

David M. Harvey
VP The Windsor Recovery Club
860-306-7450

As current Vice President and past Treasurer of the Recovery Club from 2000 thru 2010, I can speak first hand on how much the mini grants from RCAC have benefited people in Recovery. I was the fiduciary for almost 20 grants, each of which supported hundreds of individuals struggling with drug and alcohol addictions and mental health problems. As a non-profit organization, the Recovery Club has depended on these funds in its' efforts to assist these individuals. To lose these funds would be detrimental to all concerned who have benefited from our efforts. And we are not the only ones who will suffer, as there are many other organizations similar to ours, who depend on RCAC/NCRMHB for financial help to fund projects that benefit those who suffer from this disease. If organizations like ours cannot continue to get the help we have depended on, the burden of responsibility and cost will fall back to the state.

Respectfully,

David M. Harvey
VP The Windsor Recovery Club
860-306-7450

March 2, 2015

Dear CT Legislators,

The Windsor Recovery Club has relied on grants offered from the RCAC / NCRMHB to support our organization since the grants were initiated. We are not DMAS funded and look forward to these grants to keep our organization current and to assist those struggling with alcohol and drug abuse which many members which have mental issues.

To cut out these funds for grants would be detrimental to our organization and many organizations like ours. Please consider this carefully as the complete burden for cutting these funds will eventually fall back into the hands of the state when organizations like ours cannot continue to operate without help from outside agencies.

Thank you,

William Emmons
The Windsor Recovery Club
(860)687-1817

To Whom it may concern,

Hello my name is Antonio Camacho, this letter is on my behalf so that others become aware that mental health services really are needed in many lives. I had a suicide attempt which caused me to remain with a scar of 33 stiches on my wrist, because I didn't trust anyone; today I have put my blessings on changes to feel pride. I have come a long way out of my bad side. I suffer from bipolar 2 disorder and ADHD as of age 13 I have had many struggles and continue to have them daily. Though being around the mental health services and becoming aware of my personality life has change for a brighter sacrifice, a new beginning. Being part of CAC 23 in Hartford has given me the desire to have different opportunities, I have learned that I am not alone in need of mental health services. That it is ok to have a diagnosis and take medication on daily basis, to talk to someone when things become confusing, that is ok to take the time out to get things in order.

Antonio Camacho
Hartford, CT

To: The Legislators of the State of Connecticut

2/26/2015

From: Regional Mental Health Board Clients at We Can in Manchester.

RE: Looming Budget Cuts to our Mental Health Boards.

Dear Members of the CT State Legislators:

We the undersigned represent just a few of the Hundreds of Members of the DMHAS clients who have benefitted from the Grants and Programs administered by the States Regional Mental Health Boards (RMHB).

Over the past fifteen years, The We Can Clubhouse in Manchester, has made great strides in the quality of life for their clients due in most part to the Regional Consumer Advisory Council Mini-grant program monitored by the North Central Regional Mental Health Board.

From New Computers to Sewing Machines and Abstract Art to Electronics and Needlepoint; Many of the Clients have benefitted from the Mini-Grant Program. Most of the abstract art was on display at the Legislative Office Building.

Take a client who has been mostly catatonic, who has blossomed into an animated tireless client when it comes to their newfound love for sewing and making their own clothes.

Another example is a mostly withdrawn client who learns how to communicate with her son in submarine service under the polar ice cap via e-mail. The Mini Grants make a difference. Please do not remove our Regional Mental Health Boards. Thank you for your hard work and consideration.

Respectfully Yours; The Undersigned Members of The We Can Clubhouse:

WLPB

Tom Inigo
Hagood Price
Scott Douglas

Rita D. Madean

John M. Matt
Dana Graveline
Pamela Acosta

Patt McNally
Mauri Coyle

E. Dewhurst
William Z. Zanello
Beth A. [unclear]

Madonna Kennedy
Andrea [unclear]
Katharine Stanley
Mike [unclear]
Evelyn [unclear]

Deborah A. Pappert
Jennifer [unclear]
[unclear]
Holly Benjamin

Edward McClemon

Kathy Miller

Winston Price

ROBERT J BENIGALI
Joseph Swick