



# House of Representatives

General Assembly

**File No. 186**

January Session, 2017

Substitute House Bill No. 7052

*House of Representatives, March 23, 2017*

The Committee on General Law reported through REP. BARAM of the 15th Dist., Chairperson of the Committee on the part of the House, that the substitute bill ought to pass.

## **AN ACT PREVENTING PRESCRIPTION OPIOID DIVERSION AND ABUSE.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Subsection (j) of section 21a-254 of the general statutes is  
2 amended by adding subdivision (11) as follows (*Effective from passage*):

3 (NEW) (11) The commissioner may provide controlled substance  
4 prescription information obtained in accordance with subdivisions (3)  
5 and (4) of this subsection to other state agencies, pursuant to an  
6 agreement between the commissioner and the head of such agency,  
7 provided the information is obtained for a study of disease prevention  
8 and control related to opioid abuse or the study of morbidity and  
9 mortality caused by overdoses of controlled substances. The provision  
10 of such information shall be in accordance with all applicable state and  
11 federal confidentiality requirements.

12 Sec. 2. Section 21a-262 of the general statutes is repealed and the  
13 following is substituted in lieu thereof (*Effective from passage*):

14 (a) The Commissioner of Consumer Protection may receive, take  
15 into custody or destroy excess or undesired controlled substances and  
16 may in his or her discretion deliver, upon application, to any hospital,  
17 laboratory, incorporated college, scientific institution or any state or  
18 municipal agency or institution not operated for private gain, any  
19 controlled substances that have come into his or her custody by  
20 authority of this section. In the case of a care-giving or correctional or  
21 juvenile training institution having an institutional pharmacy, the  
22 Commissioner of Consumer Protection shall deliver such controlled  
23 substances only to the licensed pharmacist in charge of such  
24 pharmacy. The Commissioner of Consumer Protection may receive  
25 and take into custody excess or undesired controlled substances from  
26 pharmacists, manufacturers and wholesalers or any other registrant.  
27 Said commissioner shall keep a full and complete record of all  
28 substances received and of all substances disposed of, showing the  
29 exact kinds, quantities and forms of such substances, the persons from  
30 whom received and to whom delivered, by whose authority received,  
31 delivered and destroyed, and the dates of the receipt, disposal or  
32 destruction. Controlled substances and preparations shall at all times  
33 be properly safeguarded and securely kept. Minimum security and  
34 safeguard standards for the storage, manufacture, sale or distribution  
35 of all controlled substances shall be established by regulations adopted  
36 hereunder. Controlled substances seized or held as contraband or  
37 controlled substances, the title to which cannot be resolved, which  
38 controlled substances are not held by law enforcement agencies or  
39 court officials as evidence in criminal proceedings, shall be, upon the  
40 order of the court, destroyed by the seizing authority or delivered to  
41 the Commissioner of Consumer Protection as soon as possible upon  
42 resolution of the case or upon ascertaining the status of the unclaimed  
43 substance. The agent of the Commissioner of Consumer Protection  
44 shall issue a receipt for all such substance obtained. Any loss,  
45 destruction or theft of controlled substances shall be reported by a  
46 registrant within seventy-two hours to the Commissioner of Consumer  
47 Protection as follows: (1) Where, through breakage of the container or  
48 other accident, otherwise than in transit, controlled substances are lost

49 or destroyed, the person having title thereto shall make a signed  
50 statement as to the kinds and quantities of controlled substances lost or  
51 destroyed and the circumstances involved, and immediately forward  
52 the statement to the Commissioner of Consumer Protection. A copy of  
53 such statement shall be retained by the registrant; (2) where controlled  
54 substances are lost by theft, or otherwise lost or destroyed in transit,  
55 the consignee shall, immediately upon ascertainment of the  
56 occurrence, file with the Commissioner of Consumer Protection a  
57 signed statement of the facts, including a list of the controlled  
58 substances stolen, lost or destroyed and documentary evidence that  
59 the local authorities were notified. A copy of the statement shall be  
60 retained by the registrant. As used in this section, "care-giving  
61 institution", "correctional or juvenile training institution", "institutional  
62 pharmacy" and "pharmacist" have the same meanings as provided in  
63 section 20-571.

64 (b) For each long-term care facility, two or more of the following  
65 persons may jointly dispose of excess stock of controlled substances: A  
66 nursing home administrator, a pharmacist consultant, a director of  
67 nursing services or an assistant director of nursing services. Such  
68 facility shall maintain documentation of any such destruction and  
69 disposal for a period of three years and such documentation shall be  
70 maintained in a separate log and on a form prescribed by the  
71 department.

