In the CDCs Morbidity and Mortality Weekly Report of August 17, 2001 / Vol. 50 /No. RR-14 entitled "Recommendations for Using Fluoride to Prevent and Control Dental Caries in the United States", it states on page 4:

"The prevalence of dental caries in a population is not inversely related to the concentration of fluoride enamel, and a higher concentration of enamel fluoride is not necessarily efficacious in preventing dental caries.

The laboratory and epidemiologic research that has led to the better understanding of how fluoride prevents dental caries indicates that fluoride's predominent effect is posteruptive (after the tooth comes into the mouth) and topical (on the surface of the tooth) and that the effect depends on fluoride being in the right amount in the right place at the right time. Fluoride works primarily after the teeth have erupted (after the teeth come into the mouth)."

So, the question is: If fluoride works after the tooth comes into the mouth and only on the surface of the tooth, why does anyone have to drink it?

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