

Support for SB 113



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To Whom it May Concern,

I believe my biological mother, Linda Dryansky, has already reached out to you, to implore you to vote in favor of unsealing the adoption records, to adult adoptee children – especially in regards to learning medical history, that may either answer mysteries or guide a person in daily health behaviors.

When I was 18, I was struck with a series of heart palpitation events – tachycardia. I went to the doctor. One of the first questions he asked, was whether I had a history of heart problems in my family. At the time, although I knew I was adopted, I did not know my biological origins. Many years later, not only do I know Linda, my biological mother, but I also know that we have a hereditary pre-disposition to issues regarding a magnesium deficiency. For less than 50-cents a day for a good magnesium supplement, my tachycardia issues were resolved. Wouldn't it be nice to know that, years sooner? I have three children, and a granddaughter, of my own, now – all of whom suffer from symptoms related to magnesium deficiencies – but at least, they are heading into their adult life with the advantage of knowing that, and how to handle it.

....and that's the tip of the iceberg.

I have Psoriatic Arthritis, inherited from my biological father, and I've passed it along to my daughter. The advantage my daughter has, diagnosed because of hereditary factors, at 25, is much greater than it was in my life, when I was not diagnosed until I was 40 – until then, my pain was a mystery to doctors.

My biological mother is predisposed to skin cancers, and since knowing so, I have been religious in being careful with the sun, with myself, and my kids.

My biological father died after his second bout of cancer, just last year – you can be sure that I am much more regular in going to annual doctor visits and getting my bloodwork done, now that I have turned 50.

She posed the question to you, at the end of her letter, and I will do the same. If you were not given up for adoption, it is easy to take for granted, having access to medical history, when discussing health plans with your doctors. Can you imagine if the answer were always, "I don't know." - It does indeed make an impact on one's self-care and medical planning. Please consider this, and cast your vote in favor of unsealing adoption records, in that regard.

Sincerely,

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