

Michael Tiscia
In reference to:

Raised Bill No. 5467

PASS REFLECTION

During this semester and throughout my time at Southern Connecticut State University, I have never been more excited to go into a school than I was when me and four other classmates went into Dunbar Hill School and got to implement the Physically Active School System program.

We were all divided up into different classrooms and because my hopes and aspirations for teaching are aimed at secondary, I chose the closest thing they had and it was a 6th grade classroom. The teacher, Mrs. Chudoba was very inviting and extremely helpful throughout the days I attended Dunbar.

I brought her numerous lesson plans and talked with her throughout about how she could implement these plans, even when I'm not there. Also, I wanted to aim a lot at content rich areas, I spoke to her in depth about what topics they were learning and how I could possibly put a physical activity to it.

Two of the best plans I worked out involved spelling and math. For spelling, I had Mrs. Chudoba give me her spelling list that she was working on for homework with the class and the activity had them in teams and had a "Hangman" type of set up to it with the students constantly coming to the board and filling in letters. For math, I had a few addition, subtraction, division and even algebraic equations involved. The students were in groups and for each question, once they solved it; they had to do a certain amount of movements based on the answer and equation. For example, if the problem was ADDITION, the students had to do jumping jacks to the answer ($4 + 4 = 8$ jumping jacks).

Along with content rich material, I did several brain breaks and fun games and the response I got were fantastic. Mrs. Chudoba told me the kids asked every day if I was coming into the class and that alone was the best compliment I could ever receive as an aspiring teacher.

I had a great time at Dunbar Hill and all the experiences I had I will certainly take with me going forward as I attempt to become the best Physical Educator I can be.