

As a prescriber, I am writing to request you vote to prohibit the requirement to prescribe inappropriate quantities of medication.

This "requirement", already implemented by several insurers, compromises my ability to use my clinical judgment as to what is best for my patients. I have been 'required' to write 90 day prescriptions for new med trials, which I am attempting to adjust. A 90 day prescription can complicate not only new meds, but meds that could be lethal in overdose, may require more frequent monitoring, or may be controlled substances. How can I maintain a sense of confidence that the meds I prescribe are being utilized effectively if patients don't attend their appointments because "I had plenty of meds". This also flies in the face of the rules implemented due to the opioid crisis.

The requirement for a 90 day prescription should be at the decision of the prescriber based on the individual patient and the medications being prescribed.

--

Judy Splittgerber, APRN
860 526-4212
15 North Main Street
Chester, CT 06412