

Testimony of Jane Doe – Proposed House Bill 6267  
An Act to Create a Task Force to Study the Department of Health's Involvement in the  
Family Court System

Good Morning, I am here in strong support of Proposed House Bill 6267 an Act to Create a Task Force to Study the Department of Health's Involvement in the Family Court System. There are doctors in Connecticut acting unethically when they become hired guns for one party in a divorce. I experienced this firsthand when I served my former husband in 2011. At the time I had a child with an undiagnosed spectrum disorder. Dr. Eric Nicholson, a psychiatrist in Norwalk, charged our family approximately \$1500 a week at \$385/hr making \$38,000 in less than a year only \$7,000 covered by insurance. As my ex-husband's hired gun he proceeded to get into issues which had nothing to do with my child's treatment. In the Spring of 2012 a CT superior court judge conferred authority outside the court to Nicholson who had never served in such a capacity. For the record I would like to state that I had never had any mental health issues or any other issues. Our superior court judges need to take into account a parent's mental health history such as mine which was non-existent and to understand that a parent with money and/or connections will and do mislead the Court in order to gain control of the children to hurt the parent who is divorcing them using the children as pawns to do so. Attorney John Mager the President of the Milford Bar strategically used Nicholson to do exactly that on behalf of my former husband. Dr. Nicholson implied to the Court that I had mental health issues and emailed the guardian ad litem that I had borderline personality disorder. I had begun to see a therapist and psychiatrist given the issues I was facing with the divorce and custody battle. My own therapist and psychiatrist said I was not borderline and that there was something wrong with Nicholson's treatment in this case. When the judge conferred authority to Nicholson I was ordered out of my home where I had been the primary caregiver of my then 6 and 8 year old children. I was placed on supervised visitation seeing my children only 2 hours a week for 16 months missing numerous holidays and special occasions including my daughter's First Communion which Nicholson would not allow me to attend. He had an inexperienced young girl who had worked at a kid's camp supervising the visits. He ordered me in 2012 to attend a therapy class at a renowned hospital. In order to get my children back I did as he said even though my own care providers said there was no need for me to do so. In October of 2012 my psychiatrist and the therapist from the renowned hospital both took the stand on my behalf. Nicholson proceeded to demand I see two additional psychologists. In the end a psychiatrist, three psychologists and two therapists were all in disagreement with Nicholson four of whom he himself referred to. This was key in how I was able to get my children back and is notable in that doctors don't typically want to go against a fellow doctor especially one their receiving referrals from but luckily for me when Nicholson was diagnosis shopping trying to find a doctor to agree with his bogus diagnosis he referred me to honest and ethical care providers who did the right thing rather than retain a referral relationship with him.

In November of 2013 I filed a complaint with the Department of Health due to Nicholson's misconduct and mental abuse on behalf of my children and I. The Department of Justice is currently looking into this matter. My constitutional right to parent was taken away for 16 months when Nicholson miss-led the Court yet I had never done anything harmful to my children and there was never anything wrong with me to justify supervised visitation. I have always had joint custody and there are TWO reports in my case which were done by

the Family Services Division both of which are in my favor. Nicholson was never my doctor and was paid by my ex-husband. This man should lose his license to practice medicine. There are 16 MONTHS of notes sitting over at the Department of Health for over a year now awaiting an outside psychiatrist to review them free of charge. Doctors do not want to write bad reviews on fellow doctors and be blackballed and what if a "friend" of Nicholson is assigned to investigate this matter. I welcome the members of this committee to read those notes and I ask fellow parents to imagine for a moment that you are denied your children and subjected to being written up every week for over a year for things in the nature of giving your child a \$6 memento for passing a boating test, getting up and down a lot waiting on your children during dinner, letting your child who is into technology do a load of towels in the washing machine to see how it worked, being told you were asking your older child to be the parent when you asked him to play music for a younger sibling who didn't know how to use the sound system and needed to practice for a recital, waving to a child on the stage at a recital and being told not to hug your children after being denied seeing them for two months for attending a recital and a sailing class and that you should let them come to you before hugging them which was heart wrenching given the fact one of my children's diagnosis makes it difficult for him to display affection so for me as his mother not to give him a hug was cruel. There are 16 months of notes and these are the types of things they contained week after week. It was mental abuse and I had doctors tell me they didn't think they could have gone through what I went through at the hands of Nicholson. Two psychologists Nicholson referred to read these notes and could not believe what they were reading. I was told there was not one thing in the notes to justify supervision. I've had the Dr. Phil show contact me twice with regard to this experience but chose to protect my children's privacy which is also why I am testifying today as Jane Doe.

In June of 2013, Nicholson took the stand after all four professionals he referred to went against him and continued to say I should be on supervised visitation. When my attorney asked him to justify his position he stated that I had told the children not to let the cat in and they let it in and I didn't make them put the cat out. My attorney asked him if my children were in grave danger from the cat. Luckily the judge in my case realized that she had conferred authority to a ludicrous quack. A man who has no children of his own, appears uncomfortable in his own skin and in my opinion is most likely a social mis-fit yet he is harming the sound minds of good parents such as myself but most importantly children who are brought to him under the false belief that he will help them. Dr. Nicholson is incapable of helping anyone when the very doctors he referred to describe him as obsessive compulsive, cruel, inhumane, something "wrong" with him, issues with women, Hitleresque and IATROGENIC. I had never heard this word until the 30 year forensic psychologist he referred me to described him as such. Iatrogenic means "CAUSING MORE HARM THAN GOOD" and for this reason alone there should be a task force investigating cases such as this so other children won't be subjected to the mental anguish and unethical behavior of a doctor like Nicholson who continues to see children alone behind two closed doors, unethically manipulates judges and keeps conflict going as he collects his money. Doctors in this state are not being held accountable and if there are other doctors stating that there is something wrong with a doctor and that he has caused harm it shouldn't take 15 months for that doctor to be suspended or in this case stripped of his ability to practice medicine. Thank you.