

March 7, 2013

To Whom it may Concern:

I am writing to ask you to not make cuts to the Healthy Start program. As a registered nurse I took a position in a Healthy Start program approximately 15 years ago and learned what an important and significant program it is for pregnant women. Healthy Start is not only completing an application for Medicaid insurance. Healthy Start is a friendly face when you are scared, is a referral source when you don't know where to go for help, it's a listening ear and sometimes the first person you talk to about your pregnancy, it is the person finding a doctor for you, and it is the person telling you all about how you need to take care of yourself now that you are pregnant. Please do not cut the Healthy Start program. Healthy start ensures that women are receiving prenatal care and are receiving additional services as needed, with the ultimate goal of a healthy mother and healthy newborn at delivery.

Laura Dubreuil R.N.
Family Strides Inc.
350 Main Street
Torrington, CT 06790