

**David McCannon**

To Whom It May Concern: My name is David McCannon and I was a chronic mental health patient for 7 years. I have been on many psychiatric drugs and even had ECT and nothing work. ECT has done more harm than good for me. I now realize that ECT has the same effect as performing a lobotomy on the frontal lobes of your brain. If treatments like antidepressants were given on voluntary bases, and these drugs were a last resort, not used as primary treatment, ECT would be banned long ago in my opinion. I support bill HB 5298. Please vote yes for this bill. I am over 2 years free from SSRI Antidepressant drugs, and I no longer struggle with depression and I no longer have a desire to end my life. If I had been given the information I needed about worsening of depression that antidepressants can cause, and I knew sooner that I was not a good candidate for these drugs, ECT would have never been considered. Please stop this insanity.

David

*Perfection is the goal, not the standard! Give it your best and let God do the rest.*

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