

Rich A.

I fully support proposed legislation to ban electric shock "treatment" in Connecticut. But you need to go further, and ban ALL shock "treatment".

I write as one who, years ago while being held as a "patient" at Connecticut Valley Hospital, heard someone repeatedly screaming for eight hours a day every weekday. Upon inquiry, i was informed that this person was being subjected to the "wet sheet pack treatment" (sic). A sheet was put over the person's otherwise naked body and ice water was periodically thrown upon the sheet. I was further informed that if i did not "cooperate"

(institutional jargon meaning submit to whatever indignities and violations that institutional personnel decide to visit upon one) that i could expect to be next. That did not happen probably only because i was fortunate to have a friend who tracked me down and organized outside support.

Please put all of this sordid history behind you and commit to treating EVERY person in the state, institutionalized or otherwise, as the human beings they, and we, all are.

Thank you,

Richa