

LIVE TESTIMONY
To the Public Health Committee
Regarding Raised Bill 5327:
An Act Concerning Health Freedom and the Practice of Classical Homeopathy

Good morning Senator Gerratana, Representative Johnson and members of the Public

My name is Joy Pacitto and I represent Homeopathy for CT. I live in Rocky Hill, CT.

I am a board certified classical homeopath. I am here to testify in favor of Raised Bill #5327.

As a classical homeopath I must go out of state to practice. I would very much like to offer my services locally to the residents of my community in CT.

I would like to tell you about several instances in which homeopathic care has been successful in my experience- both personally and professionally.

Years ago, before I understood the true value of this wonderful and gentle system of holistic health care, I had an experience with environmental allergies. I was picking lilacs one Spring day. Shortly afterward I developed an intense rash on the inner portion of both arms. One week later the rash was much worse. I had tried all the usual drugstore solutions. I had developed painful, weeping lesions that were intolerably itchy. Anyone who has had poison ivy, sumac or other allergies will identify with the intense discomfort. Finally I saw my physician who prescribed antibiotics and steroids. After 2 weeks the eruptions started to settle. It took almost 1 year for the scars to disappear.

Years later, after working with my personal homeopath, I learned how to use the remedy that was suitable for me in an allergic situation. Last summer, after house

shopping with a family member, I unknowingly spent time in a garage that was moldy. Within several minutes allergic symptoms began-itching, sneezing, watery eyes and my face was red.

I took the homeopathic remedy that I had with me and within ½ hour all the symptoms had resolved. This was a much easier solution to my allergic symptoms than before. This is the value and power of homeopathic care.

In another instance client of mine asked for help with insomnia. She is a PH. D candidate and manages her diet and exercise very well. She simply could not sleep.

I listened carefully to her description of her symptoms and recommended a remedy.

After 2 days she called to say she was sleeping normally and she was pleased.

Finally, both my son and daughter [twins] were brought up with homeopathic remedies whenever the need presented. I did not actually realize the cumulative value of this until they made their college applications. The school required a medical check-up prior to admittance. I then realized that over the years we did not often have the need to see our pediatrician except for well visits.

Homeopathy does not replace medical care. However, along with good diet and good sleep homeopathy can be a wonderful healthcare ally.

Thank you,

Joy Pacitto

March 5, 2014