

Testimony in opposition to SB 452
Janet Auster
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Senators , congressmen, members of the Judiciary committee, se urge you to vote against senate Bill 452.

When I think of the painstaking efforts I have made to take my medication the way that is beneficial to me and to have it it down to a bear minimum , with my Dr. so that I wont feel sedated or drugged or not be able to be myself at my best, I cringe at the infringement of this proposed bill on the rights of myself and my peers, and urge you to be aware of how far we all have come.

It is because and only because I am taking my medication on a voluntary basis , that I am able to live successfully in subsidized housing, where there still is stigma over medication but where my heart can still beat on and I can still be helped by my care and not hurt.

Although my councellors don't want me to live totally impulsively they are letting me choose my own way in life and with their help I am going to get my book ,that I worked so hard at , published in the fall.

Please consider what's at stake here. We are not criminals we are individuals that need love nourishment and support and brilliant advocacy and the ability to make our own choices and follow our hearts in deciding our own destiny. Please again I urge you to vote no on senate bill 452.