72 (c) For each outpatient surgical facility, as defined in section 19a-  
73 493b, two or more of the following persons may jointly dispose of  
74 excess stock of controlled substances: An administrator, a clinical  
75 director or chief of staff, or a nursing supervisor. Such facility shall  
76 maintain documentation of any such destruction and disposal for a  
77 period of three years and such documentation shall be maintained in a  
78 separate log and on a form prescribed by the department.

79 (d) A registered nurse licensed by the Department of Public Health  
80 and employed by a home health care agency, as defined in section 19a-  
81 490, may, along with a designated representative of the patient,

82 oversee the destruction and disposal of the patient's controlled  
83 substances, using the recommendations for the proper disposal of  
84 prescription drugs on the Internet web site of the Department of  
85 Consumer Protection. Such registered nurse shall maintain written or  
86 electronic documentation for a period of three years of any such  
87 destruction and disposal on a form prescribed by the Commissioner of  
88 Consumer Protection. Such written or electronic documentation shall  
89 be maintained with the patient's medical record. Nothing in this  
90 subsection shall prevent the registered nurse and patient  
91 representative from depositing the patient's controlled substances in a  
92 police department prescription drug drop box.

93 Sec. 3. Section 21a-249 of the general statutes is repealed and the  
94 following is substituted in lieu thereof (*Effective January 1, 2018*):

95 (a) All prescriptions for controlled drugs shall include (1) the name  
96 and address of the patient, or the name and address of the owner of an  
97 animal and the species of the animal, (2) whether the patient is an  
98 adult or a child, or his specific age, (3) the compound or preparation  
99 prescribed and the amount thereof, (4) directions for use of the  
100 medication, (5) the name and address of the prescribing practitioner,  
101 (6) the date of issuance, and (7) the Federal Registry number of the  
102 practitioner. No prescription blank containing a prescription for a  
103 schedule II substance shall contain more than one prescription. No  
104 prescription or order for a controlled substance issued by a practitioner  
105 to an inanimate object or thing shall be considered a valid prescription  
106 within the meaning of this chapter.

107 (b) [Written prescriptions shall be written in ink or in indelible  
108 pencil or by typewriter. No duplicate, carbon or photographic copies  
109 and no printed or rubber-stamped orders shall be considered valid  
110 prescriptions within the meaning of this chapter. No prescription or  
111 order for any controlled substance issued by a practitioner to an  
112 inanimate object or thing shall be considered a valid prescription  
113 within the meaning of this chapter.] Each licensed practitioner who the  
114 Department of Consumer Protection authorizes to prescribe controlled

115 substances, within the scope of practice of his or her license, shall  
116 electronically transmit the controlled substance prescription to a  
117 pharmacy. Electronically transmitted prescriptions shall be promptly  
118 printed out in hardcopy or created as an electronic record and filed by  
119 the prescriber. Electronically transmitted prescriptions shall be  
120 consistent with the requirements of the federal Controlled Substances  
121 Act, 21 USC 801, as amended from time to time. All records shall be  
122 kept on the premises of the licensed practitioner and maintained in  
123 such form as to be readily available for inspection by the  
124 commissioner, his or her authorized agent or other persons, as  
125 authorized in section 21a-265, at reasonable times and shall be kept on  
126 file for three years. For purposes of this subsection and subsections (c),  
127 (d) and (e) of this section, the term "electronically transmit" means to  
128 transmit by computer modem or other similar electronic device.

129 (c) A licensed practitioner shall not be required to electronically  
130 transmit a prescription when:

131 (1) Electronic transmission is not available due to a temporary  
132 technological or electrical failure. For purposes of this subsection,  
133 "temporary technological or electrical failure" means failure of a  
134 computer system, application or device or the loss of electrical power  
135 to such system, application or device, or any other service interruption  
136 to such system, application or device that reasonably prevents the  
137 practitioner from utilizing his or her certified application to  
138 electronically transmit the prescription in accordance with subsection  
139 (b) of this section. In the event of a temporary technological or  
140 electrical failure, the practitioner shall, without undue delay,  
141 reasonably attempt to correct any cause for the failure that is within his  
142 or her control. A practitioner who issues a prescription, but fails to  
143 electronically transmit the prescription, as permitted by this  
144 subsection, shall document the reason for the practitioner's failure to  
145 electronically transmit the prescription in the patient's medical record  
146 as soon as practicable, but in no instance more than seventy-two hours  
147 following the end of the technological or electrical failure that  
148 prevented the electronic transmittal of the prescription;

