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House Bill 5915: An Act Concerning the Practice of Classical Homeopathy

Dear Senator Gerratana and Representative Ritter and members of the Public Health Committee:

I'm writing in support of the bill, thank you for your time to read this letter! My family and I only recently moved back to West Suffield, CT this summer, after spending four years in Cork, Ireland while my husband was on work assignment. During that time, I became quite familiar with taking my young children to see a licensed homeopath - to help with respiratory ailments, growing pains, emotional & behavioral changes, and even myself for migraines and seasonal allergies. Homeopathy is a more personable & affordable form of health care there, and many people utilize it over public socialized medicine. Seeing a homeopath there was such a different experience from seeing a traditional GP or Pediatrician here - small office/ practice, longer case-taking time (hours taken to garner our individual histories and present conditions), and thoroughly individual recommendations regarding our treatment (we could all come in with the same symptoms and yet be given different remedies tailored to us). I no longer felt rushed to describe our symptoms, harried waiting for hours for a scheduled appointment (as with our GP in the States), and the homeopath was quite open to looking beyond specific current symptoms to see how they corresponded with previous symptoms and health history to track patterns. And when we took the remedies, they not only cleared the symptoms, but we were less likely to exhibit them again, supporting our vital force and creating healthier bodies.

It was quite a shock upon returning to the States to find that there were no homeopaths for us to visit nearby. We would have to travel on average of 45 minutes up to Massachusetts, not the easiest thing to do with sick children. I believe that we do need national board certification for classically-trained homeopaths, and that this might help to increase awareness of the practice of homeopathy as a form of medicine that the general public can safely put its trust in here in Connecticut.

Best regards,

Holly Milton-Benoit