March 5th, 2019
Testimony in support of:

HB6202: AN ACT CONCERNING THE IMPROVEMENT OF CHILD DEVELOPMENT THROUGH PLAY
Proposed to increase recess for all elementary students to 50 minutes per day
Hearing: Wednesday, March 6th, 2 PM, Room E2
Written testimony: edtestimony@cga.ct.gov

Submitted by Shannon Raider
10 Field St. New Haven 06515

Dear Representatives and Citizens of CT,

I am a parent of a kindergartener in New Haven Public School. He only gets 20 minutes outside a day and that is if the weather is cooperating. Children NEED unstructured outdoor play. It is a universal component of brain development, coordination, exercising and learning self-control, creating individual social dynamics and just plain fun! This is not something that just private school and privileged family should have access to. Our children need this stimulation of outdoor pay in SAFE and supervised places.

Please vote increase recess or ALL children to 50 minutes a day! All parents and educators will thank you for our more focused, relaxed and energized (yes those go together) children's minds!

Thank you for your commitment to improving education for our next generation of leaders.