Testimony before the Appropriations Committee  
March 1st  
John Sebastian  
HB7148: AN ACT CONCERNING THE STATE BUDGET FOR THE BIENNium ENDING JUNE  
THIRTIETH, 2021, AND MAKING APPROPRIATIONS THEREFOR.

Good evening Senator Osten, Representative Walker, and members of the Appropriations Committee.

My name is John Sebastian and I want to testify for Teamworks funding in the budget.

I support mental health funding, in particular, Teamworks, the Reliance Health Clubhouse, and clubhouses like it. Teamworks helps its members become more productive members of society. Its groups teach us how to conduct ourselves and become pillars of society. The clubhouse motivates us. Teamworks changes our thinking so that we realize we can achieve greatness and make a difference in society, whether it’s becoming a legislator or other government official.

Teamworks has helped me personally in numerous ways. I don’t drink anymore. I spend more time coming up with solutions to help others. I’m more focused on mental health issues in the political world. I go to the Keep the Promise meetings and take part in other political activities. I am a changed man because Teamworks has counselors that help me to see clearly on my concerns. They help me to open up my thinking and shed light on the darkness that used to envelope me.

Thank you for listening.