149       (2) The practitioner reasonably determines that it would be  
150 impractical for the patient to obtain substances prescribed by an  
151 electronically transmitted prescription in a timely manner and that  
152 such delay would adversely impact the patient's medical condition,  
153 provided if such prescription is for a controlled substance, the quantity  
154 of such controlled substance does not exceed a five-day supply for the  
155 patient, if the controlled substance was used in accordance with the  
156 directions for use. A practitioner who issues a prescription, but fails to  
157 electronically transmit the prescription, as permitted by this  
158 subsection, shall document the reason for the practitioner's failure to  
159 electronically transmit the prescription in the patient's medical record;

160       (3) The prescription is to be dispensed by a pharmacy located  
161 outside this state. A practitioner who issues a prescription, but fails to  
162 electronically transmit the prescription, as permitted by this  
163 subsection, shall document the reason for the practitioner's failure to  
164 electronically transmit the prescription in the patient's medical record;

165       (4) Use of an electronically transmitted prescription may negatively  
166 impact patient care, such as a prescription containing two or more  
167 products to be compounded by a pharmacist, a prescription for direct  
168 administration to a patient by parenteral, intravenous, intramuscular,  
169 subcutaneous or intraspinal infusion, a prescription that contains long  
170 or complicated directions, a prescription that requires certain elements  
171 to be included by the federal Food and Drug Administration, or an  
172 oral prescription communicated to a pharmacist by a health care  
173 practitioner for a patient in a chronic and convalescent nursing home,  
174 licensed pursuant to chapter 368v; or

175       (5) Before July 1, 2019, the practitioner demonstrates, in a form and  
176 manner prescribed by the commissioner, that such practitioner does  
177 not have the technological capacity to issue electronically transmitted  
178 prescriptions. For the purposes of this subsection, "technological  
179 capacity" means possession of a computer system, hardware or device  
180 that can be used to electronically transmit controlled substance  
181 prescriptions consistent with the requirements of the federal

182 Controlled Substances Act, 21 USC 801, as amended from time to time.

183 (d) Any prescription issued instead of an electronically transmitted  
184 prescription pursuant to subsection (c) of this section may be issued as  
185 a written order or, to the extent permitted by the federal Controlled  
186 Substance Act, 21 USC 801, as from time to time amended, as an oral  
187 order or transmitted by facsimile machine. Such oral order or order  
188 transmitted by facsimile machine shall be promptly reduced to writing  
189 on a prescription blank or a hardcopy printout or created as an  
190 electronic record and filed by the pharmacist filling it. No duplicate,  
191 carbon or photographic copies and no printed or rubber-stamped  
192 orders shall be considered valid prescriptions within the meaning of  
193 this chapter.

194 [(c)] (e) Prescriptions for schedule II substances [, if in writing,] shall  
195 be [signed] electronically transmitted by the prescribing practitioner at  
196 the time of issuance and previously signed orders for such schedule II  
197 substances shall not be considered valid prescriptions within the  
198 meaning of this chapter. No practitioner shall prescribe, dispense or  
199 administer schedule II sympathomimetic amines as anorectics, except  
200 as may be authorized by regulations adopted by the Departments of  
201 Public Health and Consumer Protection acting jointly. To the extent  
202 permitted by the federal Controlled Substances Act, 21 USC 801, as  
203 from time to time amended, in an emergency, the dispensing of  
204 schedule II substances may be made upon the oral order of a  
205 prescribing registrant known to or confirmed by the filling pharmacist  
206 who shall promptly reduce the oral order to writing on a prescription  
207 blank, provided, in such case, such oral order shall be confirmed by the  
208 proper completion and mailing or delivery of a prescription prepared  
209 by the prescribing registrant to the pharmacist filling such oral order  
210 within seventy-two hours after the oral order has been given. Such  
211 prescription of the registrant shall be affixed to the temporary  
212 prescription prepared by the pharmacist and both prescriptions shall  
213 be maintained on file as required in this chapter. The Department of  
214 Public Health and the Department of Consumer Protection, acting  
215 jointly, may adopt regulations, in accordance with chapter 54, allowing

216 practitioners to prescribe, dispense or administer schedule II  
217 sympathomimetic amines as anorectics under certain specific  
218 circumstances. Nothing in this subsection shall be construed to require  
219 a licensed pharmacist to determine the diagnosis of a patient prior to  
220 dispensing a prescription for such substances to a patient.

