

Had I been able to attend, I would have spoken to these points:

As longevity increases we who are going through the final stages have often already seen the inside of hospitals many times and been subjected to many unpleasant and demeaning procedures. Life at all cost is contrary to what we want, in many cases.

The laws should be changed to encourage end-of-life care directives be made; to promote understanding of what we need to do when we are healthy, to provide the guidance and documentation to healthcare professionals, and to encourage doctor's to spell out to patients what the options are as to withdrawing life support. The laws should also be changed to allow loved ones to administer life ending medication, or to assist the person wishing to terminate life to administer his or her own medication.

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