Testimony of Dr. Ann Aresco licensed Naturopathic Physician

In support of HB 5734

Feb 20th, 2013

Senator Gerratana, Representative Johnson and members of the committee:

Re: States currently licensed and prescribing pharmaceuticals

As Naturopathic Physicians we are trained to practice and prescribe always focusing on patient safety. Do No Harm remains an important part of our Oath. In the United States there are currently 5 medical schools, one right here in Connecticut, that teaches Naturopathic Medicine. Graduating students who take the National Board exam are eligible to be licensed to practice. The individual states currently have laws that determine what the scope of practice will be for the ND's in the specific state.

Currently in the state of Connecticut we have a very antiquated law and are not able to prescribe pharmaceuticals in accordance with the full scope of practice for which we are trained. We are here today to request an update to this law.

As the process of getting these laws in each state does require many of the same investigation for safety, education, regulation, cost benefit etc., we would share with you today those states that have already completed the process which has lead to the ND's in those states practicing more closely to the education we have received.

Currently, 16 states, the District of Columbia, the United States territories of Puerto Rico and the United States Virgin Islands have licensing laws for naturopathic doctors.

Our fellow New England NDs have licenses and pharmaceutical prescription rights in Vermont, New Hampshire and Maine.

Excluding Connecticut, every state that currently has a Naturopathic Medical school has laws allowing NDs to prescribe pharmaceuticals: Arizona, Oregon, Washington State and California.

Besides those listed above, other states where ND's can prescribe pharmaceuticals to different scopes depending on the state include: District of Columbia, Hawaii, Kansas, Montana, Idaho and Utah.

The American Association of Naturopathic Physicians reports that at least 11 additional states will seek licensure of ND's in 2013 including New York, Massachusetts, Pennsylvania, Maryland, Virginia, West Virginia, Florida, Colorado, Illinois, and Arkansas.

I have attached a chart that includes more details of the states with scopes of practice that include pharmaceutical prescription rights and where the statues can be found online.

Thank you for your time and attention.

I hope that you will support the patients of Connecticut by supporting our request for a scope change via HB 5734.

Sincerely,

Ann Aresco, ND Kensington, CT

Naturopathic Physician Scope of Practice 2012

State	Controlled Substances	Other Prescription Drugs	Non-Prescription Drugs	IV/IM	Additional Training for IV/IM?	Childbirth	Use of diagnostic imaging tests	Minor Office Procedures	Links to Statutes and Regulations
Alaska	No	No	Yes	No	N/A	No	Not explicitly stated	Yes, limited to removal of foreign objects from external tissue	Statute and Regs: http://www.commerce.state.ak.us/occ/pub/Naturop
Arizona	Yes, per formulary	Yes	Yes	Yes	None	Yes	Yes	Yes	Regs: http://www.npbomex.az.gov/pdf/Rules.pdf Statute: http://www.npbomex.az.gov/laws.asp
California	Yes, with MD supervision , per formulary	Yes, with MD supervision	Yes	Yes	Requires licensee is "clinically competent" (see pg. 12 of reg)	Yes, with certification	Yes	Yes	Regs: http://www.leginfo.ca.gov/cgi-bin/calawquery?codesection=bpc&codebody=&hit Statute: http://www.naturopathic.ca.gov/laws/index
Connecticut	No	No	Only oral, non-narcotic, non-prescription substances	No	N/A	No	Yes	No	Statute: http://www.cga.ct.gov/2009/pub/chap373.h
District of Columbia	Yes, if natural medicine and appropriate route of administrati	Yes, if natural medicine and appropriate route of administra	Yes	No	N/A	Yes, if additional testing and collaboration requireme	Yes, but no authority to order tests	Yes	Statute: http://www.dccouncil.washington.dc.us/dc 3-1206.21, 22 Regs: http://hpla.doh.dc.gov/hpla/frames.asp?doc=/hpla/li sician/naturopathicmedicine.pdf