221 [(d) To the extent permitted by the federal Controlled Substances  
222 Act, 21 USC 801, as from time to time amended, a prescribing  
223 practitioner may issue an oral order or an electronically transmitted  
224 prescription order and, except as otherwise provided by regulations  
225 adopted pursuant to sections 21a-243, 21a-244 and 21a-244a, such oral  
226 order or electronically transmitted prescription order shall be  
227 promptly reduced to writing on a prescription blank or a hardcopy  
228 printout or created as an electronic record and filed by the pharmacist  
229 filling it. For the purposes of subsections (d) and (h) of this section the  
230 term "electronically transmitted" means transmitted by facsimile  
231 machine, computer modem or other similar electronic device.

232 (e) To the extent permitted by the federal Controlled Substances  
233 Act, in an emergency the dispensing of schedule II substances may be  
234 made upon the oral order of a prescribing registrant known to or  
235 confirmed by the filling pharmacist who shall promptly reduce the  
236 oral order to writing on a prescription blank, provided, in such cases  
237 such oral order shall be confirmed by the proper completion and  
238 mailing or delivery of a prescription prepared by the prescribing  
239 registrant to the pharmacist filling such oral order within seventy-two  
240 hours after the oral order has been given. Such prescription of the  
241 registrant shall be affixed to the temporary prescription prepared by  
242 the pharmacist and both prescriptions shall be maintained on file as  
243 required in this chapter.]

244 (f) All prescriptions for controlled substances shall comply fully  
245 with any additional requirements of the federal food and drug laws,  
246 the federal Controlled Substances Act, and state laws and regulations  
247 adopted under this chapter.

248 (g) Repealed by P.A. 82-419, S. 46, 47.



249 (h) Except when dispensed directly by a practitioner, other than a  
250 pharmacy, to an ultimate user, a controlled substance included in  
251 schedule III or IV, which is a prescription drug as determined under  
252 federal food and drug laws, shall not be dispensed without a written,  
253 electronically transmitted or oral prescription of a practitioner. The  
254 prescription shall not be filled or refilled more than six months after  
255 the date thereof or be refilled more than five times, unless renewed by  
256 the practitioner.

257 (i) A controlled substance included in schedule V shall not be  
258 distributed or dispensed other than for a medical purpose.

259 (j) A pharmacy may sell and dispense controlled substances upon  
260 the prescription of a prescribing practitioner, as defined in subdivision  
261 (22) of section 20-571.

262 (k) Pharmacies shall file filled prescriptions for controlled  
263 substances separately from other prescriptions. All schedule II  
264 prescriptions shall be filed in a separate file or in an electronic file. All  
265 schedule III, IV and V prescriptions shall be filed in another separate  
266 file or in an electronic file, except as otherwise provided for in  
267 regulations adopted pursuant to section 21a-243, 21a-244 or 21a-244a.  
268 All written controlled substance prescriptions shall, immediately upon  
269 filling, be filed chronologically and consecutively.

270 (l) Any pharmacy may transfer prescriptions for controlled  
271 substances included in schedules III, IV and V to any other pharmacy  
272 in accordance with the requirements set forth in the federal Controlled  
273 Substances Act 21 USC 801 et seq. and the regulations promulgated  
274 thereunder, as from time to time amended.

275 (m) A practitioner authorized to prescribe controlled substances  
276 shall not prescribe anabolic steroids for the sole purpose of enhancing  
277 a patient's athletic ability or performance.

278 (n) Each pharmacy, as defined in section 20-571, shall accept an  
279 electronically transmitted prescription for a controlled substance from

280 a practitioner, as defined in section 21a-316. All records shall be kept  
281 on the premises of the pharmacy and maintained current and separate  
282 from other business records in such form as to be readily available at  
283 the pharmacy for inspection by the Commissioner of Consumer  
284 Protection, his or her authorized agent or other persons, as authorized  
285 in section 21a-265, at reasonable times and shall be kept on file for  
286 three years. Prescription records received from the practitioner  
287 electronically may be stored electronically, provided the files are  
288 maintained in the pharmacy computer system for not less than three  
289 years. If the electronically transmitted prescription is printed, it shall  
290 be filed as required in subsection (l) of this section.

291 Sec. 4. (NEW) (*Effective October 1, 2017*) (a) As used in this section:

292 (1) "Opioid drug" has the same meaning as provided in 42 CFR 8.2,  
293 as amended from time to time;

294 (2) "Prescribing practitioner" has the same meaning as provided in  
295 section 20-14c of the general statutes; and

296 (3) "Voluntary nonopioid directive form" means a form that is  
297 voluntarily filed by a patient with a prescribing practitioner that  
298 indicates such patient's request to not be issued a prescription or  
299 medication order for an opioid drug.

