

Testimony for the Appropriations Committee on the Governor's Proposed Biennial Budget

March 6, 2015

RE: Funding for Regional Mental Health Boards

Distinguished members of the Appropriations committee:

I am writing today as a long standing member of the Catchment Area Council through the Southwest Regional Mental Health Board.

This is not a paid position and I feel it is an honor and a privilege to serve. The Council oversees the mental health services throughout Fairfield County and the State. As a volunteer, I also am a consumer of mental health services and this position helps me to improve the services offered to others who are either currently in the system or are seeking help for the first time.

I cannot impress enough the value of the Board and I hope you will take into consideration all of the people who are testifying this evening.

If we were to lose the Regional Mental Health Boards, the mental health system would lose a major resource to the communities throughout the state.

Please consider continuing funding the Board(s).

Thank you for taking the time to read this,

I remain yours sincerely,

Elizabeth McDermott
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