



Dear Children's Committee:

On behalf of the 1,000 plus children the Southington-Cheshire Community YMCAs serve each day through our pre-school child care and school age child care programs as well as on behalf of the future children in our child care programs, I urge that you move forward SB 48: An Act Concerning Nutrition Standards for Child Care Settings

We whole heartedly support the measures in the bill which would certainly validate our work in raising healthy children. In fact our association is already on board with HEPA standards (Healthy Eating and Physical Activity) for our pre-school and school age programs

It's alarming and frankly very scary that 1 in 8 pre-school children are already obese and those startling statistics translate into more obese adults down the road. While we can go on and on about these statistics; passage of SB 48 will go a long ways to help educate our communities and our families. I'm sure no one want to bring their child down and unhealthy path. But in many instances, the public is simply not aware of the nutritional damage we are inadvertently placing on our young children.

When I heard children of today have a life expectancy less than ours, I was personally taken back. In my mind, it's totally unacceptable and we must do whatever we can to reverse this trend. Bills like SB 48 will help.

I'd welcome a call if you'd like to know more about our success on placing our young children on a healthy path.

Thanks in advance for your strong consideration of moving SB 48 forward.

Sincerely;

John Myers
Executive director
Southington-Cheshire Community YMCAs