Dear Senator McCrory, Representative Sanchez and all of the esteemed members of the Education Committee,

I am writing today in support of HB7250 AN ACT CONCERNING THE IMPROVEMENT OF CHILD DEVELOPMENT THROUGH PLAY. I support the bill because I feel that students do not have enough outside time as it is and their mental capacity to sit at a desk all day diminishes. As a mom of 3 very active boys I know the importance of being able to let loose and be energetic. Sadly with 30 mins or less and in some cases no outside time on a daily basis, I see firsthand the affects. Kids need an outlet to be kids, and there are many countries that succeed academically who are giving children a lot of outside time. This is a great article about the importance of outside time in Scandinavia. [https://www.outsideonline.com/2265761/what-sweden-can-teach-us-about-outdoor-parenting](https://www.outsideonline.com/2265761/what-sweden-can-teach-us-about-outdoor-parenting). Thank you so much for taking the time to read this email and to consider supporting this great bill.

Sincerely,

Ashley Saile