

March 14, 2013

To: Public Health Committee

My plea is in asking you to support HB6519, An Act Concerning Labeling of Genetically Engineered Foods, and HB6527, An Act Concerning Labeling of Genetically Engineered Baby Food.

I, and my family, choose to eat healthy food, which means food that has not been genetically altered. It takes a great deal of effort to eat this way because it is necessary to avoid products known to contain GMO's, read ingredient lists on everything that is not organic and when in doubt e-mailing or telephoning the companies to ask about the products in question. Sometimes it is the smallest ingredient that is a GMO. At one time eating was simple because a kernel of corn was just a kernel of corn. Not any more.

The citizens of Connecticut deserve to have a choice, full disclosure, for the food produce and products they buy and then eat. I strongly urge you to support the above two Bills to require labeling of Genetically Engineered Foods. To our better health, I thank you.

Respectfully,

Mary Ross