

Good morning Senator Gerratana and Representative Ritter and members of the Public Health Committee.

My name is Amy Steward and I reside in Winsted, CT.

I am writing to testify on House Bill 5915: An Act Concerning the Practice of Classical Homeopathy. I'm asking for your support of Proposed Bill #5915 - An Act Concerning the Practice of Homeopathy. I am supporting this law because I want to see more access to homeopathy in Connecticut. I am currently using a certified classical homeopath to help treat my son, 3, who is on the spectrum for autism disorder. Being that we live in CT, we have to travel to MA in order to meet with our homeopath. It would be a lot more convenient if we were able to obtain similar treatment in our home state.

My son was diagnosed with autism almost a year ago, and out of all of the treatments we have tried and continue to use, (occupational therapy, speech therapy, etc...) I have found homeopathy to be the most effective. After 8+ months of various therapies and treatments, my son had made very little progress. He was very anti-social, did not maintain eye contact with most people, and was terrified to be away from me. After just one week of using the homeopathic remedy prescribed by our certified classical homeopath in MA, I saw astounding changes. Within days I also began getting reports from his occupational therapists, (he has one at a medical center and one at school), his speech therapist and his pre-school teachers about the drastic changes. They reported that he was making and maintaining eye contact, socializing with the other children, following directions and doing a variety of things they had never seen him do before.

We have a nightly routine of sitting at the table and working on his motor skills. Within a week of taking the remedy, he mastered every single one. Here are some examples:

- He wasn't able to put coins into a piggy bank. He kept trying to put them in flat instead of sideways. He has no problem with this now.
- He couldn't thread a shoelace through a ring. He has no problem with this now.
- He couldn't thread a pipe cleaner or shoe lace through blocks with holes in them. He has no problem with this now.
- He couldn't or wouldn't write numbers free hand, he would only trace. Now he writes the numbers and some letters.
- He couldn't snap together our lego train (it takes some force) but suddenly he could.

He also taught himself to do somersaults, began giving hugs to kids at preschool, saying hello to random people at the store and an increase in overall language. Most of the stimming behavior has disappeared as well. When I drop him off at pre-school, rather than clinging to me and crying when I leave, he runs off to play without a second thought.

Again, I want to stress the fact that after almost a year of treatments with no results, all of these results came within a week of treatment from a certified classical homeopath. I make this request not just for myself but for the children all over CT.

Respectfully,
Amy Steward - Feb. 19, 2015

