

March 4th, 2016

**S.B. 378 (Raised) An Act Concerning the Recommendation of the High School Graduation Requirements Task Force.**

Dear Members of the Education Committee:

As a Health teacher I am concerned about the potential impact of S.B. 378, which calls for the elimination of .5 health education credit from the state graduation requirement. I am writing to urge you to vote "NO" on this bill (or reject this bill).

The proposed bill with negatively impact quality Health Education in Connecticut and the well-being of our younger generations in the following ways:

- I. Loss of Title IV funding. Removal of the credit will negate the new ESSA law in which health just became recognized as a critical component to a student's "well rounded" education with the availability of funding opportunities.
- II. Without a required comprehensive quality Health Education requirement, student behaviors such as smoking, heavy drinking, school misbehavior, drugs and violence will become more prevalent in our state.
- III. Loss of support under the The Affordable Care Act in Health Education that teaches students to self-advocate and make healthy choices.

If we want to build a healthier Connecticut we must celebrate the recognition of health under ESSA as a critical component of a student's education instead of eliminating it. Research has shown that quality health and physical education instruction improves student attendance, test scores, participation, motivation to learn and reduces discipline referrals. Evidence also shows that effective school health education provide students with a foundation for a lifetime of health, wellness and character development.

I urge you to make a firm commitment on the health of our future generations and vote "NO" on S.B 378. Your continued support of quality health education along with health education credit as a requirement for graduation will set the standard for promoting healthier schools and Connecticut.

Thank you for your time and service as a member of the education committee for Connecticut.

Sincerely,

Rachel Marazzi  
Health Educator  
Fairfield, CT