300 (b) The Department of Public Health, in consultation with the  
301 Departments of Consumer Protection and Mental Health and  
302 Addiction Services, shall establish a voluntary nonopioid directive  
303 form and publish such form on its Internet web site for public use. Any  
304 person who does not wish to be issued a prescription or medication  
305 order for an opioid drug may file such form with a prescribing  
306 practitioner. Upon receipt of a voluntary nonopioid directive form, a  
307 prescribing practitioner shall document such receipt in the patient's  
308 medical record.

309 (c) The voluntary nonopioid directive form established by the  
310 department shall allow a patient to appoint a duly authorized

311 guardian or health care proxy to override a previously recorded  
312 voluntary nonopioid directive form. Such patient, duly authorized  
313 guardian or health care proxy may revoke the directive, orally or in  
314 writing, for any reason, at any time.

315 (d) An electronically transmitted prescription to a pharmacy shall be  
316 presumed to be valid for the purposes of this section and a pharmacist  
317 shall not be held in violation of this section for dispensing a controlled  
318 substance in contradiction to a voluntary nonopioid directive form.

319 (e) No prescribing practitioner acting with reasonable care shall be  
320 liable for damages in a civil action or subject to criminal prosecution or  
321 be deemed to have violated the standard of care for such prescribing  
322 practitioner for refusing to issue a prescription or medication order for  
323 an opioid pursuant to a voluntary nonopioid directive form.

324 (f) No person acting in good faith as a duly authorized guardian or  
325 health care proxy shall be liable for damages in a civil action or subject  
326 to criminal prosecution for revoking or overriding a voluntary  
327 nonopioid directive form.

328 (g) A prescribing practitioner who wilfully fails to comply with a  
329 patient's voluntary nonopioid directive form may be subject to  
330 disciplinary action pursuant to section 19a-17 of the general statutes.

331 Sec. 5. Section 20-14o of the general statutes is repealed and the  
332 following is substituted in lieu thereof (*Effective July 1, 2017*):

333 (a) As used in this section:

334 (1) "Opioid drug" has the same meaning as provided in 42 CFR 8.2,  
335 as amended from time to time;

336 (2) "Adult" means a person who is at least eighteen years of age;

337 (3) "Prescribing practitioner" has the same meaning as provided in  
338 section 20-14c;

339 (4) "Minor" means a person who is under eighteen years of age;

340 (5) "Opioid agonist" means a medication that binds to the opiate  
341 receptors and provides relief to individuals in treatment for abuse of or  
342 dependence on an opioid drug;

343 (6) "Opiate receptor" means a specific site on a cell surface that  
344 interacts in a highly selective fashion with an opioid drug;

345 (7) "Palliative care" means specialized medical care to improve the  
346 quality of life of patients and their families facing the problems  
347 associated with a life-threatening illness; and

348 (8) "Opioid antagonist" has the same meaning as provided in section  
349 17a-714a.

350 (b) When issuing a prescription for an opioid drug to an adult  
351 patient for the first time for outpatient use, a prescribing practitioner  
352 who is authorized to prescribe an opioid drug shall not issue a  
353 prescription for more than a seven-day supply of such drug, as  
354 recommended in the National Centers for Disease Control and  
355 Prevention's Guideline for Prescribing Opioids for Chronic Pain.

356 (c) A prescribing practitioner shall not issue a prescription for an  
357 opioid drug to a minor for more than a seven-day supply of such drug  
358 at any time. [When issuing a prescription for an opioid drug to a minor  
359 for less than a seven-day supply of such drug, the prescribing  
360 practitioner shall discuss the risks associated with use of an opioid  
361 drug, including, but not limited to, the risks of addiction and overdose  
362 associated with opioid drugs and the dangers of taking opioid drugs  
363 with alcohol, benzodiazepines and other central nervous system  
364 depressants, and the reasons why the prescription is necessary with (1)  
365 the minor, and (2) the custodial parent, guardian or other person  
366 having legal custody of the minor if such parent, guardian or other  
367 person is present at the time of issuance.]

