



Helping the Children and Families of Darien, New Canaan, Norwalk, Weston, Westport, and Wilton since 1956.

March 2nd, 2015

This letter is to support our local South West Regional Mental Health Board (SWRMHB). They have worked extremely hard in our community and losing this board would be devastating for the community. The RMHB has been very active and it's a place where different agencies have come together to work on advocacy, assessment of programs, and education to the community. The community benefited from the accomplishments through the SWRMHB. At the legislative forum where 13 legislators attended, providers as well as consumers were able to advocate for services that are much needed in the community. The RMHB has organized successful wellness activities where members from the community have participated and where information about health was disseminated. We are currently in the process of planning a suicide prevention training in Spanish, as the suicide rate is higher in the Latino population in CT. We need to keep SWRMHB present in our community as it represents the needs of the mental health community, reaching across groups to work on advocacy initiatives and it's reaching out to the growing Latino community.

Respectfully,

Yohanna Cifuentes, PhD, LCSW