

Hello,

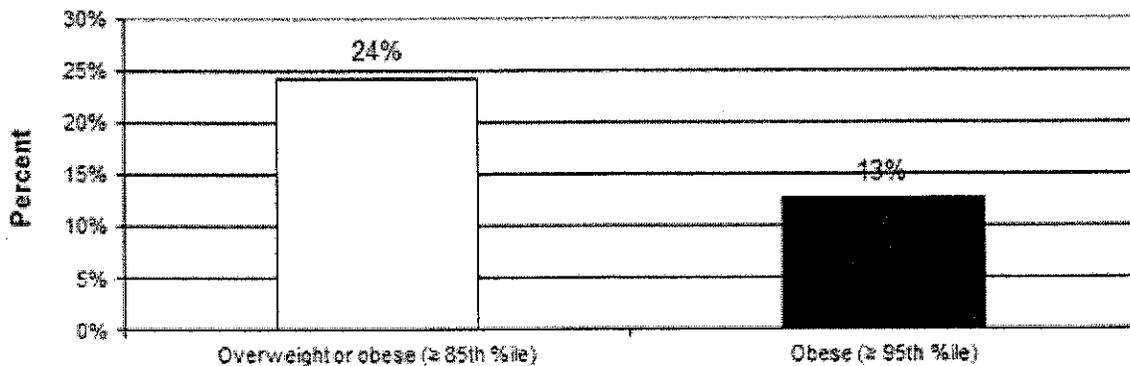
I am a school nurse at a CREC Magnet School in Hartford currently serving children aged 3-7. At present, we have 214 students. Recent body mass index (BMI) assessments of our students have shown that 24% are overweight or obese (BMI > 85<sup>th</sup> percentile) and 13% are obese (BMI > 95<sup>th</sup> percentile). It is concerning to me that such a large percentage of young students falls into these parameters. I am very supportive of the formation of a task force to determine opportunities to address this concern and improve the health and quality of life of our youngest generations.

### Summary of Children's BMI-for-Age

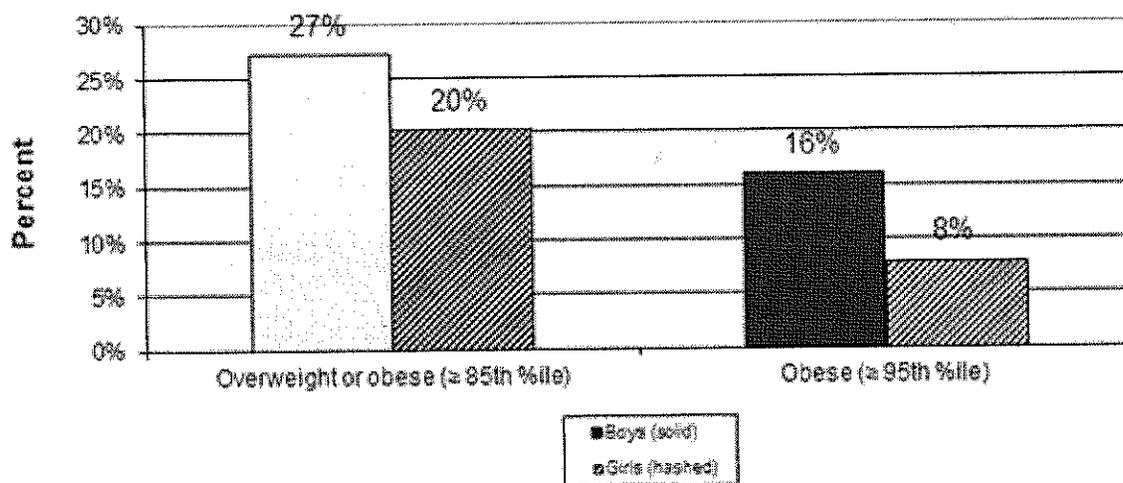
	Boys	Girls	Total
Number of children assessed:	125	89	214
Underweight (< 5th %ile)	7%	3%	6%
Normal BMI (5th - 85th %ile)	66%	76%	70%
Overweight or obese ( $\geq$ 85th %ile)*	27%	20%	24%
<i>Obese (<math>\geq</math> 95th %ile)</i>	16%	8%	13%

\*Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. Pediatrics. 2007;120 (suppl 4):s164-92.

### Prevalence of Overweight and Obesity



Prevalence of Overweight and Obesity, by Sex



Meghan Wishneski RN BSN CPEN  
School Nurse & Safety Coordinator

CREC Discovery Academy  
417 Franklin Avenue  
Hartford, CT 06114

P 860.296.2090 ext 2902  
F 860.296.2087  
[mwishneski@crec.org](mailto:mwishneski@crec.org)

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