368 (d) Notwithstanding the provisions of subsections (b) and (c) of this  
369 section, if, in the professional medical judgment of a prescribing  
370 practitioner, more than a seven-day supply of an opioid drug is

371 required to treat an adult patient's or minor patient's acute medical  
 372 condition, as determined by the prescribing practitioner, or is  
 373 necessary for the treatment of chronic pain, pain associated with a  
 374 cancer diagnoses or for palliative care, then the prescribing practitioner  
 375 may issue a prescription for the quantity needed to treat the acute  
 376 medical condition, chronic pain, pain associated with a cancer  
 377 diagnosis or pain experienced while the patient is in palliative care.  
 378 The condition triggering the prescription of an opioid drug for more  
 379 than a seven-day supply shall be documented in the patient's medical  
 380 record and the practitioner shall indicate that an alternative to the  
 381 opioid drug was not appropriate to address the medical condition.

382 (e) The provisions of subsections (b), (c) and (d) of this section shall  
 383 not apply to medications designed for the treatment of abuse of or  
 384 dependence on an opioid drug, including, but not limited to, opioid  
 385 agonists and opioid antagonists.

386 (f) When issuing a prescription for an opioid drug to an adult or  
 387 minor patient, the prescribing practitioner shall discuss with the  
 388 patient the risks associated with the use of such opioid drug,  
 389 including, but not limited to, the risks of addiction and overdose  
 390 associated with opioid drugs and the dangers of taking opioid drugs  
 391 with alcohol, benzodiazepines and other central nervous system  
 392 depressants, and the reasons the prescription is necessary, and, if  
 393 applicable, with the custodial parent, guardian or other person having  
 394 legal custody of the minor if such parent, guardian or other person is  
 395 present at the time of issuance of the prescription.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>from passage</i>	21a-254(j)
Sec. 2	<i>from passage</i>	21a-262
Sec. 3	<i>January 1, 2018</i>	21a-249
Sec. 4	<i>October 1, 2017</i>	New section
Sec. 5	<i>July 1, 2017</i>	20-14o

**Statement of Legislative Commissioners:**

In Section 3, Subsecs. (b), (c), (d) and (n), several references to electronic transmissions of prescriptions were changed for consistency with each other and with the defined term in Subsec. (b), and Subsec. (c) was restructured for clarity.

**GL**            *Joint Favorable Subst. -LCO*

The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

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**OFA Fiscal Note****State Impact:** None**Municipal Impact:** None**Explanation**

The bill results in no fiscal impact to the state or municipalities, in its two provisions that affect state agencies. First, the Department of Consumer Protection is permitted to share certain prescription information with other state agencies, which can be done in the normal course of business. Second, multiple state agencies with expertise in pharmacies and health are directed to develop a non-opioid directive for patients. Other provisions of the bill pertain to pharmacies, certain registered nurses, medication prescribers, and patients.

**The Out Years****State Impact:** None**Municipal Impact:** None

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**OLR Bill Analysis**

**sHB 7052**

***AN ACT PREVENTING PRESCRIPTION OPIOID DIVERSION AND ABUSE.***

**SUMMARY**

This bill contains various provisions on controlled substance abuse prevention, particularly as it relates to opioid drugs. It:

1. generally requires prescriptions for controlled substances to be transmitted electronically to a pharmacy, which must have the technology to accept such prescriptions;
2. allows the Department of Consumer Protection (DCP) commissioner to share certain prescription drug monitoring program information with other state agencies for certain studies involving drug abuse;
3. allows certain registered nurses to destroy or dispose of their patient's controlled substances;
4. creates a process by which patients may request to not be prescribed an opioid drug; and
5. requires practitioners, when prescribing opioids, to discuss with all patients, rather than only minors, the risks associated with opioid drug use.

By law, the following health providers may prescribe medication within the scope of their practice: physicians, dentists, podiatrists, optometrists, physician assistants, advanced practice registered nurses, nurse-midwives, and veterinarians.

The bill also makes minor, technical, and conforming changes.



EFFECTIVE DATE: Upon passage for drug monitoring information sharing and nurse drug disposal; July 1, 2017 for discussion of opioid risks; October 1, 2017 for voluntary nonopioid directive forms; and January 1, 2018 for electronic prescription requirements.

### **§ 3 — ELECTRONIC PRESCRIPTION FOR CONTROLLED SUBSTANCES**

The bill, with exceptions, requires prescriptions for controlled substances to be electronically transmitted. “Electronically transmit” means to transmit by computer modem or other similar electronic device. Current law allows prescriptions to be written or given orally. Written prescriptions must, among other things, be in ink, indelible pencil, or by typewriter and only original prescriptions are considered valid. Oral prescriptions must, among other things, be promptly reduced to writing.

