

Testimony of Manny F R HB-7050

**IN SUPPORT OF HB 7050, AN ACT CONCERNING THE JUVENILE JUSTICE
SYSTEM**

Joint Committee on Judiciary

March 30, 2015

Submitted by Manny F.

Dear Representative Tong, Senator Coleman, and Distinguished Members of the Committee on Children: I submit this testimony in support of Section 4 of HB 7050.

I think that being shackled is inhumane. I think shackles should be banned in all countries. It made me feel like a slave or like an animal. Shackles hurt my legs and when people are at court in the holding cells with their lunch, they have to eat with their shackles on. It's nearly impossible. It hurts your arms and legs. I also feel that as long as someone has regular cuffs on, they can't run as fast, and when they fall they can't help themselves up. Shackles made me feel humiliated and feel like a loser. When I was shackled I felt ashamed of myself, because I felt like I was a criminal, and I'm not.

It made my Mom cry and that's what made me feel even worse. When I was wearing those shackles, it hurt me not just physically, but also mentally. Shackles are traumatizing and also painful to most individuals. So as you can see shackles should be banned from all States and Countries. Shackling youth is inhumane, harmful, traumatizing and not relevant. Try eating lunch in shackles, my arms couldn't reach the tray, can't put the straw in milk. Shackles are

unnecessary. As long as the person has on regular handcuffs, the perpetrator is in complete restraint.

Manny F.

Derby

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