

March 3, 2014

Senator Terry B. Gerratana, Co-Chair
Public Health Committee

Representative Susan Johnson, Co-Chair
Public Health Committee

Good morning Senator Gerratana and Representative Johnson and Members of the Public Health Committee.

My name is Cathy Bokoff from Norwich, Connecticut.

I support Raised Bill 5327: An Act Concerning Health Freedom and the Practice of Classical Homeopathy that would expand access to nationally certified homeopaths in Connecticut.

Homeopathy has been making all the difference in my personal health for close to 20 years. Prior to this route, I suffered from recurring and debilitating sinus infections. As a last desperate measure before undergoing extensive and ongoing shots for allergy desensitization, I tried the homeopathic approach with a wonderful practitioner. Not only have I never again experienced an intense sinus infection, but my entire approach to health has changed dramatically.

Today, as a 56-year-old, I take no regular medication yet feel fully supported through exercise, nutrition, vitamin supplements and homeopathic remedies. I do seek traditional medical input when necessary. However, the knowledge and coordination of my successful approach to health is due primarily to this same highly qualified homeopathic practitioner. Significantly, because of my tremendous confidence in this practitioner, I travel almost an hour to attain this specialized care.

There are some who dispense “homeopathic” information but whose training is not of the level that my chosen practitioner has achieved. I am always reluctant to follow such advice, just as I would be reluctant to follow the advice of an unqualified traditional medical doctor.

I do believe, therefore, that homeopaths who have achieved the highest level of homeopathic education and training through national certification should be recognized and allowed to practice homeopathy in Connecticut.

Thank you for introducing and supporting HB 5327: An Act Concerning Health Freedom and the Practice of Classical Homeopathy.

Sincerely,

Cathy G. Bokoff