Under the bill, prescribing practitioners of controlled substances, within the scope of their license, must electronically transmit controlled substance prescriptions to a pharmacy. The prescriber must promptly print the prescription in hardcopy or create it in an electronic record. The electronic transmitted prescriptions must be consistent with the requirements of the federal Controlled Substances Act (21 U.S.C. § 801). All records must be kept on the prescriber’s premises and maintained in a form that is readily available for inspection, at reasonable times, by the DCP commissioner, his authorized agent, or other authorized personnel. These files must be kept for three years.

#### ***Exceptions***

Under the bill, prescribing practitioners are not required to electronically transmit a prescription when (1) there are temporary technological or electrical failures; (2) the prescriber reasonably determines that it is impractical for the patient to obtain substances prescribed by an electronically transmitted prescription in a timely manner and the delay would adversely impact the patient's medical condition; (3) the prescription is to be dispensed by an out-of-state pharmacy; (4) the prescription needs special attention and could

negatively impact the patient care (e.g., compounding); and (5) the prescriber demonstrates, until July 1, 2019, that he or she does not have the technological capacity.

The bill allows any prescription under any of these exceptions to be issued as a written order or, to the extent allowed by federal law, as an oral order or transmitted by fax. Any oral order or order transmitted by fax must be promptly reduced to writing on a prescription blank, a hardcopy printout, or created as an electronic record and filed by the pharmacist filling the order. The bill prohibits duplicates, carbon or photographic copies, and printed or rubber-stamped orders from being considered a valid controlled substance prescription.

**Temporary Technological or Electrical Failure.** Under the bill, a prescribing practitioner is not required to electronically transmit a prescription when electronic transmission is not available because of temporary technological or electrical failures.

In the event of a temporary technological or electrical failure, the prescriber must, without undue delay, reasonably attempt to correct any cause for the failure that is within his or her control. A prescriber who issues a prescription under this exception must document the reason for failing to electronically transmit the prescription in the patient's medical record as soon as practicable, but must do so within 72 hours after the end of the technological or electrical failure.

"Temporary technological or electrical failure" means a computer system, application, or device failure or the loss of electrical power or any other service interruption to such system, application, or device, that reasonably prevents the prescriber from using his or her certified application to electronically transmit the prescription.

**Delay that Adversely Impacts Patient's Health.** The bill does not require electronic prescriptions when the prescriber reasonably determines that it would be impractical for the patient to obtain the prescribed substances by an electronically transmitted prescription in a timely manner and that such delay would adversely impact the

patient's medical condition. The bill specifies that if the prescription is for a controlled substance, the quantity must not exceed a five-day supply. A prescriber who issues a prescription under this exception must document the reason and place it in the patient's medical record.

**Out-of-state Pharmacy.** The bill allows a prescribing practitioner to provide a prescription that is not electronically transmitted, if the prescription is going to be dispensed by an out-of-state pharmacy. The prescriber who issues a prescription under this exception must document the reason and place it in the patient's medical record.

**Certain Prescriptions that Need Special Attention.** Under the bill, a practitioner is not required to electronically transmit a prescription when doing so may negatively impact patient care, such as a prescription (1) containing two or more products that a pharmacist compounds; (2) for direct administration to a patient by parenteral, intravenous, intramuscular, subcutaneous, or intraspinal infusion; (3) that contains long or complicated directions; (4) that requires certain elements to be included by the federal Food and Drug Administration; or (5) that must be orally communicated to a pharmacist for a patient in a chronic and convalescent nursing home.

**Lack of Technological Capacity.** Under the bill, prescribing practitioners are not required to electronically transmit a prescription when the practitioner demonstrates, until July 1, 2019, that he or she does not have the technological capacity. The practitioner must demonstrate this in a DCP-prescribed form and manner.

"Technological capacity" means possessing a computer system, hardware, or device that can be used to electronically transmit controlled substance prescriptions consistent with the federal Controlled Substances Act (21 U.S.C. § 801).

### **Pharmacy Technology**

The bill requires pharmacies to accept a prescribing practitioner's electronically transmitted controlled substances prescription. All records must be kept on the pharmacy's premises and maintained in a

form that is readily available for inspection, at reasonable times, by the DCP commissioner, his authorized agent, or other authorized personnel. The records must be kept on file for three years and such records may be stored electronically, provided the files are maintained in the pharmacy's computer system for at least three years. If the electronically transmitted prescription is printed, it must be filed in the same way as when pharmacies transfer controlled substance prescriptions to other pharmacies.