	on	tion				nts met			
Hawaii	No	Limited to Naturopathic formulary including "legend" drugs and hormones	Yes	Yes	Need 30 hours of CE in parenteral therapy in applicable naturopathic formulary substances	No	Yes	Yes	Statute: http://www.capitol.hawaii.gov/hrscurrent/V 0474/HRS0455/HRS_0455-.htm HB 420 (veto override on 7/15/09, most sections ef http://www.capitol.hawaii.gov/session2009/bills/SI
Kansas	No	Limited to naturopathic formulary	Yes	Yes	Written protocol entered into with a physician required for IV and IM	No	Yes	Yes	Regs and Statute: http://www.ksbha.org/statutes/bo
Maine	No	Limited to homeopathic remedies, vitamins and minerals, hormones, local anesthesia and immunizations, as designated by board rule. 12 month collaborative practice with MD	Yes	Yes, IM permitted, IV permitted for rehydration only	One year collaboration with MD or DO required for ND's to obtain prescribing rights	No	Yes, may order, but must refer to appropriate licensed health care professional for conducting and interpreting the tests.	Yes	Regs: http://www.maine.gov/sos/cec/rules/02/chap complementary health care providers) Statute: http://www.mainelegislature.org/legis/statutes/32/ti

		required prior to obtaining independent prescribing rights. Formulary: http://www.maine.gov/sos/cec/rules/02/502/502c006.doc							
Minnesota	No	No	Yes	Not explicitly permitted, awaiting regs	N/A	No	Can refer patient to an appropriately licensed health care professional to conduct the test and interpret the results	Yes	Statute: https://www.revisor.leg.state.mn.us/statutes Regs: In progress
Montana	No	food extracts, vitamins, minerals, enzymes, whole gland thyroid, botanical medicines, homeopathic	Yes	Yes	None	Yes, with certification	Yes	Yes	Regs: http://www.mtrules.org/gateway/ruleno.asp?] Statute: http://data.opi.state.mt.us/bills/mca/37/26/3

		preparations, and oxytocin (pitocin); topical drugs; barrier devices for contraception; and drugs on the board-established natural substance formulary list http://mt.gov/DLI/BSD/license/bsd_boards/ahc_board/pdf/formulary.pdf							
New Hampshire	No	Limited to naturopathic formulary: http://www.nh.gov/pharmacy/naturo-form.pdf	Yes	Yes	None	Yes, with certification	Yes	Yes	Regs: http://www.gencourt.state.nh.us/rules/nat100 Statute: http://www.gencourt.state.nh.us/rsa/html/x
Oregon	Yes, per formulary:	Limited to naturopath	Yes	Yes	Yes, Board approved	Yes, with certificate	Yes	Yes	Regs: http://www.oregon.gov/OBNE/rules/OAR85 Statute: http://www.oregon.gov/OBNE/rules/ORS6

	http://www.oregon.gov/OBNE/rules/850-060-0226.pdf	ic formulary: http://www.oregon.gov/OBNE/rules/850-060-0226.pdf			CE or equivalent required (see pg. 14 of reg)				
North Dakota	No	No	Yes	No	N/A	No	Yes	No	
Utah	No	Limited to naturopathic formulary	Yes	Limited IM permitted	None	Yes, if compliant with standards of ACNO and entered into agreement with MD/DO	Yes	Yes	Regs: http://www.dopl.utah.gov/laws/R156-71.pdf Statute: http://www.dopl.utah.gov/laws/58-71.pdf
Vermont	Yes, per formulary: http://healthvermont.gov/regs/naturopath_rules.pdf	Limited to naturopathic formulary: http://healthvermont.gov/regs/naturopath_rules.pdf	Yes	Yes	Naturopathic formulary examination required, 2 hours of CE required biennially	Yes, with endorsement	Yes	Limited to episiotomy and perineal repair associated with childbirth	Regs: http://www.vtprofessionals.org/opr1/naturopaths/ru Statute: http://www.leg.state.vt.us/statutes/fullchapter.cfm?'
Washington	Yes, limited to codeine and testosterone products that are contained in	Yes, per formulary. Includes all legend drugs with the exception	Yes	Yes	Attestation of 16 hours of training required, see WAC 246-836-220	No	Yes, radiography	Yes	Regs: http://apps.leg.wa.gov/WAC/default.aspx?cit Statute: http://apps.leg.wa.gov/RCW/default.aspx?c

	Schedules III, IV, and V in chapter 69.50 RCW	of Botulinum toxin and inert substances used for cosmetic purposes.							