



**FOXFIELD F.A.R.M.  
VETERANS' EQUINE GROUNDWORK THERAPY SESSIONS OUTLINE**

**SESSION I:** SAFETY/"HORSE SENSE", SIGHT & SENSES/GROOMING/MANAGEMENT IN LEADING & "READING" BODY LANGUAGE - A TWO WAY STREET (***NOTE: BEFORE EVERY SESSION, WHILE RELAXING IN THE LOUNGE ROOM THERE IS THE OPPORTUNITY FOR THE PARTICIPANTS TO DISCUSS "HOW THINGS ARE GOING FOR THEM GENERALLY " AND SHARE ANY EXPERIENCES OCCURRING BETWEEN SESSIONS***

*(NOTE: THAT EVERY SESSION INCLUDES GROOMING PRACTICE)*

**SESSION II:** REVIEW OF SESSION I AND CONTINUED ON GROOMING (DIFFERENT HORSE THAN FIRST SESSION)? LAMENESS ISSUES & TREATMENT/NUTRITION & FEEDING INSTRUCTION OF THE INDIVIDUAL HORSE (BASED ON AGE, EXERCISE, CONSTITUTION

**SESSION III:** REVIEW OF SESSION III, CONTACT WITH THE FIRST COMPANY GOVERNOR'S HORSE GUARD, STALL MAINTENANCE, READING URINE AND MANURE STATUS, SUPPLEMENTS, ANNUAL SHOTS

**SESSION IV:** REVIEW OF SESSION III: TACKING UP INSTRUCTION (EQUIPMENT USED IN RIDING THE HORSE) ON "WOODEN HORSE"/MAJOR PARTS OF THE BRIDLE & SADDLE/TYPES OF TACK FOR DIFFERENT DISCIPLINES AND IMPORTANCE OF PROPER AND REGULAR MAINTENANCE OF TACK

**SESSION V:** PROFESSIONAL VETERAN VISIT - PRE-PURCHASE EXAM OVERVIEW, PARTS OF THE HORSE (INTERNAL /EXTERNAL), LAMENESS AND HEALTH ISSUES WITH OPPORTUNITY FOR VET PARTICIPANTS TO ASK QUESTIONS REGARDING REQUIRED SHOTS AND POTENTIAL INJURY AND CONDITION CONCERNS

**SESSION VI:** REVIEW OF SESSION V/ACTUAL TACKING UP ON "LIVE" HORSE/HOW TO MEASURE WEIGHT AND SIZE OF A HORSE. ***NOTE: THIS SESSION ALSO INCLUDES DISTRIBUTION OF PROGRAM SURVEY AND TAKE HOME/OPEN BOOK TEST. BOTH OF THE LATTER TO BE RETURNED AT SESSION VII.***

**SESSION VII:** PROFESSIONAL FARRIER DEMONSTRATION/ COLLECTION OF SURVEYS AND TAKE HOME OPEN BOOK TEST/PRESENTATION OF PROGRAM CERTIFICATE AND FOXFIELD F.A.R.M. MERCHANDISE GIFT