



**Connecticut Association  
of Adult Day Services**

**Testimony to the Program Review and Investigations Committee**

**September 21, 2016**

**Regarding**

**The Program Review and Investigations' Study "Factors Influencing Receipt of Long Term Care Services and Supports in Home and Community Based Settings"**

The Connecticut Association of Adult Day Services, or CAADS, is an association representing adult day centers from across the state of Connecticut. We are pleased to submit the following testimony regarding community based long term services and supports.

CAADS is pleased to support the state's rebalancing policy for long term services and supports which has provided older adults the right care, at the right time, and in the location of their choice – while saving the state millions of dollars and slowing the increase in Medicaid expenditures for long term care, services and supports.

The Connecticut Home Care Program for Elders provides essential home and community based services and supports for older adults who are aging in place in their communities. Adult day programs are just one of those valuable and cost effective community based services. Our centers provide programming, care, services, socialization and respite for hundreds of individuals and families throughout the state.

Community based providers like adult day services are meeting the growing needs of Connecticut's older adults and their caregivers while preventing or delaying placements in skilled nursing facilities and helping to prevent the need for more expensive health care settings such as emergency rooms and acute care hospitals.

We also hope that the Committee will recognize the value of family caregivers and the need to provide respite services to those in the community. Many elders with dementia live at home for many years with their care being provided by a spouse or family member. Adult day centers provide respite services to many persons living with dementia and we see firsthand how the respite program helps family caregivers continue to care for their loved ones at home.

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**The Value of Adult Day Services**

We firmly believe adult day center services and other community based services funded by the Connecticut Home Care Program for Elders save Connecticut significant dollars by meeting the growing needs of Connecticut's elderly and their caregivers in the community and preventing unnecessary and premature placements in skilled nursing facilities. The full day of services provided by adult day centers, including door

to door transportation, is a struggle to provide on the current rate of \$70.92 a day. **We encourage the Committee to consider the vital need to increase the rates of reimbursement for home and community based providers.**

**Adult Day Center Services provided through the  
Connecticut Home Care Program for Elders**

<b>Adult Day Center Services are a <i>full day of care</i></b>
<b>Activities, Companionship, Socialization &amp; Supervision</b>
<b>Medication Administration</b> by licensed Nurses
<b>Nutritious Meals</b> including Breakfast, Hot Lunch, Snacks, and continuous encouragement of liquids
<b>Bathing/Showers</b> are available and personal care is provided
<b>Caregiver Support</b> , Information, and Education are readily available
<b>Escorted Transportation, door to door</b> , is provided to and from the Center
<b>Assistance</b> in Coordinating and Planning client's long term care needs is available
<b>Opportunities</b> for daily face to face individual consultations, information and referral, support and assistance
<b>Currently reimbursed \$70.92 per day</b>

Thank you for the opportunity to provide this testimony. Please contact the CAADS if we can be of any further assistance to the Committee.

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**View our video** about how wonderful a day can be at a certified adult day center.  
Go to [www.leadingagect.org](http://www.leadingagect.org) and click on **Adult Day Services**