



<https://www.episcopalchurch.org/beloved-community>

Episcopal Church

Becoming A Beloved Community

The Becoming Beloved Community Vision Document and accompanying resources **help us to understand and take up the long-term commitments necessary to form loving, liberating and life-giving relationships with each other.**



This ongoing perpetual cyclical process of forgiveness, repentance and reconciliation, growth and recovery, to achieve robust health and wellbeing requires the continuous long-term collaboration of our patients, their families, Medical and Mental Health Professionals, and integration of Theological beliefs, Religious rituals and Spiritual practices. This Illustration symbolizes the trajectory of identification, admission, acceptance and acknowledgement that is subsumed in the process of building resilience that can be strengthened and enhanced by an empathic sharing of responsibilities between those who seek assistance and care-givers which enables them to start with telling the truth. Velandy Manohar, MD