

Appendix E

Content Outline – BOC Entry-Level Exam – *Role Delineation Study, Fifth Edition*

I. Prevention	
A.	Educate the appropriate individual(s) about risks associated with participation and specific activities using effective communication techniques to minimize the risk of injury and illness.
B.	Interpret pre-participation and other relevant screening information in accordance with accepted guidelines to minimize the risk of injury and illness.
C.	Instruct the appropriate individual(s) about standard protective equipment using effective communication techniques to minimize the risk of injury and illness.
D.	Apply appropriate prophylactic/protective measures using commercial products or custom-made devices to minimize the risk of injury and illness.
E.	Identify safety hazards associated with activities, activity areas and equipment by following accepted procedures and guidelines in order to make appropriate recommendations and to minimize the risk of injury and illness.
F.	Maintain clinical and treatment areas by complying with safety and sanitation standards to minimize the risk of injury and illness.
G.	Monitor participants and environmental conditions by following accepted guidelines to promote safe participation.
H.	Facilitate physical conditioning by designing and implementing appropriate programs to minimize the risk of injury and illness.
I.	Facilitate healthy lifestyle behaviors using effective education, communication and interventions to reduce the risk of injury and illness and promote wellness.

II. Clinical Evaluation and Diagnosis	
A.	Obtain a history through observation, interview and/or review of relevant records to assess current or potential injury, illness or condition.
B.	Inspect the involved area(s) visually to assess the injury, illness or health-related condition.
C.	Palpate the involved area(s) using standard techniques to assess the injury, illness or health-related condition.
D.	Perform specific tests in accordance with accepted procedures to assess the injury, illness or health-related condition.
E.	Formulate a clinical impression by interpreting the signs, symptoms and predisposing factors of the injury, illness or condition to determine the appropriate course of action.
F.	Educate the appropriate individual(s) regarding the assessment by communicating information about the current or potential injury, illness or health-related condition to encourage compliance with recommended care.
G.	Share assessment findings with other healthcare professionals using effective means of communication to coordinate appropriate care.
III. Immediate Care	
A.	Employ life-saving techniques through the use of standard emergency procedures in order to reduce morbidity and the incidence of mortality.
B.	Prevent exacerbation of non-life-threatening condition(s) through the use of standard procedures in order to reduce morbidity.
C.	Facilitate the timely transfer of care for conditions beyond the scope of practice of the Athletic Trainer by implementing appropriate referral strategies to stabilize and/or prevent exacerbation of the condition(s).
D.	Direct the appropriate individual(s) in standard immediate care procedures using formal and informal methods to facilitate immediate care.

E.	Execute the established emergency action plan using effective communication and administrative practices to facilitate efficient immediate care.
IV. Treatment, Rehabilitation and Reconditioning	
A.	Administer therapeutic and conditioning exercise(s) using standard techniques and procedures in order to facilitate recovery, function and/or performance.
B.	Administer therapeutic modalities using standard techniques and procedures in order to facilitate recovery, function and/or performance.
C.	Apply braces, splints or assistive devices in accordance with appropriate standards and practices in order to facilitate recovery, function and/or performance.
D.	Administer treatment for general illness and/or conditions using standard techniques and procedures to facilitate recovery, function and/or performance.
E.	Reassess the status of injuries, illnesses and/or conditions using standard techniques and documentation strategies in order to determine appropriate treatment, rehabilitation and/or reconditioning and to evaluate readiness to return to a desired level of activity.
F.	Educate the appropriate individual(s) in the treatment, rehabilitation and reconditioning of injuries, illnesses and/or conditions using applicable methods and materials to facilitate recovery, function and/or performance.
G.	Provide guidance and/or counseling for the appropriate individual(s) in the treatment, rehabilitation and reconditioning of injuries, illnesses and/or conditions through communication to facilitate recovery, function and/or performance.
V. Organization and Administration	
A.	Establish action plans for response to injury or illness using available resources to provide the required range of healthcare services for individuals, athletic activities and events.

B.	Establish policies and procedures for the delivery of healthcare services following accepted guidelines to promote safe participation, timely care and legal compliance.
C.	Establish policies and procedures for the management of healthcare facilities and activity areas by referring to accepted guidelines, standards and regulations to promote safety and legal compliance.
D.	Manage human and fiscal resources by utilizing appropriate leadership, organization and management techniques to provide efficient and effective healthcare services.
E.	Maintain records using an appropriate system to document services rendered, provide for continuity of care, facilitate communication and meet legal standards.
F.	Develop professional relationships with appropriate individuals and entities by applying effective communication techniques to enhance the delivery of health care.
VI.	Professional Responsibility
A.	Demonstrate appropriate professional conduct by complying with applicable standards and maintaining continuing competence to provide quality athletic training services.
B.	Adhere to statutory and regulatory provisions and other legal responsibilities relating to the practice of athletic training by maintaining an understanding of these provisions and responsibilities in order to contribute to the safety and welfare of the public.
C.	Educate appropriate individuals and entities about the role and standards of practice of the Athletic Trainer through informal and formal means to improve the ability of those individuals and entities to make informed decisions.