### **§ 1 — PRESCRIPTION DRUG MONITORING PROGRAM INFORMATION SHARING**

The bill allows the DCP commissioner to provide certain controlled substance prescription information obtained as part of the prescription drug monitoring program (e.g., pharmacy and vender records) to other state agencies. The sharing must be through an agreement between the DCP commissioner and the head of the other agency, provided that the information is obtained for a study of (1) disease prevention and control related to opioid abuse or (2) morbidity and mortality caused by overdoses of controlled substances. The transfer of such information must be done in accordance with all applicable state and federal confidentiality requirements (e.g., Health Insurance Portability and Accountability Act of 1996).

By law, under the prescription drug monitoring program, DCP collects information on controlled substance prescriptions to prevent improper or illegal drug use or improper prescribing.

### **§ 2 — CONTROLLED SUBSTANCE DISPOSAL BY CERTAIN NURSES**

The bill allows a registered nurse employed by a home health care agency, along with a patient's designated representative, to oversee the destruction and disposal of the patient's controlled substances. They must use the recommendations for proper disposal of prescription drugs on DCP's website (e.g., add undesirable substances such as salt, sawdust, or used coffee grounds).

The nurse must maintain written or electronic documentation of

such destruction or disposal on a DCP-prescribed form for three years. This documentation must be kept with the patient's medical record.

Nothing in the bill prevents the nurse and patient's representative from depositing the patient's controlled substances in a police department prescription drop box.

#### **§ 4 — VOLUNTARY NONOPIOID DIRECTIVE FORM**

The bill requires the Department of Public Health (DPH), in consultation with DCP and the Department of Mental Health and Addiction Services, to establish a voluntary nonopioid directive form and publish it on its Internet website for public use.

A "voluntary nonopioid directive form" means a form that is voluntarily filed by a patient with a prescribing practitioner that indicates such patient's request not to be issued a prescription or medication order for an opioid drug.

Anyone who does not wish to be issued a prescription or medication order for an opioid drug may file such a form with a prescribing practitioner. Upon receiving the form, the prescribing practitioner must document receipt of the form in the patient's medical record.

#### ***Revocation***

The form must allow a patient to appoint a duly authorized guardian or health care proxy to override a previously recorded voluntary nonopioid directive form. The patient, duly authorized guardian, or health care proxy may revoke the directive orally or in writing at any time and for any reason.

#### ***Presumption of Valid Prescription***

An electronically transmitted prescription to a pharmacy is presumed to be valid for the purposes of complying with this form and a pharmacist must not be held in violation for dispensing a controlled substance in contradiction to a voluntary nonopioid directive form.

***Liability***

The bill immunizes prescribing practitioners acting with reasonable care from damages in a civil action. They also cannot be subject to criminal prosecution or be deemed to have violated the standard of care for refusing to issue a prescription or medication order for an opioid pursuant to a voluntary nonopioid directive form.

Under the bill, no one acting in good faith as a duly authorized guardian or health care proxy may be held liable for damages in a civil action or subject to criminal prosecution for revoking or overriding a voluntary nonopioid directive form.

***Disciplinary Action***

Under the bill, a prescribing practitioner who willfully fails to comply with a patient's voluntary nonopioid directive form may be subject to certain DPH disciplinary actions.

By law, DPH can take the following actions, among others:

1. suspend or revoke the person's DPH license or permit,
2. issue a letter of reprimand to or censure the person,
3. place him or her on probation, or
4. take summary action against the person's DPH license or permit if he or she has been found guilty of a state or federal felony or is subject to disciplinary action in another jurisdiction.

**§ 5 — DISCUSSION OF RISK ON OPIOID ADDICTION**

The bill requires a prescribing practitioner to discuss with all patients the risks associated with opioid drug use. Current law requires such discussion with minor patients (i.e., under age 18) along with their custodial parent, guardian, or legal custodian. As under current law, the bill requires the practitioner to discuss

1. the associated risks of addiction and overdose;

2. the dangers of taking opioid drugs with alcohol, benzodiazepines, and other central nervous system depressants; and
3. why the prescription is necessary.

**BACKGROUND**

***Controlled Substances***

Controlled substances are drugs whose use and distribution is monitored because of their abuse potential or risk. Controlled substances are categorized in order of their abuse risk and placed into schedules. Drugs with the highest abuse potential, no medical use and not prescribable are placed in Schedule I and those with the lowest abuse potential are placed in Schedule V.

**COMMITTEE ACTION**

General Law Committee

Joint Favorable

Yea 17    Nay 0    (03/07/2017)