

HB6684

**Testimony before the Judiciary Committee
Monday, April 15, 2013
Janet Auster**

On the Necessity of fair intake services for effective caring, vital, noble, honoring services for people with psychiatric disabilities

Dear valuable persons who can have so much ennobling, empowering, impact on our lives,

One of the things I think it would really be great to ask for in an intake meeting would be couples and marriage counseling so that we can improve the quality of our lives by nurturing our relationships so that we do not have to face life alone or in the hospital.

Our therapy has nothing to do and never did with warding off insanity and preventing mass murder or shooting the president, The people who committed those crimes are insane and need rehabilitation and close attention and a constant care and nurturing that therapists can't give them. I am not insane. I am not going to murder the president or innocent families with little children, I am not and my peers are not.

I feel it is an honor and a blessing for me to be in therapy. I feel I am given a chance that most people are never given, to be redeemed, to love myself to stand up for myself assertively to fulfill my destiny and dream.

And now as well as being a person I am a professional writer. My book of poems is coming out May 25. It is called *SIGNING, Book One* and it advocates for a recovery that is lasting and full of reward and joy.

Please realize that the minute we walk in the door of a therapist's office and take our medication we are making a statement that we care about what happens to us and the people we love and that we have a dream. What is your dream?

Janet Auster
April 12, 2013