

**HB 6592  
15,2013**

**March**

**"Good morning Senator Gerratana and Representative Johnson and members of the Public Health Committee."**

**I am Debra Ivaldi from East Hartford.**

**I am writing to testify on Raised Bill #6592: An Act Concerning Certified Homeopaths.**

**I heavily support allowing Homeopaths who have achieved the highest level of homeopathic education and training through national certification to practice homeopathy in Connecticut.**

**Massachusetts has already allowed practice, but I don't want to travel to Massachusetts for homeopathic help. It is important to me to have access to well-trained homeopaths in Connecticut.**

**This is important to me because the Standard medical doctors have over the years through multiple prescriptions of steroids, antibiotics, and certain pain killers made it impossible for me to have quality of life. When I was diagnosed in 1996 with "chronic cystitis" after multiple regimens of UTI antibiotics, my immune system rebelled and I began getting hives and having a hard time breathing. Because I had nowhere else to turn in the Standard medical field, I desperately called the only phone number in the phone book under Holistic physician and found someone who not only helped me, but guaranteed I'd never have a UTI again. He prescribed Homeopathic remedies along with caring phone follow up, and I have not had a UTI since then.**

**When typical prescription allergy meds made my hair fall out and my skin itchy, I again found that Homeopathy was the answer, but now finding someone was harder in Connecticut because the Holistic physician I had been seeing, moved out of Connecticut.**

**Because someone I knew made a recommendation, I am currently seeing a Naturopath at the other end of Connecticut for managing my compromised liver through nutrition and Homeopathic remedies. This is because of the severe**

**reaction to Crestor which was prescribed by my internist MD for liver inflammation. Crestor caused rising inflammation to my liver and excruciating degenerative inflammation of the muscles in my body.**

**I now have quality of life because of those who practiced Homeopathy, but I had to look high and low to find them in Connecticut. I certainly would have been deceased already if I had continued under the standard MD methods of pain killers, antibiotics, steroids, and statins.**

**For the record, Homeopathic remedies are affordable, safe, and have no side effects in a time when we are hearing of so many FDA drug deaths and my own experiences, I need other healing modalities along with Homeopathy available to me and my family that are reasonably accessible.**

**I was told that there is an antiquated law from 1893 that says only medically trained people can practice homeopathy in CT. But who would even know that there is a homeopathic option of health care with so few homeopaths in CT. People either never hear about this option, stumble accidentally upon it, or must travel to another state to find a homeopath if it might be their only option of health care as in my case.**

**We (those of us who need Homeopathic Care) are proposing to keep the bar high by allowing nationally board certified classical homeopaths (CCHs) to be able to offer their services in CT. The CCH is the highest level of achievement for a professional homeopathy and the credential is recognized worldwide. Knowing that I am working with a trained, board certified homeopath benefits and inspires confidence for me and my family.**

**I am asking the committee members for their support of this bill #6592. It will benefit not only me and you, but everyone in the State of Connecticut at a time when the Health Care System is in crisis and so many need medical help, this type of Health Care.**

**Thank you.**

**Debra Ilvaldi**