Testimony before the Appropriations Committee  
Friday, March 1, 2019  
Governor’s Proposed Budget FY 2019-2021  
Department of Mental Health and Addiction Services (DMHAS)  
HB 7148 An Act Concerning the State Budget for the Biennium ending June Thirtieth 2021 and Making Appropriations Therefor

Good evening Senator Osten, Representative Walker and distinguished members of the Appropriations Committee. Thank you for hearing my testimony today of HB 7148: An Act Concerning the State Budget for the Biennium ... specifically the DMHAS Budget.

My name is Lisa Robinson and I am a registered voter of approximately 15 years in Enfield, CT (58th district).

Regarding funding to continue for community recovery support, I have been a proud and active member of the Community Health Resources (CHR) Second Wind Clubhouse for over ten years. I am a client in the mental health system. The Clubhouse has helped my recovery by offering peer support, skills, structure, socialization and advocacy.

Dual Recovery meets on Mondays and it helps members with guidance and support towards addiction and mental health issues. I enjoy this group!

Part of the advocacy in the community that CHR Club is involved in, is assisting with the Arts and Crafts group for the local nursing home residents of Parkway Pavilion in Enfield. This partnering every Thursday helps me realize that I will age someday. We share our stories together as we work. This helps me cope with loss also. My grandmom passed away at Parkway Pavilion and I was feeling anxious and spiritually lost. The Clubhouse community advocacy helped bring me back into balance with myself.

These are just some of the important groups that I participate in the Clubhouse. I am so thankful that you have funded these in the past, and I hope that these continue in the future.

I thank you for listening to my testimony today.

Lisa Robinson  
82 Pearl Street  
Enfield, CT 06082  
(860) 424-6050 (cell)